



PROTEIN **30g**
BCAAs **6.2g**

PERFORMANCE PROTEIN SHAKE



FRUITY PEBBLES™

FLAVOR

NATURALLY
& ARTIFICIALLY
FLAVORED

11.5 FL OZ
(340mL)

PRODUCT NOT INTENDED
FOR CHILDREN



**BANNED
SUBSTANCE
TESTED**



DYMATIZE.COM
INSPIRATION • RECIPES • TRAINING TIPS



Nutrition Facts

1 serving per container
Serving size 1 Shake (11.5 fl oz)

Amount per serving
Calories 160

	% Daily Value*
Total Fat 3g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 230mg	10%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 30g	60%
Vitamin D 6mcg 30% • Calcium 650mg 50%	
Iron 1.8mg 10% • Potassium 210mg 4%	

RECOMMENDED USAGE:

Shake well and serve cold. Refrigerate after opening. To ensure best quality, store in a cool, dry place.

NOTICE: THIS PRODUCT IS ONLY INTENDED FOR ADULTS 18 YEARS OF AGE OR OLDER.

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*With a Fitness or Weight Training Regi



For full product information, s code or go to: Dymatize.com



Dymatize®
BORN IN THE USA

Vitamin A 230mcg 25%	• Vitamin C 46mg 50%
Vitamin E 3.8mg 25%	• Vitamin K 30mcg 25%
Thiamin 0.24mg 20%	• Riboflavin 0.26mg 20%
Niacin 3.2mg 20%	• Vitamin B6 0.34mg 20%
Folate 80mcg DFE 20%	• Vitamin B12 0.48mcg 20%
(47mcg folic acid)	
Biotin 6mcg 20%	• Pantothenic Acid 1mg 20%
Phosphorous 600mg 50%	• Iodine 23mcg 15%
Magnesium 90mg 20%	• Zinc 2.8mg 25%
Selenium 8mcg 15%	• Copper 0.14mg 15%
Manganese 0.35mg 15%	• Chromium 5.3mcg 15%
Molybdenum 6.8mcg 15%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Distributed by: Premier Nutrition
Emeryville, CA 94608 USA 888-334-5326

GLUTEN FREE **BPA FREE**

FORMULATED FOR:



Muscle Growth[‡]



Muscle Maintenance[‡]



Muscle Recovery[‡]



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ME 55 OR 00C DEP

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INGREDIENTS: WATER, MILK PROTEIN CONCENTRATE, CALCIUM CASEINATE, CONTAINS LESS THAN 1% OF SUNFLOWER OIL OR SOYBEAN OIL, NATURAL AND ARTIFICIAL FLAVORS, CELLULOSE GEL AND CELLULOSE GUM, SALT, SUCRALOSE, ACESULFAME POTASSIUM, CARRAGEENAN, TRIPOTASSIUM PHOSPHATE, DIPHOSPHATE, SODIUM HEXAMETAPHOSPHATE, VITAMIN AND MINERAL BLEND (DL-ALPHA-TOCOPHERYL ACETATE [VITAMIN E], ZINC GLYCINATE CHELATE, FERRIC ORTHOPHOSPHATE, VITAMIN A PALMITATE, NIACINAMIDE, PHYTONADIONE [VITAMIN K1], POTASSIUM IODIDE, CHOLECALCIFEROL [VITAMIN D3], COPPER GLUCONATE, CALCIUM D-PANTOTHENATE, MANGANESE SULFATE, SODIUM SELENITE, BIOTIN, SODIUM MOLYBDATE, FOLIC ACID, THIAMINE MONONITRATE [VITAMIN B1], CYANOCOBALAMIN [VITAMIN B12], PYRIDOXINE HYDROCHLORIDE [VITAMIN B6], RIBOFLAVIN [VITAMIN B2], CHROMIUM POLYNICOTINATE), MAGNESIUM PHOSPHATE, SODIUM ASCORBATE.

CONTAINS: MILK AND SOY. †Source of Protein