

Prostate Health

Supplement Facts

Serving Size One White Speckled Oval Caplet	
Amount Per Serving	
beta-Sitosterol	130 mg*
(from Sunflower [<i>Helianthus annuus</i>] Seed Oil)	
Lycopene	3 mg*

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Dicalcium Phosphate, Hydrogenated Vegetable Oil, Stearic Acid Vegetable Source, Crospovidone, Silicon Dioxide, Croscarmellose Sodium, Magnesium Stearate Vegetable Source, Polyethylene Glycol, Carnauba Wax.

ACTUAL SIZE

Blood Flow & Circulation

Supplement Facts

Serving Size One Off-White Filled Capsule	
Amount Per Serving	
trans-Resveratrol (resVida®)	30 mg*

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Gelatin (Bovine and/or Porcine), Stearic Acid Vegetable Source, Silicon Dioxide.

ACTUAL SIZE

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-877-462-4700
GNC.com

Clinically Backed Testosterone Booster

Supplement Facts

Serving Size One Tan Speckled Caplet	
Amount Per Serving	% Daily Value
Calcium	50 mg 4%
Tesnor®	400 mg*
Pomegranate (<i>Punica granatum</i>) Fruit Peel Extract	
Cocoa (<i>Theobroma cacao</i>) Bean Extract	
Tongkat Ali (<i>Eurycoma longifolia</i>) Root Extract	100 mg*
Tribulus (<i>Tribulus terrestris</i>) Fruit Extract	100 mg*
Diindolylmethane (DIM)	1 mg*
Indole-3-Carbinol	1 mg*

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Calcium Phosphate, Maltodextrin, Croscarmellose Sodium, Sodium Starch Glycolate, Crospovidone, Stearic Acid Vegetable Source, Silicon Dioxide, Magnesium Stearate Vegetable Source, Polyethylene Glycol.

ACTUAL SIZE

resVida® is a trademark
of dsm-fermenich group.

Tesnor® is a trademark of Gencor and
Laila Nutraceuticals.

4 GNC Products in 1 Test-Boosting Daily Pack*

Tested for Purity & Potency



GNC Mega Men® Multivitamin

GNC's best-in-class, high-potency multivitamin is clinically shown to:

- Help you feel better*
- Work better than a basic multi*
- Boost levels of key B vitamins, essential for energy production*
- Increase levels of immune-supporting nutrients*

Clinically Backed Testosterone Booster

Tesnor® is clinically shown to boost free and total testosterone levels, support muscle function, and enhance libido and sexual satisfaction.*

Prostate Health

Support normal prostate function with beta-sitosterol and lycopene.*

Blood Flow & Circulation

resVida® resveratrol is clinically shown to enhance blood vessel dilation and blood flow.*

GNC MEGA MEN®

Healthy Testosterone

VITAPAK® PROGRAM

4 GNC Products in 1 Test-Boosting Daily Pack*

- Boosts free & total testosterone*
- Enhances blood flow, libido & sexual satisfaction*
- Features Tesnor®, a clinically proven testosterone booster*



FEEL BETTER.
Clinically
Backed
MULTIVITAMIN

DIETARY SUPPLEMENT

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

30 PACKS/30-DAY SUPPLY

CODE 221233

DIRECTIONS: As a dietary supplement, take the contents of one pack daily with food.

Each pack contains:

Mega Men® Multivitamin

Supplement Facts

Serving Size Two Beige Caplets	
Amount Per Serving	% Daily Value
Vitamin A	1500 mcg RAE 167%
(50% as beta-Carotene & 50% as Retinyl Acetate)	
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg 333%
Vitamin D (as Cholecalciferol)	50 mcg (2000 IU) 250%
Vitamin E (as d-alpha-Tocopherol Acetate)	20.1 mg 134%
Vitamin K (as Phytanadione)	80 mcg 67%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg 4167%
Riboflavin (Vitamin B-2)	50 mg 3846%
Niacin (as Niacinamide & Niacin)	50 mg 313%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2941%
Folate	680 mcg DFE 170%
(400 mcg Folic Acid)	
Vitamin B-12 (as Cyanocobalamin)	50 mcg 2083%
Biotin	300 mcg 1000%
Pantothenic Acid (as Calcium D-Pantothenate)	50 mg 1000%
Choline (as Choline Bitartrate)	10 mg 2%
Calcium (as Calcium Carbonate, Calcium D-Pantothenate, Dicalcium Phosphate & Calcium Ascorbate)	200 mg 15%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	130 mg 31%
Zinc (as Zinc Oxide)	25 mg 227%
Selenium (as L-Selenomethionine)	200 mcg 364%
Copper (as Copper Sulfate)	2 mg 222%
Manganese (as Manganese Sulfate)	2 mg 87%
Chromium (as Chromium Chloride)	120 mcg 343%
Molybdenum (as Sodium Molybdate)	75 mcg 167%
alpha-Lipoic Acid	25 mg *
Inositol	10 mg *
Silica (as Silicon Dioxide)	4 mg *
Saw Palmetto (<i>Serenoa repens</i>) Berries Extract	3 mg *
Pumpkin (<i>Cucurbita</i> spp.) Seed Powder	3 mg *
Boron (as Sodium Borate)	2 mg *
Lutein (from Marigold [<i>Tagetes erecta</i>] Flower Extract)	2 mg *
Lycopene	1 mg *
Zeaxanthin (as Zeaxanthin Isomers from Marigold [<i>Tagetes erecta</i>] Flower Extract)	400 mcg *
Astaxanthin (from <i>Haematococcus pluvialis</i>)	50 mcg *
Vanadium (as Sodium Metavanadate)	10 mcg *

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Corn Starch, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Titanium Dioxide (Mineral Whitener), Polyethylene Glycol, Talc, Caramal (Color), Natural Cool Vanilla Flavor, Steviol Glycosides.
CONTAINS: Fish (Anchovy, Mackerel, Sardine, Smelt, Whiting, Pollock, Salmon, Tuna, Cod, or a Combination Thereof) and Soybeans.

Distributed by:
GNC Holdings, LLC
Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient.

▲WARNING: Cancer and Reproductive Harm –
www.P65Warnings.ca.gov

Not for use by individuals under the age of 18 years. Do not use if pregnant or nursing. Consult your physician prior to using this product if you are taking medication or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction.

ACTUAL SIZE

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*In a randomized, double-blind, placebo-controlled study of 111 healthy participants, those taking the GNC vitamin and mineral blend for six weeks had statistically significant increases in serum levels of a group of B vitamins and a group of antioxidants and carotenoids based on a multivariate statistical analysis when compared to those taking placebo or a basic multivitamin. Statistical improvements in SF-36 Vitality and Mental Health scores were also observed compared to placebo.