

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.



PROTEIN **30g** BCAAS **6.2g**

PERFORMANCE  
**PROTEIN  
SHAKE**



**FRUITY  
PEBBLES**  
BRAND

FLAVOR

NATURALLY  
& ARTIFICIALLY  
FLAVORED

11.5 FL OZ  
(340mL)

PRODUCT NOT INTENDED  
FOR CHILDREN

UN  
ZIP &  
REMOVE  
TO RECYCLE



**BANNED  
SUBSTANCE  
TESTED**



**DYMATIZE.COM**   
INSPIRATION • RECIPES • TRAINING TIPS

## Nutrition Facts

1 serving per container  
**Serving size 1 Shake (11.5 fl oz)**

Amount per serving  
**Calories 160**

% Daily Value\*

**Total Fat** 3g **4%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

**Cholesterol** 20mg **7%**

**Sodium** 230mg **10%**

**Total Carbohydrate** 2g **1%**

Dietary Fiber 0g **0%**

Total Sugars 1g

Includes 0g Added Sugars **0%**

**Protein** 30g **60%**

Vitamin D 6mcg 30% • Calcium 650mg 50%

Iron 1.8mg 10% • Potassium 210mg 4%

### RECOMMENDED USAGE:

Shake well and serve cold.  
Refrigerate after opening.  
To ensure best quality, store in a cool, dry place.

**NOTICE: THIS PRODUCT IS ONLY INTENDED FOR ADULTS 18 YEARS OF AGE OR OLDER.**

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\*With a Fitness or Weight Training Regi



For full produc  
information, s  
code or go to:  
**Dymatize.com**



**Dymatize®**  
**BORN IN THE USA**

Vitamin A 230mcg 25% • Vitamin C 46mg 50%

Vitamin E 3.8mg 25% • Vitamin K 30mcg 25%

Thiamin 0.24mg 20% • Riboflavin 0.26mg 20%

Niacin 3.2mg 20% • Vitamin B6 0.34mg 20%

Folate 80mcg DFE 20% • Vitamin B12 0.48mcg 20%

Biotin 6mcg 20% • Pantothenic Acid 1mg 20%

Phosphorous 600mg 50% • Iodine 23mcg 15%

Magnesium 90mg 20% • Zinc 2.8mg 25%

Selenium 8mcg 15% • Copper 0.14mg 15%

Manganese 0.35mg 15% • Chromium 5.3mcg 15%

Molybdenum 6.8mcg 15%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Distributed by: Premier Nutrition  
Emeryville, CA 94608 USA 888-334-5326

**GLUTEN FREE** **BPA FREE**

### FORMULATED FOR:



**Muscle  
Growth<sup>†</sup>**



**Muscle  
Maintenance<sup>†</sup>**



**Muscle  
Recovery<sup>†</sup>**



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INGREDIENTS: WATER, MILK PROTEIN CONCENTRATE, CALCIUM CASEINATE, CALCIUM CASEINATE, CONTAINS LESS THAN 1% OF SUNFLOWER OIL OR SOYBEAN OIL, NATURAL AND ARTIFICIAL FLAVORS, CELLULOSE GEL AND CELLULOSE GUM, SALT, SUCRALOSE, ACESULFAME POTASSIUM, CARRAGEENAN, TRIPOTASSIUM PHOSPHATE, DIPOOTASSIUM PHOSPHATE, SODIUM HEXAMETAPHOSPHATE, VITAMIN AND MINERAL BLEND (DL-ALPHA-TOCOPHERYL ACETATE [VITAMIN E], ZINC GLYCINATE CHELATE, FERRIC ORTHOPHOSPHATE, VITAMIN A PALMITATE, NICINAMIDE, PHYTANADIONE [VITAMIN K1], POTASSIUM IODIDE, CHOLECALCIFEROL [VITAMIN D3], COPPER GLUCONATE, CALCIUM D-PANTOTHENATE, MANGANESE SULFATE, SODIUM SELENITE, BIOTIN, SODIUM MOLYBDATE, FOLIC ACID, THIAMINE MONONITRATE [VITAMIN B1], CYANOCOBALAMIN [VITAMIN B12], PYRIDOXINE HYDROCHLORIDE [VITAMIN B6], RIBOFLAVIN [VITAMIN B2], CHROMIUM POLYNICOTINATE), MAGNESIUM PHOSPHATE, SODIUM ASCORBATE.  
<sup>†</sup>Source of Protein  
**CONTAINS: MILK AND SOY.**