

GNC
TOTAL LEAN™
LEAN SHAKE™
25

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LEAN SHAKE™
25

12-14 FL. OZ. (414 ML) BOTTLES—(168 FL. OZ.)(4.97 L) • 12 SERVINGS

Hunger-satisfying, high-protein meal replacement
Clinically proven to improve weight loss*

ZERO ADDED SUGAR†

25G
PROTEIN

3G
FIBER

170
CALORIES

†Not a low calorie food. See Nutrition Facts for sugar and calorie content.



SWISS CHOCOLATE
NATURAL & ARTIFICIAL FLAVORS

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GLUE
AREA

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For More Information:
1-888-632-2548
GNC.com

GLUE
AREA



Available in 3 great flavors.

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OUR QUALITY COMMITMENT TO YOU

Since 1955, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, please return the unused portion of the product within 30 days and we'll either refund your money or find a replacement product that is right for you.

Swiss Chocolate
NATURAL & ARTIFICIAL FLAVORS
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Nutrition Facts

Amount Per Serving
12 Servings Per Container
One Bottle 14 fl. oz. (414 mL)

170 Calories

% Daily Value*	
8%	Total Fat 9g
5%	Saturated Fat 1g
7%	Trans Fat 0g
16%	Cholesterol 20mg
16%	Sodium 30mg
2%	Total Carbohydrate 6g
11%	Dietary Fiber 3g
0%	Total Sugars 1g
0%	Includes 0g Added Sugars
50%	Protein 25g
40%	Vitamin D 500IU (200 IU)
25%	Calcium 500mg
8%	Iron 40mg
25%	Vitamin A 225mcg RAE
25%	Vitamin E 4mg
25%	Vitamin K 30mcg
25%	Vitamin C 25mg
25%	Potassium 400mg
25%	Vitamin B-12 0.6mcg
25%	Folate 100mcg DFE
25%	Vitamin B-6 0.4mg
25%	Niacin 4mg
25%	Riboflavin 0.3mg
25%	Vitamin B-2 0.3mg
25%	Vitamin B-1 2.5mg
25%	Phosphorus 600mg
25%	Iodine 38mcg
25%	Zinc 2.8mg
25%	Selenium 20mcg
25%	Copper 0.2mg
25%	Chromium 9mcg
25%	Manganese 0.6mg
25%	Biotin 7.5mcg
25%	Pantothenic Acid 1.3mg
25%	Vitamin B-5 5mg
25%	Choline 120mg
25%	Inositol 1000mg
25%	Phenylalanine 1000mg
25%	Glutamine 1000mg
25%	Leucine 1000mg
25%	Valine 1000mg
25%	Threonine 1000mg
25%	Alanine 1000mg
25%	Aspartic Acid 1000mg
25%	Glutamic Acid 1000mg
25%	Proline 1000mg
25%	Serine 1000mg
25%	Tyrosine 1000mg
25%	Cysteine 1000mg
25%	Asparagine 1000mg
25%	Glutamine 1000mg
25%	Proline 1000mg
25%	Serine 1000mg
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