

Supplement Facts

Serving Size Two Brown Mottled Caplets

Amount Per Serving	% Daily Value
Guarana (<i>Paullinia cupana</i>) Seed Extract (Standardized to 36% Caffeine = 178.2 mg)	495 mg *
Black Tea (<i>Camellia sinensis</i>) Leaves Extract (Standardized to 5% Caffeine = 13.6 mg)	272.5 mg *
Grape (<i>Vitis vinifera</i>) Skin & Seed Extract	210 mg *
Ginger (<i>Zingiber officinale</i>) Root Extract	200 mg *
Grape (<i>Vitis vinifera</i>) Seed Extract	125 mg *
Dill (<i>Anethum graveolens</i>) Seed Extract	5 mg *

* Daily Value not established.

OTHER INGREDIENTS: Dextrose, Cellulose, Dicalcium Phosphate, Crospovidone, Maltodextrin, Calcium Silicate, Silicon Dioxide, Magnesium Stearate Vegetable Source, Polyethylene Glycol, Natural Flavors, Sucralose.

This product contains 190 mg of caffeine.

ACTUAL SIZE

Supplement Facts

Serving Size Two Tan Filled Capsules

Amount Per Serving	% Daily Value
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2941%
Magnesium (as Magnesium Oxide)	50 mg 12%
Corn (<i>Zea mays</i>) Silk Powder	12.5 mg *
Fennel (<i>Foeniculum vulgare</i>) Seed Powder	12.5 mg *
Garlic (<i>Allium sativum</i>) Clove Powder	12.5 mg *
Horsetail Rush (<i>Equisetum arvense</i>) Stem Powder	12.5 mg *
Parsley (<i>Petroselinum crispum</i>) Leaf Powder	12.5 mg *
Uva Ursi (<i>Arctostaphylos uva-ursi</i>) Leaf Extract 3:1	12.5 mg *

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Gelatin, Potassium Chloride, Magnesium Stearate Vegetable Source, Silicon Dioxide, Maltodextrin, Calcium Silicate.

ACTUAL SIZE

L-Carnitine 1000

Supplement Facts

Serving Size One White Caplet

Amount Per Serving	% Daily Value
L-Carnitine (as L-Carnitine Tartrate) (as Carnipure®)	1 g*

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Silicon Dioxide.

ACTUAL SIZE

Carnipure Carnipure® and the Carnipure logo are Lonza trademarks.

NOTICE: Use in conjunction with the Total Lean® Meal and Exercise Plan found on www.totallean.com.

No Artificial Flavors.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-877-462-4700
GNC.com

^ Clinically proven to increase post-workout calorie burning by up to 60% for up to one hour after a workout. This double-blind, placebo controlled, crossover study consisted of 22 healthy men and women. Participants exercised on a treadmill on two occasions. On one occasion, they took Burn 60™ before exercise and on the second, they took a placebo. The amount of calories burned during the first hour post-exercise was measured, and participants burned up to 60% more calories while on Burn 60™ compared to when they took the placebo.

OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find a replacement product that is right for you.

5 Weight Management Support Formulas in 1 Complete Pack

Tested for Purity and Potency



Science-Backed Multivitamin

A premium formula that helps fill in nutritional gaps with vitamins, minerals, and key nutrients that may be missing from your diet.*

Waterex™ Features a blend of herbs traditionally used for water regulation.*

CLA Conjugated Linoleic Acid (CLA) is a naturally occurring fatty acid that fuels fat metabolism and enhances your diet.*

Burn 60™ Thermogenic Formula

This premium thermogenic is clinically shown to increase calorie burning by up to 60%.[^]

Please note: Pill color has changed due to the removal of artificial colors.

