



Informed Choice® is a quality assurance program that certifies that all nutritional supplements that bear the Informed Choice logo have been regularly tested for banned substances by the world class sports anti-doping lab, LGC.

ULTRA-FAST ABSORBING PERFORMANCE PROTEIN

ISO100® is ideal for those trying to maintain lower body fat, fuel athletic performance, and build lean muscle with a fitness or bodybuilding regimen.

Dymatize, the trusted leader in athletic nutrition for over 25 years, brings you ISO100 Hydrolyzed, 100% Whey Protein Isolate.* Each ultra-fast absorbing and easy digesting serving is scientifically formulated to deliver the protein and amino acids you need for next-level muscle recovery and performance.

ENGINEERED TO CRUSH GOALS:

- Building Muscle¹**
- Muscle Recovery¹**
- Muscle Maintenance**

BEST TIMES TO USE:

- 0-30 mins. Before Training**
- 0-30 mins. After Training**

THE SCIENCE BEHIND THE SCOOP

MULTI-STEP PURIFICATION
ISO100's proteins are filtered to remove excess carbs, cholesterol, fat, sugar, and lactose.

HYDROLYZED = ULTRA-FAST ABSORBING
ISO100's Hydrolyzed Whey Protein Isolate is broken down into smaller protein molecules (peptides).

SUPER EASY MIXING
Mixes completely, even if you use a cup and spoon!

TESTED FOR PURITY & BANNED SUBSTANCE TESTED
Our products are banned substance tested and rigorously tested for quality and purity.

GET IT DYMATIZED



Dymatize®

PROTEIN 25g **BCAAs 5.5g** **LEUCINE 2.6g** **BANNED SUBSTANCE TESTED**

ISO100[®]

HYDROLYZED

PROTEIN POWDER
100% WHEY PROTEIN ISOLATE*
20 SERVINGS



Salted Caramel
naturally and artificially flavored

NET WT 21.5 OZ (1.34 LB) 610 g

Nutrition Facts

About 20 servings per container
Serving size 1 Scoop (30g)

Amount per serving	% Daily Value*
Calories 110	
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 10mg	4%
Sodium 190mg	8%
Total Carbohydrate 2g	<1%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 25g	50%
Vitamin D 0mcg	0%
Calcium 120mg	8%
Iron 0mg	0%
Potassium 0mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: HYDROLYZED WHEY PROTEIN ISOLATE, WHEY PROTEIN ISOLATE, LESS THAN 2% OF: NATURAL AND ARTIFICIAL FLAVOR, SALT, SOY LECITHIN, SUCRALOSE, STEVIOL GLYCOSIDES (STEVIA).

CONTAINS: MILK AND SOY.
MANUFACTURED FOR AND DISTRIBUTED BY: PREMIER NUTRITION EMERYVILLE, CA 94608 USA 888-334-5326

CONTAINS A BIOENGINEERED FOOD INGREDIENT.
STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.
GLUTEN FREE

DIRECTIONS: Formulated for easy mixing. Add one scoop (included) to 5-6 fl. oz. (150-180ml) of water, milk or your favorite beverage and mix thoroughly. Enjoy prior to workouts, within 30 minutes after workout or anytime you desire a high-quality, high-protein drink.



TYPICAL AMINO ACID PROFILE:
25g TOTAL AMINO ACIDS PER SERVING

47% **11.9 g EAAs**
ESSENTIAL AMINO ACIDS
EAAs are necessary for supporting muscle and can only be consumed through diet. Includes BCAAs.

- ISOLEUCINE 1.4 g
- VALINE 1.4 g
- LEUCINE 2.6 g

5.5g BCAAs
BRANCHED CHAIN AMINO ACIDS 2:1:1 RATIO
Importance of Leucine: Leucine is the BCAA that is directly involved in activating Muscle Protein Synthesis.

53% **13.4 g NON-EAAs**
NON-ESSENTIAL AMINO ACIDS
Our bodies produce these amino acids naturally and they are beneficial for supporting muscle. Includes Conditionally Essential Amino Acids (CEAAs).

- GLUTAMINE* 4.4 g

Importance of Glutamine: Supports muscle recovery after strenuous workouts.

For full amino acid profile, scan code or go to: Dymatize.com

*ALL AMINO ACIDS ARE NATURALLY OCCURRING IN PROTEIN. AMOUNTS ARE BASED ON ONE SERVING.
*INCLUDES GLUTAMIC ACID

