

Triple Strength Fish Oil

# Supplement Facts

Serving Size One Yellow Softgel

Amount Per Serving	% Daily Value
Calories	15
Total Fat	1.5 g 2%†
Total Omega-3s (as Ethyl Esters)	1065 mg *
Total EPA + DHA	1000 mg *
EPA (Eicosapentaenoic Acid) Omega-3	734 mg *
DHA (Docosahexaenoic Acid) Omega-3	267 mg *

† Percent Daily Value is based on a 2,000 calorie diet.  
\* Daily Value not established.

**INGREDIENTS:** Gelatin (Bovine), Glycerin, Purified Water, Natural Lemon Flavor, Mixed Tocopherols.

**CONTAINS:** Fish (Anchovy, Mackerel, Sardine, Smelt, Whiting, Pollock, Salmon, Tuna, Cod, or a Combination Thereof) and Soybeans.



ACTUAL SIZE

Joint Health

# Supplement Facts

Serving Size Three White Caplets

Amount Per Serving	% Daily Value
Sodium	100 mg 4%
Glucosamine Hydrochloride	1.5 g *
Chondroitin Sulfate, Sodium	1.2 g *
MSM (Methylsulfonylmethane)	900 mg *

\* Daily Value not established.  
**OTHER INGREDIENTS:** Cellulose, Stearic Acid Vegetable Source, Silicon Dioxide, Magnesium Stearate Vegetable Source, Polyethylene Glycol.

**CONTAINS:** Crustacean Shellfish (Shrimp, Crab).



ACTUAL SIZE

## 3 GNC Products in 1 Healthy Joint Pack\*

Tested for Purity & Potency

### GNC Mega Men® Multivitamin

GNC's best-in-class, high-potency multivitamin is clinically proven to:\*\*

- Help you feel better\*
- Work better than a basic multivitamin\*
- Boost levels of key B vitamins, essential for energy production\*
- Increase levels of immune-supporting nutrients\*



### Triple Strength Fish Oil

Provides cardiovascular, joint, and skin health benefits with high-potency, purified EPA & DHA Omega-3 fatty acids.\*

### Joint Health

Featuring the clinical-strength doses of glucosamine & chondroitin, TriFlex™ supports better movement, mobility, comfort, and flexibility.\*



New: More Omega-3s

# GNC MEGA MEN®



## Joint VITAPAK® PROGRAM

3 GNC Products in 1 Healthy Joint Pack\*

- Promotes joint mobility, comfort & flexibility with TriFlex™\*\*
- Plus Mega Men® Multivitamin & Omega-3s for overall wellness\*



DIETARY SUPPLEMENT

30 PACKS/30-DAY SUPPLY

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CODE 209833

GAG-7589

**DIRECTIONS:** As a dietary supplement, take the contents of one pack daily with food.

Each pack contains:

Mega Men® Multivitamin

# Supplement Facts

Serving Size Two Beige Caplets

Amount Per Serving	% Daily Value
Vitamin A (50% as beta-Carotene & 50% as Retinyl Acetate)	1500 mcg RAE 167%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg 333%
Vitamin D (as Cholecalciferol)	50 mcg (2000 IU) 250%
Vitamin E (as d-alpha Tocopheryl Acetate)	20.1 mg 134%
Vitamin K (as Phytonadione)	80 mcg 67%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg 4167%
Riboflavin (Vitamin B-2)	50 mg 3846%
Niacin (as Niacinamide & Niacin)	50 mg 313%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2941%
Folate (Folic Acid 400 mcg)	680 mcg DFE 170%
Vitamin B-12 (as Cyanocobalamin)	50 mcg 2083%
Biotin	300 mcg 1000%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg 1000%
Choline (as Choline Bitartrate)	10 mg 2%
Calcium (as Calcium Carbonate, Dicalcium Phosphate, Calcium d-Pantothenate & Calcium Ascorbate)	200 mg 15%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	130 mg 31%
Zinc (as Zinc Oxide)	25 mg 227%
Selenium (as L-Selenomethionine)	200 mcg 364%
Copper (as Copper Sulfate)	2 mg 222%
Manganese (as Manganese Sulfate)	2 mg 87%
Chromium (as Chromium Chloride)	120 mcg 343%
Molybdenum (as Sodium Molybdate)	75 mcg 167%

alpha-Lipoic Acid	25 mg *
Inositol	10 mg *
Silica (as Silicon Dioxide)	4 mg *
Saw Palmetto ( <i>Serenoa repens</i> ) Berries Extract	3 mg *
Pumpkin ( <i>Cucurbita spp.</i> ) Seed Powder	3 mg *
Boron (as Sodium Borate)	2 mg *
Lutein (from Marigold [ <i>Tagetes erecta</i> ] Flower Extract)	2 mg *
Lycopene	1 mg *
Zeaxanthin (as Zeaxanthin Isomers from Marigold [ <i>Tagetes erecta</i> ] Flower Extract)	400 mcg *
Astaxanthin (from <i>Haematococcus pluvialis</i> )	50 mcg *
Vanadium (as Sodium Metavanadate)	10 mcg *

\* Daily Value not established.

**OTHER INGREDIENTS:** Cellulose, Maltodextrin, Stearic Acid, Polyvinyl Alcohol, Magnesium Stearate Vegetable Source, Titanium Dioxide (Mineral Whitener), Polyethylene Glycol, Talc, Polysorbate 80, Natural Cool Vanilla Flavor, Caramel Color, Steviol Glycosides.

**CONTAINS:** Fish (Anchovy, Mackerel, Sardine, Smelt, Whiting, Pollock, Salmon, Tuna, Cod, or a Combination Thereof) and Soybeans.

Distributed by:  
GNC Holdings, LLC  
Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient.

▲ **WARNING:** Cancer and Reproductive Harm – www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction.

ACTUAL SIZE

Gluten Free, No Milk.

**KEEP OUT OF REACH OF CHILDREN.**  
Store in a cool, dry place.



GLUTEN FREE

For More Information:  
1-877-462-4700  
GNC.com

\*In a randomized, double-blind, placebo-controlled study of 111 healthy participants, those taking the GNC vitamin and mineral blend for six weeks had statistically significant increases in serum levels of a group of B vitamins and a group of antioxidants and carotenoids based on a multivariate statistical analysis when compared to those taking placebo or a basic multivitamin. Statistical improvements in SF-36 Vitality and Mental Health scores were also observed compared to placebo.

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