

No Artificial Colors,
No Artificial Flavors,
Gluten Free.



KEEP OUT OF
REACH OF CHILDREN.
Store in a cool,
dry place.

For More Information:
1-877-462-4700
GNC.com

GNC

**MEGA
MEN[®]**

50 Plus

ONE DAILY MULTI

SCIENCE BACKED FORMULA TO SUPPORT:

- Men's wellness*
- Heart health*
- Prostate health*

DIETARY SUPPLEMENT

60 CAPLETS • 60-DAY SUPPLY

**NEW
PILL LOOK**
**NOW FREE OF
ARTIFICIAL
COLORS**

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CODE 206533

DIRECTIONS: As a dietary supplement, take one caplet daily with food.

Supplement Facts

Amount Per Serving	% Daily Value
Serving Size One Caplet	
Vitamin A (as Retinyl Acetate)	1050 mcg RAE 117%
Vitamin C (as Ascorbic Acid)	150 mg 167%
Vitamin D (as Cholecalciferol)	30 mcg (1200 IU) 150%
Vitamin E (as d-alpha Tocopheryl Succinate)	40.2 mg 268%
Vitamin K (as Phytanadione)	60 mcg 50%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	4.95 mg 413%
Riboflavin (Vitamin B-2)	3.74 mg 288%
Niacin (as Niacinamide)	22 mg 138%
Vitamin B-6 (as Pyridoxine Hydrochloride)	6.6 mg 388%
Folate	1020 mcg DFE 255%
	(600 mcg Folic Acid)
Vitamin B-12 (as Cyanocobalamin)	110 mcg 4583%
Biotin	300 mcg 1000%
Pantothenic Acid (as Calcium d-Pantothenate)	16.5 mg 330%
Calcium (as Calcium Carbonate,	260 mg 20%
Calcium d-Pantothenate & Dicalcium Phosphate)	
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	125 mg 30%
Zinc (as Zinc Oxide)	30 mg 273%
Selenium (as L-Selenomethionine)	120 mcg 218%

Amount Per Serving	% Daily Value
Copper (as Copper Oxide)	2 mg 222%
Manganese (as Manganese Sulfate)	2 mg 87%
Chromium (as Chromium Chloride)	200 mcg 571%
Molybdenum (as Sodium Molybdate)	75 mcg 167%
Chloride (as Potassium Chloride)	70 mg 3%
Potassium (as Potassium Chloride)	80 mg 2%
Ginkgo (<i>Ginkgo biloba</i>) Leaf Extract	10 mg *
Pumpkin (<i>Cucurbita</i> spp.) Seed Powder	5 mg *
Saw Palmetto (<i>Serenoa repens</i>) Fruit Extract	5 mg *
Phosphatidylserine	2.5 mg *
Inositol	2.5 mg *
Silica (as Silicon Dioxide)	2 mg *
Lutein	1 mg *
(from Marigold [<i>Tagetes erecta</i>] Flower Extract)	
Lycopene	600 mcg *
Zeaxanthin (as Zeaxanthin Isomers	200 mcg *
from Marigold [<i>Tagetes erecta</i>] Flower Extract)	
Boron (as Boron Amino Acid Chelate)	150 mcg *
Vanadium (as Sodium Metavanadate)	10 mcg *

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Corn Starch, Stearic Acid Vegetable Source, Croscarmellose Sodium, Magnesium Stearate Vegetable Source, Choline Bitartrate, Natural Cool Vanilla Flavor, Medium Chain Triglycerides, Steviol Glycosides. **CONTAINS: Soybeans.**

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

⚠ WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction.

IAG-7589

