

Triple Strength Fish Oil

**Supplement Facts**

Serving Size One Yellow Softgel Capsule

Amount Per Serving	% Daily Value
Calories	15
Total Fat	1.5 g 2%†
Total Omega-3s (as Ethyl Esters)	1065 mg *
Total EPA + DHA	1000 mg *
EPA (Eicosapentaenoic Acid) Omega-3	734 mg *
DHA (Docosahexaenoic Acid) Omega-3	267 mg *

† Percent Daily Value based on a 2,000 calorie diet.  
\* Daily Value not established.

**OTHER INGREDIENTS:** Fish Oil, Gelatin, Purified Water, Glycerin, Mixed Tocopherols.

**CONTAINS:** Fish (Anchovy, Mackerel, Sardine, Smelt, Whiting, Pollock, Salmon, Tuna, Cod, or a Combination Thereof) and Soybeans.



Blood Flow & Circulation

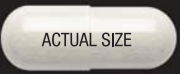
**Supplement Facts**

Serving Size One White-Filled Capsule

Amount Per Serving	
L-Arginine	250 mg*
L-Citrulline	100 mg*
trans-Resveratrol (resVida®)	30 mg*

\* Daily Value not established.

**OTHER INGREDIENTS:** Cellulose, Gelatin (Bovine and/or Porcine), Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Silicon Dioxide.



No Artificial Flavors, Gluten Free.  
**KEEP OUT OF REACH OF CHILDREN.**  
Store in a cool, dry place.

For More Information:  
1-877-462-4700  
GNC.com



Prostate Formula

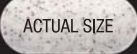
**Supplement Facts**

Serving Size One White Speckled Caplet

Amount Per Serving	
beta-Sitosterol (from Sunflower [ <i>Helianthus annuus</i> ] Seed Oil)	130 mg*
Lycopene	3 mg*

\* Daily Value not established.

**OTHER INGREDIENTS:** Cellulose, Dicalcium Phosphate, Hydrogenated Vegetable Oil, Stearic Acid Vegetable Source, Crospovidone, Silicon Dioxide, Croscarmellose Sodium, Magnesium Stearate Vegetable Source, Polyethylene Glycol, Carnauba Wax.



**5 GNC Products In 1 Sexual Wellness Pack**

Tested for Purity & Potency



**GNC Mega Men® Multivitamin**

GNC's best-in-class, high-potency multivitamin is clinically shown to:\*\*

- Help you feel better\*
- Work better than a basic multi\*
- Boost levels of key B vitamins, essential for energy production\*
- Boost levels of immune-supporting nutrients\*

**Herbal Plus® Maca Root 525mg**

Maca root has been traditionally used by men for generations for sexual wellness.\*

**Prostate Formula**

Beta-sitosterol and lycopene support normal prostate function.\*



**Blood Flow & Circulation**

resVida® resveratrol is clinically shown to enhance blood vessel dilation and blood flow – plus arginine & citrulline to target nitric oxide production.\*

**Triple Strength Fish Oil**

Support cardiovascular health with high-potency, ultra-concentrated EPA and DHA Omega-3s that are purified to reduce contaminants and heavy metals. GNC's best-selling fish oil supports heart, joint, and skin health.\*

**New and Improved: Prostate Support**

**GNC MEGA MEN®**



**Performance & Vitality**

**VITAPAK® PROGRAM**

**5 GNC Products In 1 Sexual Wellness Daily Pack**

- Enhances blood flow & blood vessel dilation\*
- Supports sexual health & vitality\*
- Helps maintain healthy prostate function\*



DIETARY SUPPLEMENT

30 PACKS/30-DAY SUPPLY

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CODE 221912

DIRECTIONS: As a dietary supplement, take the contents of one pack daily with food.

Each pack contains:

Mega Men® Multivitamin

**Supplement Facts**

Serving Size Two Beige Caplets

Amount Per Serving	% Daily Value
Vitamin A (50% as beta-Carotene & 50% as Retinyl Acetate)	1500 mcg RAE 167%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg 333%
Vitamin D (as Cholecalciferol)	50 mcg (2000 IU) 250%
Vitamin E (as d-alpha Tocopheryl Acetate)	20.1 mg 134%
Vitamin K (as Phylloquinone)	80 mcg 67%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg 4167%
Riboflavin (Vitamin B-2)	50 mg 3846%
Niacin (as Niacinamide & Niacin)	50 mg 313%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2941%
Folate (400 mcg Folic Acid)	680 mcg DFE 170%
Vitamin B-12 (as Cyanocobalamin)	50 mcg 2083%
Biotin	300 mcg 1000%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg 1000%
Choline (as Choline Bitartrate)	10 mg 2%
Calcium (as Calcium Carbonate, Calcium d-Pantothenate, Dicalcium Phosphate & Calcium Ascorbate)	200 mg 15%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	130 mg 31%
Zinc (as Zinc Oxide)	25 mg 227%
Selenium (as L-Selenomethionine)	200 mcg 364%
Copper (as Copper Sulfate)	2 mg 222%
Manganese (as Manganese Sulfate)	2 mg 87%
Chromium (as Chromium Chloride)	120 mcg 343%
Molybdenum (as Sodium Molybdate)	75 mcg 167%
alpha-Lipoic Acid	25 mg *
Inositol	10 mg *
Silica (as Silicon Dioxide)	4 mg *
Saw Palmetto ( <i>Serenoa repens</i> ) Berries Extract	3 mg *
Pumpkin ( <i>Cucurbita</i> spp.) Seed Powder	3 mg *
Boron (as Sodium Borate)	2 mg *
Lutein (from Marigold [ <i>Tagetes erecta</i> ] Flower Extract)	2 mg *
Lycopene	1 mg *
Zeaxanthin (as Zeaxanthin Isomers from Marigold [ <i>Tagetes erecta</i> ] Flower Extract)	400 mcg *
Astaxanthin (from <i>Haematococcus pluvialis</i> )	50 mcg *
Vanadium (as Sodium Metavanadate)	10 mcg *

\* Daily Value not established.

**OTHER INGREDIENTS:** Cellulose, Corn Starch, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Titanium Dioxide (Mineral Whitener), Polyethylene Glycol, Talc, Caramel (Color), Natural Cool Vanilla Flavor, Steviol Glycosides.

**CONTAINS:** Fish (Anchovy, Mackerel, Sardine, Smelt, Whiting, Pollock, Salmon, Tuna, Cod, or a Combination Thereof) and Soybeans.

Distributed by: GNC Holdings, LLC Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient.

**WARNING:** Cancer and Reproductive Harm – www.P65Warnings.ca.gov  
Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Biotin may cause a temporary flushing reaction.

ACTUAL SIZE

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