

Get your daily dose of wellness straight from nature!

GNC SuperFoods

VITAL GREENS



DAILY SUPERFOODS POWDER

Plant-based wellness, immune and gut health support*

1½ CUPS VEGGIES PER SERVING*
Excellent source of fiber

BERRY
WITH NATURAL FLAVORS



DIETARY SUPPLEMENT

NET WT. 14.98 OZ. (424.8 G) - 30 SERVINGS

✓ PLANT-BASED, WHOLE FOOD NUTRITION

With 40+ veggies, fruits, herbs and superfoods, plus B-vitamins from guava fruit, lemon peel, holy basil leaves and sesbania leaves

✓ IMMUNE HEALTH SUPPORT*

Combines fruits, veggies, antioxidants and vitamin C sourced from amla fruit

✓ GUT HEALTH & DIGESTION*

Probiotics plus fiber from tapioca and NatureKnit™, an upcycled, sustainably sourced fiber from apple, carrot, blueberry, cranberry and spinach

✓ WELL-BEING SUPPORT*

Clinically studied Spectra® fruit- and veggie-based antioxidant blend to combat oxidative stress plus adaptogenic mushrooms*

* Based on weight and cup equivalents of fresh to dehydrated weight of vegetables.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:
1-888-462-2548
GNC.com

CODE 364489

DIRECTIONS: As a dietary supplement, mix one scoop with 8 to 10 fl. oz. of water or your favorite beverage. Tastes best when cold and mixed continuously to prevent settling. May take any time of day. Amount of liquid may vary for desired taste.

Supplement Facts

Serving Size One Scoop (14.16 g)
Servings Per Container 30

Amount Per Serving	% Daily Value
Calories	50
Total Carbohydrate	11 g 4%†
Dietary Fiber	6 g 21%†
Total Sugars	1 g *
Protein	1 g
Vitamin C	25 mg 28%
Thiamin	1 mg 83%
Riboflavin	2 mg 154%
Niacin	2 mg 13%
Vitamin B-6	1.7 mg 100%
Biotin	60 mcg 200%
Pantothenic Acid	2 mg 40%
Sodium	25 mg 1%
Potassium	110 mg 2%
Performance Vegetable Blend	4.25 g *
(Kale Leaf Powder, Spinach Leaf Powder, Broccoli Floret & Stalk Powder, Chlorella Powder, Spirulina Powder, Alfalfa Grass Powder, Purslane Leaf & Stem Powder, Cabbage Bud Powder)	
NatureKnit™	1 g *
(Apple Pomace Powder, Carrot Pomace Powder, Blueberry Pomace Powder, Cranberry Pomace Powder, Spinach Leaf Powder)	

Amount Per Serving	% Daily Value
Organic Spectrum Fruit Blend	500 mg *
(Strawberry Fruit Powder, Raspberry Fruit Powder, Blueberry Fruit Powder, Tart Cherry Fruit Powder, Elderberry Fruit Powder, Cranberry Fruit Powder)	
Adaptogenic Mushroom Blend	250 mg *
Cordyceps (<i>Cordyceps militaris</i>) Mycelial Biomass & Fruiting Body Powder	
Reishi Mycelial Biomass & Fruiting Body Powder	
King Trumpet (<i>Pleurotus eryngii</i>) Mycelial Biomass & Fruiting Body Powder	
Shiitake Mycelial Biomass & Fruiting Body Powder	
Lion's Mane Mycelial Biomass & Fruiting Body Powder	
Turkey Tail Mycelial Biomass & Fruiting Body Powder	
Spectra® Antioxidant Blend	100 mg *
(Coffee Fruit Extract, Green Tea Leaf Extract, Broccoli Sprout Powder, Onion Bulb Extract, Apple Fruit Extract, Quercetin, Acerola Fruit Extract, Tomato Fruit Powder, Broccoli Floret & Stem Powder, Acai Fruit Powder, Turmeric Rhizome Powder, Garlic Clove Powder, Basil Leaf Powder, Oregano Leaf Powder, Cinnamon Bark Powder, Carrot Root Powder, Elderberry Fruit Powder, Mangosteen Fruit Powder, Camu Camu Fruit Powder, Black Currant Fruit Extract, Blueberry Fruit Extract, Blackberry Fruit Powder, Raspberry Fruit Powder, Spinach Leaf Powder, Black Chokeberry Fruit Powder, Kale Leaf Powder, Sweet Cherry Fruit Powder, Bilberry Fruit Extract, Brussels Sprout Bud Powder, Sunflower Lecithin)	
<i>Bacillus subtilis</i> DE111® (1 Billion CFUs)	10 mg *

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

OTHER INGREDIENTS: Soluble Tapioca Fiber, Citric Acid, Natural Flavors and Less than 2%: Amla Fruit Extract, Maltodextrin, Oats, Rebaudioside A, Silicon Dioxide, Vitamin B Complex (Holy Basil Leaf Extract, Guava Fruit Extract, Sesbania Leaf Extract, Lemon Peel Extract).

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

⚠ WARNING: Reproductive Harm — www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction.

NOTICE: Product sold by weight, not volume. Significant product settling may occur.

No Artificial Colors, No Artificial Flavors, No Artificial Sweeteners, Gluten Free, Non GMO, Vegan.

Bacillus subtilis as DE111®, DE111® is a registered trademark of Deerland Probiotics & Enzymes, Inc. NatureKnit™ and Spectra® are trademarks of VDF FutureCeuticals, Inc.

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