

TriFlex™

Supplement Facts

Serving Size Three White Caplets

Amount Per Serving	% Daily Value
Vitamin C (Calcium Ascorbate)	30 mg 33%
Sodium	165 mg 7%
Glucosamine Hydrochloride	1500 mg *
Chondroitin Sulfate, Sodium	1200 mg *
MSM (Methylsulfonylmethane)	900 mg *
Hyaluronic Acid (as Sodium Hyaluronate)	5 mg *

* Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Hydroxypropyl Methylcellulose and Less than 2% Croscarmellose Sodium, Crospovidone, Magnesium Stearate Vegetable Source, Polyethylene Glycol, Polysorbate 80, Silicon Dioxide, Stearic Acid Vegetable Source, Titanium Dioxide (Mineral Whitener), Vegetable Acetoglycerides.

CONTAINS: Crustaceans (Shrimp).

ACTUAL SIZE

▲ WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov.

Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction.

No Artificial Flavors, Gluten Free, No Milk.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:

1-888-462-2548

GNC.com

^In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blends for six weeks experienced significant improvements in serum levels of certain key nutrients compared to a placebo and a basic multivitamin formula based upon multivariate statistical analyses of a group of B vitamins (thiamin, niacin, riboflavin, pantothenic acid, biotin, folic acid and vitamins B-6 and B-12) and key antioxidants and carotenoids (a group of beta-carotene, alpha-tocopherol, selenium, lutein and lycopene). Statistical improvements in SF-36 Vitality and Mental Health scores were also observed compared to placebo.

High Potency Fish Oil

Supplement Facts

Serving Size One Amber Softgel

Amount Per Serving	% Daily Value
Calories	15
Total Fat	1.5 g 2%†
Cholesterol	<5 mg 1%†
EPA (Eicosapentaenoic Acid) Omega-3	540 mg *
DHA (Docosahexaenoic Acid) Omega-3	360 mg *

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

INGREDIENTS: Fish Body Oil, Gelatin, Glycerin, Enteric Coating (Ethylcellulose, Sodium Alginate, Ammonium Hydroxide, Medium Chain Triglycerides, Oleic Acid, Stearic Acid), Mixed Tocopherols.

ACTUAL SIZE

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MEGA MEN® Joint

Achieve your daily nutritional goals with customized ingredients plus multivitamins that have more antioxidant power than ever, contain over 30 clinically studied ingredients – and are smaller and easier to swallow.

Men's Health

Contains a clinically studied multivitamin blend shown to work better than a basic multivitamin.[^]

Joint Health

Features the clinically studied dose of glucosamine and chondroitin, which supports joint comfort and helps maintain joint function. Also has EPA, which supports the body's natural anti-inflammatory response.*

Heart Health

Includes EPA, which is important for cardiovascular and circulatory health and promotes healthy cholesterol and triglyceride levels.*

Energy Production

Has an array of B vitamins for energy production.*

Antioxidants

Helps fight free radicals produced during your workout.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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MEGA MEN® Joint**VITAPAK® PROGRAM WITH CLINICALLY STUDIED MULTIVITAMIN BLEND[^]**

- Joint Health*
- Heart Health*
- Energy Production*
- Antioxidants



30-DAY SUPPLY/30 PACKS

DIETARY SUPPLEMENT

**CLINICALLY STUDIED[^]**

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CODE 209811

DIRECTIONS: As a dietary supplement, take the contents of one pack daily with food.

Each pack contains:

Mega Men® Multivitamin

Supplement Facts

Serving Size Two Beige Caplets

Amount Per Serving	% Daily Value
Vitamin A (50% as beta-Carotene & 50% as Retinyl Acetate)	1500 mcg RAE 167%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg 333%
Vitamin D (as Cholecalciferol)	50 mcg (2000 IU) 250%
Vitamin E (as d-alpha Tocopheryl Acetate)	20.1 mg 134%
Vitamin K (as Phytonadione)	80 mcg 67%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg 4167%
Riboflavin (Vitamin B-2)	50 mg 3846%
Niacin (as Niacinamide & Niacin)	50 mg 313%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2941%
Folate (Folic Acid 400 mcg)	680 mcg DFE 170%
Vitamin B-12 (as Cyanocobalamin)	50 mcg 2083%
Biotin	300 mcg 1000%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg 1000%
Choline (as Choline Bitartrate)	10 mg 2%
Calcium (as Calcium Carbonate, Calcium d-Pantothenate, Dicalcium Phosphate & Calcium Ascorbate)	200 mg 15%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	130 mg 31%
Zinc (as Zinc Oxide)	25 mg 227%
Selenium (as L-Selenomethionine)	200 mcg 364%
Copper (as Copper Sulfate)	2 mg 222%
Manganese (as Manganese Sulfate)	2 mg 87%
Chromium (as Chromium Chloride)	120 mcg 343%
Molybdenum (as Sodium Molybdate)	75 mcg 167%
alpha-Lipoic Acid	25 mg *
Inositol	10 mg *
Silica (as Silicon Dioxide)	4 mg *

Amount Per Serving	% Daily Value
Saw Palmetto (<i>Serenoa repens</i>) Berry Extract	3 mg *
Pumpkin (<i>Cucurbita spp.</i>) Seed Powder	3 mg *
Boron (as Sodium Borate)	2 mg *
Lutein (from Marigold [<i>Tagetes erecta</i>] Flower Extract)	2 mg *
Lycopene	1 mg *
Zeaxanthin (as Zeaxanthin Isomers)	400 mcg *
Astaxanthin (from <i>Haematococcus pluvialis</i>)	50 mcg *
Vanadium (as Sodium Metavanadate)	10 mcg *

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Corn Starch, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Titanium Dioxide (Mineral Whitener), Polyethylene Glycol, Talc, Caramel (Color), Natural Vanilla Mint Flavor, Steviol Glycosides.

CONTAINS: Soybeans and Fish (Anchovy, Mackerel, Sardine, Whiting, Pollock, Smelt, Salmon, Tuna, Cod or a Combination Thereof).

Distributed by:
GNC Holdings, LLC
Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient.

ACTUAL SIZE

AAG-333