

DIRECTIONS: Mix one scoop in 6 fl. oz. of cold water or your favorite beverage and blend well. Best enjoyed post-workout and/or throughout the day as an additional source of protein. Get ready to Perform like a Pro.

Nutrition Facts

Serving Size About One Scoop (30.03 g)

Servings Per Container 12

Amount Per Serving

Calories **110**

% Daily Value*

Total Fat 1 g 1%

Saturated Fat 0.5 g 3%

Trans Fat 0 g

Cholesterol 25 mg 8%

Sodium 75 mg 3%

Total Carbohydrate 1 g 1%

Total Sugars 1 g

Includes 0 g Added Sugars 0%

Protein 25 g 50%

Vitamin D 0 mcg 0%

Calcium 110 mg 8%

Iron 0 mg 0%

Potassium 150 mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Whey Protein Isolate, Whey Protein Concentrate, Silicon Dioxide.

CONTAINS: Milk.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

This product is sold by weight, not volume. Significant product settling may occur.

No Artificial Colors, No Artificial Flavors, No Preservatives, Gluten Free.



KOSHER



GLUTEN FREE

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:

1-877-462-4700, GNC.com

Informed Choice products are subject to a rigorous Anti-Doping program that includes protocols for testing & monitoring for over 285 compounds.

25G

TOTAL PROTEIN

Utilizes **whey isolate** as the leading source of protein for **less fat** and **sugar**—paired with **whey concentrate** for superior flavor and mixability—yielding the perfect protein.

65%
Whey
Isolate

35%
Whey
Concentrate



Enjoy **1 to 2 scoops** after weight training, cardio, or game time.

Enjoy **1 scoop** on non-training rest days to help meet your protein needs.

† Naturally occurring amino acids

^ When used in conjunction with an exercise program.

FOR PRO-LEVEL RESULTS,

enjoy with GNC PRO PERFORMANCE®
CREATINE and PRE-WORKOUT.

**FULLY TRANSPARENT DOSING. GLUTEN FREE.
NO ARTIFICIAL FLAVORS. NO ADDED COLORS.**

