

Triple Strength Fish Oil

Supplement Facts

| Amount Per Serving | % Daily Value |
|-------------------------------------|---------------|
| Serving Size One Yellow Softgel | |
| Calories | 15 |
| Total Fat | 1.5 g 2%† |
| Total Omega-3s (as Ethyl Esters) | 1065 mg |
| Total EPA + DHA | 1000 mg * |
| EPA (Eicosapentaenoic Acid) Omega-3 | 734 mg |
| DHA (Docosahexaenoic Acid) Omega-3 | 267 mg * |

† Percent Daily Value is based on a 2,000 calorie diet.

* Daily Value not established.

INGREDIENTS: Fish Oil, Gelatin, Purified Water, Glycerin, Mixed Tocopherols.
CONTAINS: Fish (Anchovy, Mackerel, Sardine, Whiting, Pollock, Smelt, Salmon, Tuna, Cod, or a Combination Thereof) and Soybeans.



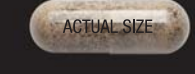
Cognition & Focus

Supplement Facts

| Amount Per Serving | |
|--|---------|
| Serving Size One Tan Capsule | |
| Nutricog® (Terminalia chebula Fruit Extract & Boswellia serrata Gum Resin Extract) | 300 mg* |

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Gelatin (Bovine and/or Porcine), Silicon Dioxide, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source.



No Artificial Flavors, Gluten Free.
KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.



For More Information:
1-888-462-2548
GNC.com

*In a randomized, double-blind, placebo-controlled study of 111 healthy participants, those taking the GNC vitamin and mineral blend for six weeks had statistically significant increases in serum levels of a group of B vitamins and a group of antioxidants and carotenoids based on a multivariate statistical analysis when compared to those taking placebo or a basic multivitamin. Statistical improvements in SF-36 Vitality and Mental Health scores were also observed compared to placebo.

†In a three-month randomized, double-blind, placebo-controlled clinical trial, 87 subjects completed cognitive tests investigating metrics like short-term memory, learning, attention, spatial working memory, and other measures of cognitive function. Those who were consuming Nutricog® showed significant improvements over the placebo (P<0.05) in memory, learning capacity, attention, and overall cognitive function.

CoQ-10

Supplement Facts

| Amount Per Serving | % Daily Value |
|---------------------------------|---------------|
| Serving Size One Orange Softgel | |
| Calories | 5 |
| Total Fat | 0.5 g <1%† |
| Coenzyme Q-10 | 200 mg * |

† Percent Daily Value based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Sunflower Oil, Gelatin, Purified Water, Glycerin, Sunflower Lecithin.



5 GNC Products in 1 Healthy Aging Pack

Tested for Purity & Potency

GNC Mega Men® 50 Plus Multivitamin

Designed specifically for men over 50, GNC's best-in-class, high-potency multivitamin blend is clinically shown to:**

- Help you feel better*
- Work better than a basic multivitamin*
- Boost levels of key B vitamins, essential for energy production*
- Increase levels of immune-supporting nutrients*

Cognition & Focus

Stay sharp and focused with cognitive support from Nutricog®, a clinically studied botanical blend.†*

Nutricog® is a trademark of PLT Health Solutions-Laila Nutraceuticals LLC.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Prostate Health

Supports normal prostate function with beta-sitosterol and lycopene.*

Triple Strength Fish Oil

Provides cardiovascular, joint, and skin health benefits with high-potency, purified EPA & DHA Omega-3 fatty acids.*

CoQ-10

Protects against free radicals that can destroy healthy cells, and supports heart health.*

New: Improved Focus & Prostate Support* + More Omega-3s

GNC MEGA MEN®



50 Plus VITAPAK® PROGRAM

5 GNC Products in 1 Healthy Aging Pack

- Supports heart, prostate & immune health*
- Boosts everyday mental performance & focus*



DIETARY SUPPLEMENT

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

30 PACKS/30-DAY SUPPLY

CODE 219733

DIRECTIONS: As a dietary supplement, take the contents of one pack daily with food.

