

Clinically Backed Skin Support**Supplement Facts**

Serving Size One Red Filled Capsule

Amount Per Serving	% Daily Value
Red Orange (<i>Citrus sinensis</i>) Fruit & Peel Extract (as Red Orange Complex™)	100 mg*

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Gelatin (Bovine and/or Porcine), Maltodextrin, Calcium Silicate, Magnesium Stearate Vegetable Source, Silicon Dioxide.

CONTAINS: Sulfites.

ACTUAL SIZE

Calcium Citrate Plus™**Supplement Facts**

Serving Size One White Caplet

Amount Per Serving	% Daily Value
Vitamin D (as Cholecalciferol)	5 mcg (200 IU) 25%
Calcium (as Calcium Citrate)	200 mg 15%
Magnesium (as Magnesium Oxide)	100 mg 24%

OTHER INGREDIENTS: Cellulose, Croscarmellose Sodium, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Silicon Dioxide, Vegetable Acetoglyciferol, Polyethylene Glycol, Polysorbate 80, Carnauba Wax.

ACTUAL SIZE

Red Orange Complex™ is a trademark of Bionap S.R.L.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-877-462-4700
GNC.com



GLUTEN
FREE

*In a randomized, double-blind, placebo-controlled study of 111 healthy participants, those taking the GNC vitamin and mineral blend for six weeks had statistically significant increases in serum levels of a group of B vitamins and a group of antioxidants and carotenoids based on a multivariate statistical analysis when compared to those taking placebo or a basic multivitamin. Statistical improvements in SF-36 Vitality and Mental Health scores were also observed compared to placebo.

†In a randomized, double-blind, placebo-controlled study, 110 subjects took 100 mg/d of Red Orange Complex™ or placebo for 56 days. Those taking Red Orange Complex™ resulted in statistically significant improvements in various skin health characteristics, including UV-induced erythema reaction, moisturization, elasticity, radiance, intensity of dark spots, transepidermal water loss, total antioxidant capacity, lipoperoxides content, and wrinkle depth on the skin (vs. placebo).

Triple Strength Fish Oil**Supplement Facts**

Serving Size One Yellow Softgel Capsule

Amount Per Serving	% Daily Value
Calories	15
Total Fat	1.5 g 2%†
Total Omega-3s (as Ethyl Esters)	1065 mg *
Total EPA + DHA	1000 mg *
EPA (Eicosapentaenoic Acid) Omega-3	734 mg *
DHA (Docosahexaenoic Acid) Omega-3	267 mg *

† Percent Daily Value is based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Fish Oil, Gelatin, Purified Water, Glycerin, Mixed Tocopherols.

CONTAINS: Fish (Anchovy, Mackerel, Sardine, Whiting, Pollock, Smelt, Salmon, Tuna, Cod, or a Combination Thereof) and Soybeans.

ACTUAL SIZE

Herbal Plus® Cranberry Fruit 500mg**Supplement Facts**

Serving Size One Red Filled Capsule

Amount Per Serving	% Daily Value
Cranberry (<i>Vaccinium macrocarpon</i>) Fruit Powder	500 mg*

* Daily Value not established.

OTHER INGREDIENTS: Rice Maltodextrin, Gelatin, Cellulose, Corn Starch, Magnesium Stearate Vegetable Source, Stearic Acid Vegetable Source, Dicalcium Phosphate, Silicon Dioxide.

ACTUAL SIZE

5 GNC Products in 1 Daily Essentials Pack**Tested for Purity & Potency****Women's Ultra Mega® Multivitamin**

GNC's best-in-class, high-potency multivitamin is clinically shown to:**

- ◆ Help you feel better**
- ◆ Work better than a basic multi*
- ◆ Boost levels of key B vitamins, essential for energy production*
- ◆ Increase levels of immune-supporting nutrients*

**Herbal Plus® Cranberry Fruit 500mg**

Make it easier to get daily support for a healthy urinary tract with a convenient cranberry supplement.*

