

CODE 370112

BZG

DIRECTIONS: As a meal replacement, mix one serving (one heaping scoop)(48 g) with 8 fl. oz. of cold water. Mix well. Drink two shakes daily while following a healthy weight management program.

Nutrition Facts

16 Servings Per Container

Serving Size

One Heaping Scoop (48g)

Amount Per Serving

Calories

160

% Daily Value*

Total Fat 2g						3%
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Saturated Fat 0.5g						3%
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Trans Fat 0g						
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Cholesterol 5mg						2%
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Sodium 120mg						5%
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Total Carbohydrate 31g						11%
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Dietary Fiber 8g						29%
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Total Sugars 5g						
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Includes 1g Added Sugars						2%
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Protein 9g						18%
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Vitamin D	0mcg	0%	•	Calcium	490mg	40%
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Iron	4mg	20%	•	Potassium	150mg	4%
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Vitamin A	300mcg RAE	35%	•	Vitamin C	30mg	35%
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Vitamin E	3mg	20%	•	Thiamin	0.3mg	25%
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Riboflavin	0.3mg	25%	•	Niacin	4mg	25%
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Vitamin B-6	0.4mg	25%	•	Folate	135mcg DFE (80mcg Folic Acid)	35%
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Vitamin B-12	1.3mcg	50%	•	Biotin	60mcg	200%
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Pantothenic Acid	2mg	40%	•	Phosphorus	190mg	15%
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Iodine	70mcg	45%	•	Magnesium	105mg	25%
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Zinc	3mg	25%	•	Selenium	14mcg	25%
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Copper	0.4mg	45%	•	Manganese	0.4mg	15%
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Chromium	24mcg	70%	•	Molybdenum	15mcg	35%
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*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9	•	Carbohydrate 4	•	Protein 4
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INGREDIENTS: Maltodextrin, Milk Protein Concentrate, Nonfat Dry Milk, Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate, Mono- & Diglycerides, Tocopherols, Tricalcium Phosphate), Oat Bran, Cellulose Powder, Natural & Artificial Flavors, Resistant Corn Starch, Fructooligosaccharides, Calcium Carbonate, Tricalcium Phosphate, Magnesium Oxide, Vitamin & Mineral Blend (Vitamin A Acetate, Sodium Ascorbate, dl-alpha Tocopheryl Acetate, Thiamin Hydrochloride, Riboflavin, Niacinamide, Pyridoxine Hydrochloride, Folic Acid, Cyanocobalamin, Biotin, Calcium D-Pantothenate, Ferric Orthophosphate, Potassium Iodide, Zinc Oxide, Sodium Selenite, Copper Oxide, Manganese Sulfate, Chromium Chloride, Sodium Molybdate, Maltodextrin), Sucralose, Acesulfame Potassium.

CONTAINS: Milk.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient.

NOTICE: Use in conjunction with the Total Lean® meal and exercise plan found on www.totallean.com.

Significant product settling may occur.