

DYMATIZE
NUTRITION

ISO•100

Hydrolyzed
100% Whey Protein Isolate

PROTEIN	BCAAs	LACTOSE	FAT	SUGARS
25	5.5	0	0.5	1
GRAMS	GRAMS	GRAMS	GRAM	GRAM

MILK CHOCOLATE
NATURALLY & ARTIFICIALLY FLAVORED



NET WT 5 LBS (2.27kg)

PROTEIN
POWDER

Nutrition Facts

Serving Size: 1 Scoop (31g)
Servings Per Container About 73

Amount Per Serving	%Daily Value*
Calories 110	Calories from Fat 5
Total Fat 0.5 g	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 5 mg	2%
Sodium 100 mg	4%
Potassium 280 mg	8%
Total Carbohydrate 2 g	1%
Dietary Fiber 1 g	4%
Sugars 1 g	
Protein 25 g	50%
Vitamin A 0% • Vitamin C 0%	
Calcium 15% • Iron 4%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.
Calories: 2,000 2,500

Total Fat	Less than 65g	65g
Saturated Fat	Less than 20g	20g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	30g	375g
Dietary Fiber	25g	39g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Hydrolyzed Whey Protein Isolate, Whey Protein Isolate, Cocoa (Processed with Alkali), Natural and Artificial Flavors, Salt, Soy Lecithin, Potassium Chloride, Sucralose.
Contains Milk & Soy.

Manufactured & Distributed by:
Dymatize Enterprises, LLC
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DYMATIZE.COM

Take your performance to the next level with ISO•100.

You expect only the best from yourself and your nutrition. **DYMATIZE ISO•100** is one of the most advanced and effective proteins available and was developed to give you 100% of what you need to support muscle growth and achieve your ambitions.

The Fastest-Acting Protein. ISO•100 provides 25 grams of super-fast absorbing 100% whey protein isolate and has been hydrolyzed for even faster absorption and digestion. It delivers quick amino acid replenishment which is perfect first thing in the morning or after intense training to speed your recovery. Each serving of ISO•100 has 5.5 grams of BCAAs including 2.7 grams of L-Leucine, the BCAA that is directly involved in optimizing Muscle Protein Synthesis to ensure your workouts are not going to waste.

The Highest Level of Purity. ISO•100 uses only whey proteins derived from cross-flow microfiltration processing (cold-filtered) to preserve the many important whey protein fractions including lactoferrin and immunoglobulins, which can be lost in other forms of processing. We have carefully formulated ISO•100 to deliver more of what you want, and less of what you don't want: free of gluten and lactose, and less than one gram of fat. With only a short list of ingredients, it is easy to see why ISO•100 is one of the purest proteins available. In addition, ISO•100 is Informed-Choice® Trusted by Sport certified providing assurance to the athletic community that ISO•100 is free of banned substances.

Delicious Taste. Dymatize has taken flavor to a whole new level! Our in-house flavor specialists worked long and hard to create an even more delicious taste. ISO•100, the reward you deserve for all your hard work and dedication. So delightfully delicious, you will look forward to the next shake.

YOUR AMBITION. OUR NUTRITION.™

DYMATIZE NUTRITION

DIRECTIONS: Add one scoop (included) to 5-6 oz. (150ml-180ml) of water, juice, or milk and mix thoroughly. For maximum results, use before and/or after workouts and at other strategic times daily.

Store in a cool, dry place. Keep out of reach of children.

TYPICAL AMINO ACID PROFILE PER SERVING*

ESSENTIAL

Leucine (BCAA)	2,767 mg
Isoleucine (BCAA)	1,418 mg
Valine (BCAA)	1,444 mg
Histidine	440 mg
Lysine	2,340 mg
Methionine	566 mg
Phenylalanine	774 mg
Threonine	1,714 mg
Tryptophan	413 mg

CONDITIONALLY ESSENTIAL

Glutamine & Glutamic Acid	4,422 mg
Arginine	898 mg
Cysteine	822 mg
Glycine	455 mg
Tyrosine	891 mg

NON-ESSENTIAL

Aspartic Acid	2,891 mg
Alanine	1,235 mg
Proline	1,445 mg
Serine	1,256 mg

* Natural occurring ✓ per serving



Trusted by sport

DYMATIZE ENTERPRISES, INC.
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