

WHY ESSENTIAL AMIN.O. ENERGY®?

- Supports energy and focus any time of day*
- 100mg Caffeine from Natural Sources†
- Amino acids to support muscle recovery*
- 0g of Sugar



ACTIVE
LIFESTYLE*



ENERGY
& FOCUS*



SPORTS*

WARNING: CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT IF YOU ARE TAKING ANY MEDICATIONS OR ARE UNDER A PHYSICIAN'S CARE FOR A MEDICAL CONDITION. NOT FOR USE BY THOSE UNDER THE AGE OF 18, WOMEN WHO ARE PREGNANT, TRYING TO GET PREGNANT, OR ARE NURSING, OR THOSE WHO ARE SENSITIVE TO CAFFEINE OR BETA-ALANINE. DO NOT CONSUME CAFFEINE FROM OTHER SOURCES WHILE TAKING THIS PRODUCT AS TOO MUCH CAFFEINE MAY CAUSE NERVOUSNESS, IRRITABILITY, SLEEPLESSNESS, AND OCCASIONALLY RAPID HEARTBEAT. BETA-ALANINE MAY CAUSE A HARMLESS, TEMPORARY TINGLING OR FLUSHING SENSATION.

DO NOT COMBINE WITH ALCOHOL. DO NOT EXCEED 6 SCOOPS WITHIN ANY 4 HOUR PERIOD OR 8 SCOOPS WITHIN ANY 24 HOUR PERIOD. CONSUME AS PART OF A HEALTHY DIET AND EXERCISE PROGRAM, AND DRINK AT LEAST 100 FL OZ OF WATER PER DAY. EXERCISE MAY INCREASE YOUR NEED FOR FLUID INTAKE.



9 GRAMS
ABOUT 2 SCOOPS
ESSENTIAL AMIN.O.
ENERGY®



10-12 FL OZ
COLD WATER



30 SECONDS
MIX UNTIL DISSOLVED

ON OPTIMUM
NUTRITION®

NEW

ESSENTIAL AMIN.O. ENERGY®

Discard Seal,
Empty & Replace
Lid and Scoop

US ONLY



how2recycle.info

OPTIMUM NUTRITION
IS A PROUD PARTNER
WITH HOW2RECYCLE.

†Caffeine from tea leaf
and/or coffee bean.



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

**ANYTIME
ENERGY[®] &
RECOVERY[®]** 0G SUGAR
100MG CAFFEINE
FROM NATURAL
SOURCES[†]

RAINBOW SHERBET
ARTIFICIALLY FLAVORED

DIETARY SUPPLEMENT
NET WT 9.5 OZ (270 G) • 30 SERVINGS



Supplement Facts

Serving Size 9 g (About 2 Scoops)
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	1 g	<1%*
Total Sugars	0 g	**
Sodium	10 mg	<1%*
Amino Blend	5 g	**
Micronized Taurine, Micronized L-Glutamine, Micronized L-Arginine, Micronized L-Leucine, Beta-Alanine, Micronized L-Citrulline, Micronized L-Isoleucine, Micronized L-Valine, Micronized L-Tyrosine, Micronized L-Histidine, Micronized L-Lysine Hydrochloride, Micronized L-Phenylalanine, Micronized L-Threonine, Micronized L-Methionine		
Caffeine†	100 mg	**
Green Tea Leaf Extract	50 mg	**
Green Coffee Bean Extract	10 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

OTHER INGREDIENTS: Citric Acid, Natural and Artificial Flavor, Malic Acid, Silicon Dioxide, Calcium Silicate, Gum Blend (Guar Gum, Gum Acacia, Xanthan Gum), Sucralose, Red Beet Juice Powder (Color), Sunflower and/or Soy Lecithin, Yellow 5.

CONTAINS: SOY.

MANUFACTURED FOR GLANBIA
PERFORMANCE NUTRITION (NA), INC.
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MANUFACTURED
IN THE USA

THIS PRODUCT CONTAINS INGREDIENTS OF
INTERNATIONAL AND DOMESTIC ORIGIN.



**CONTENTS SOLD BY
WEIGHT NOT VOLUME.
SOME SETTLING WILL
OCCUR. SHAKE GENTLY
BEFORE FIRST USE.**

PHENYLKETONURICS:
CONTAINS
PHENYLALANINE.

NO ASPARTAME.

To maximize freshness and minimize product clumping, store tightly-closed container in a cool, dry place away from direct sunlight. Keep container closed when not in use. Close container tightly after each use. Keep out of reach of children.

†Caffeine from tea leaf and/or coffee bean.

**BANNED
SUBSTANCE
TESTED**



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