**Calcium Citrate Plus™**

Supports bone health at any age with a highly absorbable form of calcium, plus vitamin D and magnesium. Adequate calcium and vitamin D in a healthy diet throughout life may reduce the risk of osteoporosis.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Clinically Backed Skin Support**

Supports skin smoothness and hydration. Helps maintain healthy skin appearance. Provides antioxidant support for skin health.*

**Triple Strength Fish Oil**

Omega-3s are one of the most commonly overlooked nutrients—but they play a vital role in whole body health. Fish oil offers a simple, convenient way to fill nutritional gaps and support your body from the inside out.*

- ◆ Supports nervous system function*
- ◆ Encourages gut health*
- ◆ Nourishes heart, skin & joint health*

New! Clinically Backed Skin Support*

GNC



WOMEN'S

live well

Vitapak® Program**5 GNC Products in 1 Daily Essentials Pack**

- ◆ Energy Production*
- ◆ Urinary Health*
- ◆ Radiant & Glowing Skin*
- ◆ Immune Defense*

Dietary Supplement | 30 Packs | 30-Day Supply

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CODE 210733

DIRECTIONS: As a dietary supplement, take the contents of one pack daily with food.

Each pack contains:

Women's Ultra Mega® Multivitamin**Supplement Facts**

Serving Size Two Light Green Caplets

Amount Per Serving	% Daily Value
Vitamin A (50% as beta-Carotene & 50% as Retinyl Acetate)	1500 mcg RAE 167%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg 333%
Vitamin D (as Cholecalciferol)	50 mcg (2000 IU) 250%
Vitamin E (as d-alpha Tocopheryl Acetate)	20.1 mg 134%
Vitamin K (as Phytonadione)	80 mcg 67%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg 4167%
Riboflavin (Vitamin B-2)	50 mg 3846%
Niacin (as Niacinamide & Niacin)	50 mg 313%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2941%
Folate (400 mcg Folic Acid)	680 mcg DFE 170%
Vitamin B-12 (as Cyanocobalamin)	50 mcg 2083%
Biotin	300 mcg 1000%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg 1000%
Choline (as Choline Bitartrate)	10 mg 2%
Calcium (as Calcium Carbonate, Calcium d-Pantothenate, Dicalcium Phosphate & Calcium Ascorbate)	400 mg 31%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	63 mg 15%
Zinc (as Zinc Oxide)	15 mg 136%
Selenium (as L-Selenomethionine)	200 mcg 364%
Copper (as Copper Sulfate)	2 mg 222%
Manganese (as Manganese Sulfate)	2 mg 87%
Chromium (as Chromium Chloride)	120 mcg 343%
Molybdenum (as Sodium Molybdate)	75 mcg 167%

Cranberry (<i>Vaccinium macrocarpon</i>) Fruit Juice Concentrate	50 mg *
alpha-Lipoic Acid	25 mg *
Inositol	10 mg *
Silica (as Silicon Dioxide)	5 mg *
Boron (as Sodium Borate)	2 mg *
Lutein (from Marigold [<i>Tagetes erecta</i>] Flower Extract)	2 mg *
Lycopene	1 mg *
Zeaxanthin (as Zeaxanthin Isomers from Marigold [<i>Tagetes erecta</i>] Flower Extract)	400 mcg *
Astaxanthin (from <i>Haematococcus pluvialis</i>)	50 mcg *
Vanadium (as Sodium Metavanadate)	10 mcg *

* Daily Value not established.

OTHER INGREDIENTS:	Cellulose, Stearic Acid Vegetable Source, Corn Starch, Magnesium Stearate Vegetable Source, Titanium Dioxide (Mineral Whitener), Polyethylene Glycol, Talc, Natural Cool Vanilla Flavor, Chlorophyllin (Color), Steviol Glycosides.
CONTAINS:	Fish (Anchovy, Mackerel, Sardine, Smelt, Whiting, Pollock, Salmon, Tuna, Cod, or a Combination Thereof) and Soybeans.
Distributed by:	GNC Holdings, LLC Pittsburgh, PA 15222 USA
Contains a biengineered food ingredient.	
⚠WARNING:	Cancer and Reproductive Harm — www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction.

ACTUAL SIZE