



PROTEIN **30g** BCAAs **6.1g**

PERFORMANCE
**PROTEIN
SHAKE**



NO MORE MILK
NO MORE COVER
NO MORE SPOILING

**COCOA
PEBBLES**
BRAND

FLAVOR
NATURALLY
& ARTIFICIALLY
FLAVORED



11.5 FL OZ
(340mL)

PRODUCT NOT INTENDED
FOR CHILDREN



**BANNED
SUBSTANCE
TESTED**



DYMATIZE.COM
INSPIRATION • RECIPES • TRAINING TIPS

Nutrition Facts

1 serving per container
Serving size 1 Shake (11.5 fl oz)

Amount per serving
Calories 160

	% Daily Value*
Total Fat 3g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 340mg	15%
Total Carbohydrate 5g	2%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 30g	60%
Vitamin D 6mcg 30%	Calcium 650mg 50%
Iron 2.7mg 15%	Potassium 360mg 8%

RECOMMENDED USAGE:
Shake well and serve cold.
Refrigerate after opening. To
ensure best quality, store in a
cool, dry place.

**NOTICE: THIS PRODUCT IS ONLY
INTENDED FOR ADULTS 18 YEARS OF
AGE OR OLDER.**

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*With a Fitness or Weight Training Regim



For full produc
information, s
code or go to:
Dymatize.com



Dymatize
BORN IN THE USA

Vitamin A 230mcg 25%	Vitamin C 46mg 50%
Vitamin E 3.8mg 25%	Vitamin K 30mcg 25%
Thiamin 0.24mg 20%	Riboflavin 0.26mg 20%
Niacin 3.2mg 20%	Vitamin B6 0.34mg 20%
Folate 80mcg DFE 20%	Vitamin B12 0.48mcg 20%
(47mcg folic acid)	
Biotin 6mcg 20%	Pantothenic Acid 1mg 20%
Phosphorus 600mg 50%	Iodine 23mcg 15%
Magnesium 100mg 25%	Zinc 2.8mg 25%
Selenium 8mcg 15%	Copper 0.23mg 25%
Manganese 0.35mg 15%	Chromium 5.3mcg 15%
Molybdenum 6.8mcg 15%	

*The % Daily Value tells you how much a nutrient in
a serving of food contributes to a daily diet. 2,000
calories a day is used for general nutrition advice.

Distributed by: Premier Nutrition
Emeryville, CA 94608 USA 888-334-5326

GLUTEN FREE | BPA FREE

FORMULATED FOR:



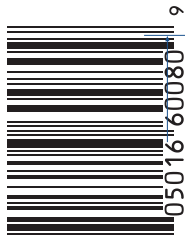
**Muscle
Growth[‡]**



**Muscle
Maintenance[‡]**



**Muscle
Recovery[‡]**



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ME 56, DR 100 DEP

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INGREDIENTS: WATER, MILK PROTEIN CONCENTRATE, CALCIUM CASEINATE, COCOA POWDER (PROCESSED WITH ALKALI), CONTAINS LESS THAN 1% OF
SUNFLOWER OIL OR SOYBEAN OIL, NATURAL AND ARTIFICIAL FLAVORS, CELLULOSE GEL, AND CELLULOSE GUM, SALT, SUCRALOSE, ACESULFAME
POTASSIUM, CARRAGEENAN, TRIPOTASSIUM PHOSPHATE, DIPHOSPHATE, SODIUM HEXAMETAPHOSPHATE, **VITAMIN AND MINERAL BLEND**
(DL-ALPHA-TOCOPHERYL ACETATE [VITAMIN E], ZINC GLYCINATE CHELATE, FERRIC ORTHOPHOSPHATE, VITAMIN A PALMITATE, NIACINAMIDE,
PHYTONADIONE [VITAMIN K1], POTASSIUM IODIDE, CHOLECALCIFEROL [VITAMIN D3], COPPER GLUCONATE, CALCIUM D-PANTOTHENATE, MANGANESE
SULFATE, SODIUM SELENITE, BIOTIN, SODIUM MOLYBDATE, FOLIC ACID, THIAMINE MONONITRATE [VITAMIN B1], CYANOCOBALAMIN [VITAMIN B12],
PYRIDOXINE HYDROCHLORIDE [VITAMIN B6], RIBOFLAVIN [VITAMIN B2], CHROMIUM POLYNICOTINATE, MAGNESIUM PHOSPHATE, SODIUM ASCORBATE.
CONTAINS: MILK AND SOY. † Source of Protein