

Suggested Usage: Take 1 capsule 1 to 2 times daily, preferably with food.

NOW® Soy-Free Phosphatidyl Serine is a phospholipid compound derived from non-GMO sunflower lecithin. Phosphatidyl serine plays an essential role in cell membrane composition and intercellular communication.* It is an especially important structural component of nerve cell membranes, where it assists in the conduction of electrical impulses and facilitates the activity of neurotransmitters involved in learning, memory, and mood.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

CODE 2389T V1



Soy-Free Phosphatidyl Serine

150 mg

Brain Health*

60 Veg Capsules

A Dietary Supplement Vegetarian/Vegan



General Health

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Calcium (elemental) (from 147 mg Calcium Carbonate)	40 mg	3%
Phosphatidyl Serine (from Sunflower Lecithin) (Sharp•PS® GREEN)	150 mg	†

† Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Microcrystalline Cellulose, Magnesium Stearate (vegetable source), Silicon Dioxide, Stearic Acid (vegetable source), Croscarmellose Sodium and Ascorbyl Palmitate.

NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108, USA nowfoods.com

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Sharp•PS® is a registered trademark of Enzymotec Ltd.