

THE PROS BEHIND PERFORMANCE
 SINCE 1988 • TRUST • QUALITY • TESTED FOR SPORT

PRO QUALITY

Every scoop of 100% WHEY delivers **25G of gluten-free protein** with **whey isolate** as the leading source for a more refined, high-quality protein that digests easily. Trusted by athletes around the world, our formula undergoes rigorous **third-party testing** for purity and potency.*

PRO RESULTS

100% WHEY is a **complete protein** designed for optimal absorption of amino acids, including muscle-activating BCAAs to support muscle protein synthesis for **lean muscle mass** and **recovery**.^

FOR PRO-LEVEL RESULTS, enjoy with GNC PRO PERFORMANCE® CREATINE and PRE-WORKOUT.

25G PROTEIN
 Muscle Strength & Recovery^

COMPLETE PROTEIN
 All 20 Amino Acids for Building Muscle^

BEST-IN-CLASS
 Formulated for Flavor, Efficacy & Versatility

FULLY TRANSPARENT DOSING. GLUTEN FREE. NO ARTIFICIAL FLAVORS. NO ADDED COLORS.

KEEP OUT OF REACH OF CHILDREN.
 Store in a cool, dry place.

For More Information:
 1-888-462-2548 • GNC.com



* Informed Choice products are subject to a rigorous Anti-Doping program that includes protocols for testing & monitoring for over 285 compounds.
 ^ When used in conjunction with an exercise program.



GNC PRO PERFORMANCE® TRUSTED SINCE 1988

ORANGE
100% WHEY

PRO QUALITY. PRO RESULTS.
 Fast-Absorbing Protein for Muscle Strength and Recovery^

BANNED SUBSTANCE TESTED | **25G PROTEIN** | **5.7G BCAAs†** | **130 CALORIES**

COOKIES & CREAM

No Artificial Flavors or Colors

64 SERVINGS | **PROTEIN DRINK MIX**
NET WT. 4.9 LB. (2201 G)



Tastes Great & Mixes Easily!

PERFORMANCE®

CODE 319975 HZU
 DIRECTIONS: Mix one scoop in 6 fl. oz. of cold water or your favorite beverage and blend well. Best enjoyed post-workout and/or throughout the day as an additional source of protein. Get ready to Perform like a Pro.

Nutrition Facts

Serving Size One Scoop (34.4 g)
 Servings Per Container 64

Amount Per Serving
Calories 130
 % Daily Value*

Total Fat	1.5 g	2%
Saturated Fat	0.5 g	3%
Trans Fat	0 g	
Cholesterol	25 mg	8%
Sodium	210 mg	9%
Total Carbohydrate	4 g	1%
Total Sugars	1 g	
Includes 0 g Added Sugars		0%
Protein	25 g	50%
Vitamin D	0 mcg	0%
Calcium	110 mg	8%
Iron	0.4 mg	2%
Potassium	150 mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Whey Protein Isolate, Whey Protein Concentrate, Cookie Gems (Buckwheat Flour, Rice Flour, Maltodextrin, Cocoa [Processed with Alkali], Sunflower Oil, Oat Flour, Chocolate Liquor, Salt, Sunflower Lecithin, Sodium Bicarbonate, Steviol Glycosides), Cookie Crumbs (Milk Protein Isolate, Chicory Root Fiber, Palm Oil, Sugar, Alkalinized Cocoa Powder, Ground Flax Seed, Sunflower Lecithin and Natural Flavors), Cocoa Powder (Processed with Alkali), Natural Flavor, Salt, Sunflower Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate, Mono & Diglycerides, Tocopherols, Tricalcium Phosphate), Xanthan Gum, Cellulose Gum, Guar Gum, Sunflower Lecithin, Sucralose, Silicon Dioxide.
CONTAINS: Milk.
 Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

25G
TOTAL PROTEIN

65%
 Whey Isolate

35%
 Whey Concentrate

Utilizes **whey isolate** as the leading source of protein for **less fat** and **sugar**—paired with **whey concentrate** for superior flavor and mixability—yielding the perfect protein.



Enjoy **1 to 2 scoops** after weight training, cardio or game time.

Enjoy **1 scoop** on non-training rest days to help meet your protein needs.

† Naturally occurring amino acids

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.
 This product is sold by weight, not volume. Significant product settling may occur.
 No Artificial Flavors, No Artificial Colors, No Preservatives, Gluten Free.

