

**WARNING:** Cancer and Reproductive Harm – www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction. No Artificial Flavors, Gluten Free, No Milk.

# GNC

# MEGA MEN<sup>®</sup>

## Sport

### MULTIVITAMIN

WITH CLINICALLY PROVEN BLEND<sup>^</sup>

TIMED RELEASE  
DIETARY SUPPLEMENT 90 CAPLETS • 45-DAY SUPPLY



CODE 206712

**DIRECTIONS:** As a dietary supplement, take two caplets daily with food.

### Supplement Facts

Serving Size Two Caplets/Servings Per Container 45

Amount Per Serving	% Daily Value
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Vitamin A.....	1500 mcg RAE .... 167% (50% as beta-Carotene & 50% as Retinyl Acetate)
Vitamin C.....	300 mg .... 333% (as Ascorbic Acid & Calcium Ascorbate)
Vitamin D (as Cholecalciferol).....	50 mcg .... 250%
Vitamin E.....	20.1 mg .... 134% (as d-alpha Tocopheryl Acetate)
Vitamin K (as Phytonadione).....	80 mcg .... 67%
Thiamin (Vitamin B-1).....	50 mg ... 4167% (as Thiamin Mononitrate)
Riboflavin (Vitamin B-2).....	50 mg ... 3846%
Niacin (as Niacinamide & Niacin).....	50 mg .... 313%
Vitamin B-6.....	50 mg ... 2941% (as Pyridoxine Hydrochloride)
Folate.....	680 mcg DFE .... 170% (400 mcg Folic Acid)

Amount Per Serving	% Daily Value
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Vitamin B-12 (as Cyanocobalamin).....	50 mcg ... 2083%
Biotin.....	300 mcg ... 1000%
Pantothenic Acid.....	50 mg ... 1000% (as Calcium d-Pantothenate)
Choline (as Choline Bitartrate).....	10 mg ..... 2%
Calcium.....	210 mg ..... 16% (as Calcium Carbonate, Calcium d-Pantothenate, Dicalcium Phosphate & Calcium Ascorbate)
Iodine (as Potassium Iodide).....	150 mcg .... 100%
Magnesium (as Magnesium Oxide).....	120 mg ..... 29%
Zinc (as Zinc Oxide).....	25 mg .... 227%
Selenium (as L-Selenomethionine).....	200 mcg .... 364%
Copper (as Cupric Sulfate).....	2 mg ..... 222%
Manganese (as Manganese Sulfate).....	2 mg ..... 87%
Chromium (as Chromium Chloride).....	120 mcg .... 343%
Molybdenum (as Sodium Molybdate).....	75 mcg .... 167%
L-Leucine.....	50 mg ..... *
L-Isoleucine.....	50 mg ..... *

Amount Per Serving	% Daily Value
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L-Valine.....	50 mg ..... *
alpha-Lipoic Acid.....	25 mg ..... *
Turmeric ( <i>Curcuma longa</i> ) Root.....	26.3 mg ..... *
Extract (Standardized to 95% Curcuminoids = 25 mg)	
Silica (as Silicon Dioxide).....	12 mg ..... *
Inositol.....	10 mg ..... *
Beta-Alanine.....	10 mg ..... *
Hyaluronic Acid (as Sodium Hyaluronate).....	.5 mg ..... *
Boron (as Sodium Borate).....	2 mg ..... *
Lutein.....	2 mg ..... *
(from Marigold [ <i>Tagetes erecta</i> ] Flower Extract)	
Lycopene.....	2 mg ..... *
Zeaxanthin (as Zeaxanthin Isomers.....	400 mcg ..... *
from Marigold [ <i>Tagetes erecta</i> ] Flower Extract)	
Astaxanthin.....	50 mcg ..... *
(from <i>Haematococcus pluvialis</i> )	
Vanadium (as Sodium Metavanadate).....	10 mcg ..... *

\* Daily Value not established.

**OTHER INGREDIENTS:** Cellulose, Stearic Acid Vegetable Source, Corn Starch, Polyvinyl Alcohol, Calcium Silicate, Magnesium Stearate Vegetable Source, Polyethylene Glycol, Titanium Dioxide (Mineral Whitener), Talc, Caramel (Color), Natural Vanilla Mint Flavor, Steviol Glycosides.

**CONTAINS:** Soybeans, Fish (Anchovy, Mackerel, Sardine, Whiting, Pollack, Smelt, Salmon, Tuna, Cod or a Combination Thereof).

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

Contains bioengineered food ingredients.

**KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.**

For More Information: 1-888-462-2548, GNC.com

<sup>^</sup>See carton for related information.

Beta-Alanine as CarnoSyn<sup>®</sup>. Natural Alternatives International (NAI) is the owner of the patent estate and registered trademark CarnoSyn<sup>®</sup>.

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