

PERFORMANCE®

PRO

GNC

12 SERVINGS
 NET WT. 14.6 OZ. (412.8 g)
 PROTEIN DRINK MIX
COOKIES & CREAM
 No Artificial Flavors or Colors
 Tastes Great & Mixes Easily!



BANNED SUBSTANCE TESTED*
 25g PROTEIN | 5.7g BCAAs† | 130 CALORIES
 Fast-Absorbing Protein for Muscle Strength and Recovery
PRO QUALITY. PRO RESULTS.

100% WHEY

PRO PERFORMANCE® TRUSTED SINCE 1988

20.0
 0.79in
 25.0
 0.98in

20.0
 0.79in
 25.0
 0.98in

CODE 379973 HZG

DIRECTIONS: Mix one scoop in 6 fl. oz. of cold water or your favorite beverage and blend well. Best enjoyed post-workout and/or throughout the day as an additional source of protein. Get ready to Perform like a Pro.

Nutrition Facts		
Serving Size One Scoop (34.4 g)		
Servings Per Container 12		
Amount Per Serving		
Calories	130	
% Daily Value*		
Total Fat 1.5 g		2%
Saturated Fat 0.5 g		3%
Trans Fat 0 g		
Cholesterol 25 mg		8%
Sodium 210 mg		9%
Total Carbohydrate 4 g		1%
Total Sugars 1 g		
Includes 0 g Added Sugars		0%
Protein 25 g		50%
Vitamin D 0 mcg		0%
Calcium 110 mg		8%
Iron 0.4 mg		2%
Potassium 150 mg		4%

INGREDIENTS: Whey Protein Isolate, Whey Protein Concentrate, Cookie Gems (Buckwheat Flour, Rice Flour, Maltodextrin, Cocoa [Processed with Alkali], Sunflower Oil, Oat Flour, Chocolate Liquor, Salt, Sunflower Lecithin, Sodium Bicarbonate, Steviol Glycosides), Cookie Crumbs (Milk Protein Isolate, Chicory Root Fiber, Palm Oil, Sugar, Alkalized Cocoa Powder, Ground Flax Seed, Sunflower Lecithin and Natural Flavors), Cocoa Powder (Processed with Alkali), Natural Flavor, Salt, Sunflower Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate, Mono & Diglycerides, Tocopherols, Tricalcium Phosphate), Xanthan Gum, Cellulose Gum, Guar Gum, Sunflower Lecithin, Sucralose, Silicon Dioxide.
 CONTAINS: Milk.
 Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA
NOTICE: Use this product as a food supplement only. Do not use for weight reduction.
 This product is sold by weight, not volume. Significant product settling may occur.
 No Artificial Flavors, No Artificial Colors, No Preservatives, Gluten Free.

25G TOTAL PROTEIN

Utilizes whey isolate as the leading source of protein for **less fat** and **sugar**-paired with **whey concentrate** for superior flavor and mixability-yielding the perfect protein.

65% Whey Isolate

35% Whey Concentrate



Enjoy **1 to 2 scoops** after weight training, cardio or game time.

Enjoy **1 scoop** on non-training rest days to help meet your protein needs.

† Naturally occurring amino acids
 ^ When used in conjunction with an exercise program.

FULLY TRANSPARENT DOSING. GLUTEN FREE. NO ARTIFICIAL FLAVORS. NO ADDED COLORS.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information: 1-888-462-2548, GNC.com



* Informed Choice products are subject to a rigorous Anti-Doping program that includes protocols for testing & monitoring for over 285 compounds.

