

**Built by Science.
Driven by Obsession.
Elevated Through Innovation.**

If it's on our labels, then it's in our bottles. Get LIT AF® and train with the evolution of focus, power and pumps.*

**Proven Ingredients.
Proven Doses. Clinical Quality.
Real Science. Real Results.**

Distributed by: GNC Holdings, LLC,
Pittsburgh, PA 15222 USA

NOTICE: Significant product settling may occur. Product sold by weight, not volume.

This product contains 300 mg of caffeine.

Gluten Free. Sugar Free.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:

1-888-462-2548

BEYONDRAW.COM

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



BEYOND RAW® LIT AF®

**ADVANCED FORMULA
CLINICAL STRENGTH PRE-WORKOUT**

LEMON ICE

NATURAL & ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT

300mg

CAFFEINE

8g

L-CITRULLINE
MALATE

400mg

PEAK ATP®

1.5g

NITROSIGINE®

20 SERVINGS

NET WT. 15.75 OZ. (446.4 G)

CODE 369710

HZG

DIRECTIONS: As a dietary supplement, mix one scoop in 10 fl. oz. of cold water and consume pre-workout. On non-training days, consume one serving for additional energy and focus.* Consume ample amounts of water while taking this product. Do not take near bedtime.

Supplement Facts

Serving Size One Scoop (22.32 g)/Servings Per Container 20

Amount Per Serving	% Daily Value
Calories	20
Total Carbohydrate.....	5 g..... 2%†
Total Sugars.....	0 g..... *
Includes 0 g Added Sugars.....	0%†
Calcium	180 mg..... 14%†
Sodium.....	40 mg..... 2%†
Potassium.....	200 mg..... 4%†
L-Citrulline Malate 2:1	8 g..... *
Beta-Alanine	3.2 g..... *
BETAPOWER® Betaine Anhydrous.....	2.5 g..... *
Creatine (as Creatine Monohydrate)	2 g..... *
Nitrosigine® (Arginine Silicate Inositol Complex).....	1.5 g..... *
Taurine	1 g..... *
PEAK ATP® (Adenosine 5'-Triphosphate Disodium).....	400 mg..... *
Caffeine Blend	300 mg..... *
Rapid Release as Caffeine Anhydrous (250 mg) Targeted Release as ZumXR® Caffeine (50 mg)	
Alpha-GPC (alpha-Glycerophosphorylcholine).....	150 mg..... *

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Natural & Artificial Flavors, and Less than 2%: Acesulfame Potassium, Acetylated Monoglycerides, Calcium Carbonate, Calcium Silicate, Dicalcium Phosphate, FD&C Yellow #5, Glycerin, Polysorbate 80, Potassium Citrate, Potassium Sorbate, Shellac, Silicon Dioxide, Sucralose, Talc.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, under 18 years of age or have a medical condition. Discontinue use two weeks prior to surgery. For adult use only. Taking this product may cause tingling and flushing sensations. These sensations may be enhanced if taken close to or during exercise. Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov/food.

Betaine Anhydrous as BETAPOWER®. BETAPOWER® is a registered trademark of IFF or its affiliates.

Nitrosigine®, including the Nitrosigine® logo, is a registered trademark of Nutrition 21, LLC.

Nitrosigine® is patent protected.

**FILL
LINE**

Adenosine 5' - Triphosphate Disodium as PEAK ATP®. PEAK ATP® is a registered trademark of TSI USA Inc. and is used under license.

Caffeine as ZumXR®. Powered by ZumXR®. ZumXR® is a trademark of Nano Pharmaceutical Laboratories, LLC.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.