Directions: Take 2 veggie capsules daily.

Supplement Facts

Serving Size: 2 veggie caps **Serving Per Container: 30**

	Amount Per Serving	% Daily Value
Vitamin D (as Cholecalciferol) as Vegan VegaDelight®, from Cladonia rangiferina lichen	20mcg (800 IU)	100%†
Proprietary Blend	824.18mg	**
EstroG-100® (a unique blend of extracts of Phlomis umbrosa, Cynanchum wilfordii and Angelica gigas Nakai) (Roots), Rhodiola extract (root) (Rhodiola rosea) standardized for 5.1 mg rosavins, 1.7 mg salidrosides, GABA (Gamma-aminobutyric acid), Black Cohosh root extract Standardized to 1 mg triterpene glycosides, Vitamin K2 (as menaquinone-7 from K2Go™)		

†Percent Daily Values are based on a 2,000-calorie diet
**Daily Value not established

Other Ingredients: Hypromellose (Capsule), Magnesium Stearate, Silicon Dioxide, Microcrystalline Cellulose.

EstroG-100® is a registered trademark of Naturalendo Tech CO., LTD.

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with globally-sourced ingredients