L-Carnitine 1000

One of the most clinically studied forms of L-Carnitine available – shown to fuel fat metabolism.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



GNC
TOTAL LEAN®

BURN & DEFINE

VITAPAK® PROGRAM

5 Weight Management Support Formulas in 1 Complete Pack

- Boost Calorie Burning up to 60%^{**}
- Fuel Fat Metabolism with CLA & Carnitine*
- Regulate Water Balance*

190MG CAFFEINE

DIETARY SUPPLEMENT

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30 PACKS/30-DAY SUPPLY

DIRECTIONS: As a dietary supplement, take the contents of one pack daily. Do not take before bedtime.

EACH PACK CONTAINS:

Science-Backed Multivitamin

Supplement Facts

Serving Size One Beige Caplet

Amount Per Serving	% Daily Value
Vitamin A (50% as beta-Carotene & 50% as Retinyl Acetate)	750 mcg RAE 83%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	150 mg 167%
Vitamin D (as Cholecalciferol)	25 mcg (1000 IU) 125%
Vitamin E (as d-alpha Tocopheryl Acetate)	10.1 mg 67%
Vitamin K (as Phytonadione)	40 mcg 33%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	25 mg 2083%
Riboflavin (Vitamin B-2)	25 mg 1923%
Niacin (as Niacinamide & Niacin)	25 mg 156%
Vitamin B-6 (as Pyridoxine Hydrochloride)	25 mg 1471%
Folate (200 mcg Folic Acid)	340 mcg DFE 85%
Vitamin B-12 (as Cyanocobalamin)	25 mcg 1042%
Biotin	150 mcg 500%
Pantothenic Acid (as Calcium d-Pantothenate)	25 mg 500%
Calcium (as Calcium Carbonate, Calcium d-Pantothenate, Dicalcium Phosphate & Calcium Ascorbate)	100 mg 8%
Iodine (as Potassium Iodide)	75 mcg 50%
Magnesium (as Magnesium Oxide)	65 mg 15%
Zinc (as Zinc Oxide)	12.5 mg 114%
Selenium (as L-Selenomethionine)	100 mcg 182%
Copper (as Copper Sulfate)	1 mg 111%
Manganese (as Manganese Sulfate)	1 mg 43%
Chromium (as Chromium Chloride)	60 mcg 171%
Molybdenum (as Sodium Molybdate)	37.5 mcg 83%
alpha-Lipoic Acid	12.5 mg *
Inositol	5 mg *
Silica (as Silicon Dioxide)	2 mg *
Saw Palmetto (<i>Serenoa repens</i>) Berries Extract	1.5 mg *
Pumpkin (<i>Cucurbita spp.</i>) Seed Powder	1.5 mg *
Boron (as Sodium Borate)	1 mg *
Lutein (as Marigold [<i>Tagetes erecta</i>] Flower Extract)	1 mg *
Lycopene	0.5 mg *
Zeaxanthin Isomers (from Marigold [<i>Tagetes erecta</i>] Flower Extract)	200 mcg *
Astaxanthin (as <i>Haematococcus pluvialis</i>)	25 mcg *
Vanadium (as Sodium Metavanadate)	5 mcg *

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Corn Starch, Stearic Acid Vegetable Source, Choline Bitartrate, Magnesium Stearate Vegetable Source, Titanium Dioxide (Mineral Whitener), Polyethylene Glycol, Talc, Caramel (Color), Natural Vanilla Mint Flavor, Steviol Glycosides.

CONTAINS: Fish (Anchovy, Mackerel, Sardine, Whiting, Pollock, Smelt, Salmon, Tuna, Cod, or a Combination Thereof) and Soybeans.

Distributed by:
GNC Holdings, LLC
Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient.

WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Niacin may cause a temporary flushing reaction. Inform your physician of this product's biotin content before any lab test.

ACTUAL SIZE

CLA

Supplement Facts

Serving Size Two Yellow Softgels

Amount Per Serving	% Daily Value
Calories	25
Total Fat	2.5 g 3%†
Conjugated Linoleic Acid (CLA)	2000 mg *

† Percent Daily Value based on a 2,000 calorie diet.
* Daily Value not established.

OTHER INGREDIENTS: Safflower Seed Oil, Gelatin, Glycerin, Purified Water.

ACTUAL SIZE