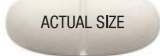


Supplement Facts

Serving Size One White Caplet

Amount Per Serving	% Daily Value
Calcium (as Calcium Carbonate)	600 mg 46%

OTHER INGREDIENTS: Cellulose, Gum Arabic, Maltodextrin, Povidone, Croscarmellose Sodium, Sodium Starch Glycolate, Magnesium Stearate Vegetable Source, Silicon Dioxide, Carnauba Wax, Vegetable Acetoglycerides, Polyethylene Glycol, Polysorbate 80.



Supplement Facts

Serving Size One Orange Softgel

Amount Per Serving	% Daily Value
Calories	5
Total Fat	0.5 g <1%†
Coenzyme Q-10	200 mg *

* Daily Value not established.
† Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS: Sunflower Oil, Gelatin, Purified Water, Glycerin, Sunflower Lecithin.



Supplement Facts

Serving Size One Brown Capsule

Amount Per Serving	
Nutricog® (<i>Terminalia chebula</i> Fruit Extract & <i>Boswellia serrata</i> Gum Resin Extract)	300 mg*

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Gelatin (Bovine and/or Porcine), Silicon Dioxide, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source.



Supplement Facts

Serving Size One Yellow Softgel Capsule

Amount Per Serving	% Daily Value
Calories	15
Total Fat	1.5 g 2%†
Total Omega-3s (as Ethyl Esters)	1065 mg *
Total EPA + DHA	1000 mg *
EPA (Eicosapentaenoic Acid) Omega-3	734 mg *
DHA (Docosahexaenoic Acid) Omega-3	267 mg *

† Percent Daily Value is based on a 2,000 calorie diet.
* Daily Value not established.

OTHER INGREDIENTS: Fish Oil, Gelatin, Purified Water, Glycerin, Mixed Tocopherols.

CONTAINS: Soybeans and Fish (Anchovy, Mackerel, Sardine, Whiting, Pollock, Smelt, Salmon, Tuna, Cod or a Combination Thereof).



5 GNC Products in 1 Healthy Aging Pack

Tested for Purity & Potency



Women's Ultra Mega® 50 Plus Multivitamin

Designed specifically for women over 50, GNC's best-in-class, high-potency multivitamin blend is clinically shown to:**

- ◆ Help you feel better*
- ◆ Work better than a basic multivitamin*
- ◆ Boost levels of key B vitamins, essential for energy production*
- ◆ Increase levels of immune supporting nutrients*

Cognition & Focus

Stay sharp and focused with cognitive support from Nutricog®, a clinically studied botanical blend.**

Calcium

Provides support to keep bones strong as mineral needs increase.*

Triple Strength Fish Oil

Supports cardiovascular, joint, and skin health with high-potency, purified EPA & DHA Omega-3 fatty acids.*

CoQ-10

Protects against free radicals that can destroy healthy cells and supports heart health.*



KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. For More Information: 1-888-462-2548 GNC.com



GLUTEN FREE

*In a randomized, double-blind, placebo-controlled study of 111 healthy participants, those taking the GNC vitamin and mineral blend for six weeks had statistically significant increases in serum levels of a group of B vitamins and a group of antioxidants and carotenoids based on a multivariate statistical analysis when compared to those taking placebo or a basic multivitamin. Statistical improvements in SF-36 Vitality and Mental Health scores were also observed compared to placebo.

**In a three-month randomized, double-blind, placebo-controlled clinical trial, 87 subjects completed cognitive tests investigating metrics like short-term memory, learning, attention, spatial working memory, and other measures of cognitive function. Those who were consuming Nutricog® showed significant improvements over the placebo (P<0,05) in memory, learning capacity, attention, and overall cognitive function.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

New: Improved Focus Support Formula*



FEEL BETTER*
Clinically Backed
MULTIVITAMIN

GNC



WOMEN'S

50 plus

Vitapak® Program

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- ◆ Cognition & Focus*
- ◆ Healthy Skin*
- ◆ Bone & Heart Health*
- ◆ Cellular Energy & Vitality*

Dietary Supplement | 30 Packs | 30-Day Supply

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CODE 208433

DIRECTIONS: As a dietary supplement, take the contents of one pack daily with food. Each pack contains:

Women's Ultra Mega® 50 Plus Multivitamin

Supplement Facts

Serving Size Two Light Green Caplets

Amount Per Serving	% Daily Value
Vitamin A (50% as beta-Carotene & 50% as Retinyl Acetate)	1500 mcg RAE 167%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg 333%
Vitamin D (as Cholecalciferol)	50 mcg (2000 IU) 250%
Vitamin E (as d-alpha Tocopheryl Acetate)	20.1 mg 134%
Vitamin K (as Phyttonadione)	80 mcg 67%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg 4167%
Riboflavin (Vitamin B-2)	50 mg 3846%
Niacin (as Niacinamide & Niacin)	50 mg 313%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2941%
Folate (680 mcg DFE (400 mcg Folic Acid))	170%
Vitamin B-12 (as Cyanocobalamin)	50 mcg 2083%
Biotin	300 mcg 1000%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg 1000%
Choline (as Choline Bitartrate)	10 mg 2%
Calcium (as Calcium Carbonate, Calcium d-Pantothenate, Dicalcium Phosphate, Calcium Ascorbate)	400 mg 31%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	75 mg 18%
Zinc (as Zinc Oxide)	15 mg 136%
Selenium (as L-Selenomethionine)	200 mcg 364%
Copper (as Copper Sulfate)	2 mg 222%
Manganese (as Manganese Sulfate)	2 mg 87%
Chromium (as Chromium Chloride)	120 mcg 343%
Molybdenum (as Sodium Molybdate)	75 mcg 167%

Sage (<i>Salvia officinalis</i>) Leaf Powder	50 mg *
alpha-Lipoic Acid	25 mg *
Ginkgo (<i>Ginkgo biloba</i>) Leaf Powder	25 mg *
Inositol	10 mg *
Phosphatidylserine	10 mg *
Silica (as Silicon Dioxide)	5 mg *
Hyaluronic Acid (as Sodium Hyaluronate)	5 mg *
Blackcurrant (<i>Ribes nigrum</i>) Fruit Extract	2.5 mg *
Blueberry (<i>Vaccinium spp.</i>) Fruit Powder	2.5 mg *
Bilberry (<i>Vaccinium myrtillus</i>) Fruit Powder	2.5 mg *
Elderberry (<i>Sambucus nigra</i>) Fruit Powder	2.5 mg *
Cranberry (<i>Vaccinium macrocarpon</i>) Fruit Juice Concentrate	2.5 mg *
Boron (as Sodium Borate)	2 mg *
Lutein (from Marigold [<i>Tagetes erecta</i>] Flower Extract)	2 mg *
Astaxanthin (from <i>Haematococcus pluvialis</i>)	50 mcg *
Vanadium (as Sodium Metavanadate)	10 mcg *

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Stearic Acid Vegetable Source, Maltodextrin, Magnesium Stearate Vegetable Source, Polyethylene Glycol, Talc, Natural Vanilla Flavor, Chlorophyllin (Color), Steviol Glycosides.

CONTAINS: Soybeans and Fish (Anchovy, Mackerel, Sardine, Smelt, Whiting, Pollock, Salmon, Tuna, Cod or a Combination Thereof).

Distributed by: GNC Holdings, LLC Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient.

⚠ **WARNING:** Cancer and Reproductive Harm – www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction.

