



**BANNED
SUBSTANCE
TESTED**



DYMATIZE.COM

**: INSPIRATION
: RECIPES
: TRAINING TIPS**

Nutrition Facts

1 serving per container

Serving size 1 Shake (11.5 fl oz)

Amount per serving

Calories 160

% Daily Value*

Total Fat 3g 4%

Saturated Fat 0.5g 3%

Trans Fat 0g

Cholesterol 20mg 7%

Sodium 230mg 10%

Total Carbohydrate 3g 1%

Dietary Fiber 0g 0%

Total Sugars 1g

Includes 0g Added Sugars 0%

Protein 30g 60%

Vitamin D 6mcg 30% • Calcium 650mg 50%

Iron 1.8mg 10% • Potassium 180mg 4%

Vitamin A 230mcg 25% • Vitamin C 23mg 25%

Vitamin E 3.8mg 25% • Vitamin K 30mcg 25%

Thiamin 0.24mg 20% • Riboflavin 0.26mg 20%

Niacin 3.2mg 20% • Vitamin B6 0.34mg 20%

Folate 80mcg DFE 20% • Vitamin B12 0.48mcg 20%
(47mcg folic acid)

Biotin 6mcg 20% • Pantothenic Acid 1mg 20%

Phosphorus 550mg 45% • Iodine 23mcg 15%

Magnesium 85mg 20% • Zinc 2.8mg 25%

Selenium 8mcg 15% • Copper 0.14mg 15%

Manganese 0.35mg 15% • Chromium 5.3mcg 15%

Molybdenum 6.8mcg 15%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Distributed by: Premier Nutrition

Emeryville, CA 94608 USA 888-334-5326

GLUTEN FREE U D | BPA FREE

FORMULATED FOR:



**Muscle
Growth†**



**Muscle
Maintenance†**



**Muscle
Recovery†**

**Varnish Knockout
Needed On UPC**



D2F210001US3301

DATE CODE LOCATION

**DATE CODE PRINTS BLACK
KNOCKOUT BACKGROUND IF NEEDED**

**KEEP CLEAR OF
ANTI-SCUFF VARNISH
CRITICAL PRINT & COPY**

**CA CRV
HI 5c, ME 5c, OR 10c DEP**

RECOMMENDED USAGE:

Shake well and serve cold. Refrigerate after opening. To ensure best quality, store in a cool, dry place.

**NOTICE: THIS PRODUCT
IS ONLY INTENDED FOR
ADULTS 18 YEARS OF
AGE OR OLDER.**

**†With a Fitness or
Weight Training
Regimen.**



For full product information, scan code or go to:

Dymatize.com

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INGREDIENTS: FILTERED WATER, MILK PROTEIN CONCENTRATE†, CALCIUM CASEINATE†, CONTAINS LESS THAN 1% OF SUNFLOWER OIL OR SOYBEAN OIL, NATURAL AND ARTIFICIAL FLAVOR, CELLULOSE GEL AND CELLULOSE GUM, SALT, SUCRALOSE, ACESULFAME POTASSIUM, CARRAGEENAN, TRIPOTASSIUM PHOSPHATE, DIPOTASSIUM PHOSPHATE, SODIUM HEXAMETAPHOSPHATE, MAGNESIUM PHOSPHATE, SODIUM ASCORBATE.
VITAMIN AND MINERAL BLEND: VITAMIN E (DL-ALPHA-TOCOPHERYL ACETATE), ZINC GLYCINATE CHELATE, FERRIC ORTHOPHOSPHATE, VITAMIN A (PALMITATE), NIACINAMIDE, VITAMIN K1 (PHYTONADIONE), POTASSIUM IODIDE, VITAMIN D3 (CHOLECALCIFEROL), COPPER GLUCONATE, CALCIUM D-PANTOTHENATE, MANGANESE SULFATE, SODIUM SELENITE, BIOTIN, SODIUM MOLYBDATE, FOLIC ACID, VITAMIN B1 (THIAMINE MONONITRATE), VITAMIN B12 (CYANOCOBALAMIN), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN), CHROMIUM POLYNICOTINATE.
CONTAINS: MILK AND SOY. †Source of Protein