

## Nutrition Facts

Serving Size One Scoop (33 g)  
Serves Per Container 12

Amount Per Serving

**Calories 120**

% Daily Value\*

Total Fat 1 g 1%

Saturated Fat 0.5 g 3%

Trans Fat 0 g

Cholesterol 25 mg 8%

Sodium 170 mg 7%

Total Carbohydrate 3 g 1%

Dietary Fiber 1 g 4%

Total Sugars 1 g

Includes 0 g Added Sugars

Protein 25 g 50%

Vitamin D 0 mcg 0%

Calcium 110 mg 8%

Iron 0.7 mg 4%

Potassium 210 mg 4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** Whey Protein Isolate, Whey Protein Concentrate,

Cocoa Powder (Processed with Alkali), Natural Flavors, Salt,

Xanthan Gum, Cellulose Gum, Guar Gum, Sunflower Lecithin,

Sucralose, Silicon Dioxide,

CONTAINS: MILK

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

**NOTICE:** Use this product as a food supplement only. Do not

use for weight reduction.

This product is sold by weight, not volume. Significant product

settling may occur.

No Preservatives, Gluten Free.



◆ Informed Choice products are subject to a rigorous Anti-Doping program that includes protocols for testing & monitoring for over 285 compounds.

# 25G

## TOTAL PROTEIN

Utilizes whey isolate as the leading source of protein for less fat and sugar—paired with superior flavor and mixability—yielding the perfect protein.



**Enjoy 1 to 2 scoops** after weight training, cardio or game time.

**Enjoy 1 scoop** on non-training rest days to help meet your protein needs.

† Naturally occurring amino acids

✓ When used in conjunction with an exercise program.

**FULLY TRANSPARENT DOSING. GLUTEN FREE. NO ARTIFICIAL FLAVORS. NO ADDED COLORS.**

**KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

For More Information:  
1-888-462-2548, GNC.com



**65%** Whey Isolate

**35%** Whey Concentrate