

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



Contains 100 mg of caffeine.  
No Artificial Flavors, Gluten Free, No Milk.  
**For More Information:**  
1-888-462-2548  
GNC.com

**GNC**  
WOMEN'S

# Multivitamin

**ENERGY & METABOLISM**

Specially formulated for  
calorie burn & focus\*  
Timed-release



DIETARY SUPPLEMENT 90 CAPLETS/45-DAY SUPPLY

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CODE 207112

**DIRECTIONS:** As a dietary supplement, take two caplets daily with food. Do not take near bedtime.

## Supplement Facts

Serving Size Two Caplets/Servings Per Container 45

| Amount Per Serving                                 | % Daily Value          |
|--|------------------------|
| Vitamin A.....                                     | 1500 mcg RAE .....167% |
| (as 50% as beta-Carotene & 50% as Retinyl Acetate) |                        |
| Vitamin C.....                                     | 300 mg .....333%       |
| (as Ascorbic Acid & Calcium Ascorbate)             |                        |
| Vitamin D (as Cholecalciferol).....                | 50 mcg .....250%       |
| Vitamin E (as d-alpha Tocopheryl Acetate).....     | 20.1 mg .....134%      |
| Vitamin K (as Phytonadione).....                   | 80 mcg .....67%        |
| Thiamin (Vitamin B-1).....                         | 50 mg .....4167%       |
| (as Thiamin Mononitrate)                           |                        |
| Riboflavin (Vitamin B-2).....                      | 50 mg .....3846%       |
| Niacin (as Niacinamide & Niacin).....              | 50 mg .....313%        |
| Vitamin B-6 (as Pyridoxine Hydrochloride).....     | 50 mg .....2941%       |
| Folate.....  | 680 mcg DFE .....170%  |
| (400 mcg Folic Acid)                               |                        |

| Amount Per Serving   | % Daily Value      |
|--|--------------------|
| Vitamin B-12 (as Cyanocobalamin).....                      | 50 mcg .....2083%  |
| Biotin.....  | 300 mcg .....1000% |
| Pantothenic Acid (as Calcium d-Pantothenate).....          | 50 mg .....1000%   |
| Choline (as Choline Bitartrate).....                       | 10 mg .....2%      |
| Calcium (as Calcium Carbonate, Calcium.....                | 300 mg .....23%    |
| d-Pantothenate, Dicalcium Phosphate and Calcium Ascorbate) |                    |
| Iron (as Ferrous Fumarate).....                            | 18 mg .....100%    |
| Iodine (as Potassium Iodide).....                          | 150 mcg .....100%  |
| Magnesium (as Magnesium Oxide).....                        | 100 mg .....24%    |
| Zinc (as Zinc Oxide).....                                  | 25 mg .....227%    |
| Selenium (as L-Selenomethionine).....                      | 200 mcg .....364%  |
| Copper (as Cupric Sulfate).....                            | 2 mg .....222%     |
| Manganese (as Manganese Sulfate).....                      | 2 mg .....87%      |
| Chromium (as Chromium Chloride).....                       | 120 mcg .....343%  |
| Molybdenum (as Sodium Molybdate).....                      | 75 mcg .....167%   |
| Coffee (Coffea arabica) Bean Extract.....                  | 102 mg .....*      |
| (Standardized to 98% Caffeine = 100 mg)                    |                    |

| Amount Per Serving                              | % Daily Value  |
|---|----------------|
| alpha-Lipoic Acid.....                          | 25 mg .....*   |
| Cayenne (Capsicum annuum) Fruit Extract.....    | 10 mg .....*   |
| Inositol.....                                   | 10 mg .....*   |
| Hyaluronic Acid (as Sodium Hyaluronate).....    | 5 mg .....*    |
| Silica (as Silicon Dioxide).....                | 4 mg .....*    |
| Black Pepper (Piper nigrum) Fruit Extract.....  | 2.6 mg .....*  |
| (Standardized to 95% Piperine = 2.5 mg)         |                |
| Boron (as Sodium Borate).....                   | 2 mg .....*    |
| Lutein.....                                     | 2 mg .....*    |
| (from Marigold [Tagetes erecta] Flower Extract) |                |
| Lycopene.....                                   | 1 mg .....*    |
| Zeaxanthin (as Zeaxanthin Isomers.....          | 400 mcg .....* |
| from Marigold [Tagetes erecta] Flower Extract)  |                |
| Astaxanthin (from Haematococcus pluvialis)..... | 50 mcg .....*  |
| Vanadium (as Sodium Metavanadate).....          | 10 mcg .....*  |

\* Daily Value not established.

**OTHER INGREDIENTS:** Cellulose, Corn Starch, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Polyvinyl Alcohol, Polyethylene Glycol, Titanium Dioxide (Mineral Whitener), Talc, Spirulina Extract (Color), Riboflavin (Color), Natural Vanilla Mint Flavor, Steviol Glycosides.  
**CONTAINS:** Soybeans, Fish (Anchovy, Mackerel, Sardine, Smelt, Whiting, Pollock, Salmon, Tuna, Cod or a Combination Thereof).  
Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA  
Contains a bioengineered food ingredient.

**WARNING:** Cancer and Reproductive Harm – [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov). Consult your physician prior to use if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction.  
**KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.**  
Cayenne Fruit Extract as Capsimax®. Capsimax® is a trademark of OmniActive Health Technologies.

Lot No./Best By:

AZG-333