Each pack contains:

Mega Men® 50 Plus Multivitamin

Supplement Facts

| Amount Per Serving | % Daily Value |
|---|---------------------------------------|
| Serving Size Two Beige Caplets | |
| Vitamin A (50% as beta-Carotene & 50% as Retinyl Acetate) | 1500 mcg RAE 167% |
| Vitamin C (as Ascorbic Acid & Calcium Ascorbate) | 300 mg 333% |
| Vitamin D (as Cholecalciferol) | 50 mcg (2000 IU) 250% |
| Vitamin E (as d-alpha Tocopheryl Acetate) | 20.1 mg 134% |
| Vitamin K (as Phytanadione) | 80 mcg 67% |
| Thiamin (Vitamin B-1)(as Thiamin Mononitrate) | 50 mg 4167% |
| Riboflavin (Vitamin B-2) | 50 mg 3846% |
| Niacin (as Niacinamide & Niacin) | 50 mg 313% |
| Vitamin B-6 (as Pyridoxine Hydrochloride) | 50 mg 2941% |
| Folate | 680 mcg DFE (400 mcg Folic Acid) 170% |
| Vitamin B-12 (as Cyanocobalamin) | 50 mcg 2083% |
| Biotin | 300 mcg 1000% |
| Pantothenic Acid (as Calcium d-Pantothenate) | 50 mg 1000% |
| Choline (as Choline Bitartrate) | 10 mg 2% |
| Calcium (as Calcium Carbonate, Calcium d-Pantothenate, Dicalcium Phosphate & Calcium Ascorbate) | 210 mg 16% |
| Iodine (as Potassium Iodide) | 150 mcg 100% |
| Magnesium (as Magnesium Oxide) | 120 mg 29% |
| Zinc (as Zinc Oxide) | 25 mg 227% |
| Selenium (as L-Selenomethionine) | 200 mcg 364% |
| Copper (as Copper Sulfate) | 2 mg 22% |
| Manganese (as Manganese Sulfate) | 2 mg 87% |
| Chromium (as Chromium Chloride) | 120 mcg 343% |
| Molybdenum (as Sodium Molybdate) | 75 mcg 167% |
| L-Arginine (L-Arginine Hydrochloride) | 100 mg * |
| Saw Palmetto (Serenoa repens) Berries Extract | 100 mg * |
| Sage (Salvia officinalis) Leaf Powder | 50 mg * |
| alpha-Lipoic Acid | 25 mg * |
| Ginkgo (Ginkgo biloba) Leaf Powder | 25 mg * |
| Inositol | 10 mg * |
| Phosphatidylserine | 10 mg * |
| Silica (as Silicon Dioxide) | 4 mg * |
| Boron (as Sodium Borate) | 2 mg * |
| Lutein (from Marigold [Tagetes erecta] Flower Extract) | 2 mg * |
| Lycopene | 2 mg * |
| Zeaxanthin (as Zeaxanthin Isomers from Marigold [Tagetes erecta] Flower Extract) | 400 mcg * |
| Astaxanthin (from Haematococcus pluvialis) | 50 mcg * |
| Vanadium (as Sodium Metavanadate) | 10 mcg * |

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Titanium Dioxide (Mineral Whitener), Polyethylene Glycol, Talc, Caramel (Color), Natural Vanilla Mint Flavor, Steviol Glycosides.

CONTAINS: Fish (Anchovy, Mackerel, Sardine, Smelt, Whiting, Pollock, Salmon, Tuna, Cod, or a Combination Thereof) and Soybeans. Distributed by: GNC Holdings, LLC Pittsburgh, PA 15222 USA Contains a bioengineered food ingredient.

EAQ-333

Supplement Facts

| Amount Per Serving | % Daily Value |
|---|----------------------|
| Serving Size One Beige Mottled Caplet | |
| Vitamin D (as Cholecalciferol) | 20 mcg (800 IU) 100% |
| Calcium (as Dicalcium Phosphate & Calcium Carbonate) | 73 mg 6% |
| Zinc (as Zinc Oxide) | 7.5 mg 68% |
| Selenium (as Selenium Chelate) | 35 mcg 64% |
| Copper (as Copper Oxide) | 1 mg 111% |
| Manganese (as Manganese Glycinate) | 1 mg 44% |
| Chromium (as Chromium Amino Acid Chelate) | 60 mcg 172% |
| Molybdenum (as Sodium Molybdate) | 37.5 mcg 84% |
| Phytosterols (from Sunflower Seed Oil and Pine Tall Oil) (Providing 175 mg of beta-Sitosterols) | 300 mg * |
| Lycopene | 7.5 mg * |
| Reishi Mushroom (Ganoderma lucidum) Mycelial Biomass & Fruiting Body Extract | 3 mg * |
| Boron (as Boron Amino Acid Chelate) | 1.5 mg * |

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Silicon Dioxide, Crospovidone, Croscarmellose Sodium, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Maltodextrin, Sunflower Lecithin, Palm Oil, Guar Gum, Carnauba Wax.

CONTAINS: Soybeans.

