

ENERGY IN MINUTES^{▲1}



RIP IT



POUR IT



ENJOY
THE EFF'N™
RIDE

EFF'N™ ENERGY!

BIOACTIVE EFFERVESCENT
BEAD TECHNOLOGY

One-of-a-Kind Energy & Sensory Experience^{▲1}

Enhances Focus & Cognition^{▲1}

BLUE RAZZ FIZZ
Natural & Artificial Flavors

20 - 0.30 OZ. (9 G) SACHETS

NET WT. 6.00 OZ. (170 G)

DIETARY SUPPLEMENT

DIRECTIONS: Take 1 serving (1 sachet) daily, 30-60 minutes before your workout. Pour the beadlets into 8 oz. of water and wait until they dissolve completely, or rip open the sachet and tip the beadlets directly into your mouth in small portions, consuming the entire sachet. Let the beadlets completely dissolve in your mouth before swallowing. Do not exceed 1 serving (1 sachet) in a 24-hour period. Maintain an adequate state of hydration during use. Read the entire label before use and follow directions provided.

Supplement Facts

Serving Size: 1 Sachet (9 g)
Servings Per Carton: 20

Amount Per Serving	% Daily Value
Calories	5
Total Carbohydrate	2 g 1%*
Vitamin B6 (as pyridoxine hydrochloride)	1.7 mg 100%
Choline (as alpha-glycerol phosphoryl choline)	40 mg 7%
Sodium	370 mg 16%
Taurine	2 g †
N-acetyl-L-tyrosine	500 mg †
Caffeine (as caffeine anhydrous)	225 mg †
GeniusPure® alpha-glycerol phosphoryl choline (A-GPC)	200 mg †
Yohimbe extract (as <i>Pausinystalia yohimbe</i>) (bark)	10 mg †
Standardized for 6% yohimbine	

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Isomalt, Citric Acid, Sodium Bicarbonate, Malic Acid, Natural and Artificial Flavors, Tartaric Acid, L-Leucine, Polyethylene Glycol, Silicon Dioxide, Sodium Citrate, Sucralose, Rebbaudioside D (from Stevia Leaf Extract), Spirulina Extract (Color). **Processed in a facility that processes crustacean shellfish, fish, soy and milk ingredients.**

Distributed by Iovate Health Sciences U.S.A. Inc.
1100 North Market Street, 4th Floor, Wilmington,
DE 19890. Made in China from domestic and
international ingredients. © 2025. For lot no.
and expiry date: see carton.

WELCOME TO THE EFF'N™ FUTURE

Quick-dissolve FZZR™ technology delivers fast results, whether you're mixing it in water or pouring it straight into your mouth. For ultimate versatility with unique effervescent flavors, EFF'N™ fuels your drive to do more, be more, and crush every goal.

*¹ EFF'N™ ENERGY! contains caffeine anhydrous to deliver energy and focus in minutes, and enhance cognition, as measured in multiple studies via increased alertness, improved vigilance and faster reaction time.**

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

WARNING: For adult use only. Do not use if pregnant or nursing. Consult a medical doctor if you have a medical condition or before starting any diet or exercise program. One serving of this product contains up to as much caffeine as 2.5 cups of coffee. Caffeine-sensitive individuals may experience symptoms including (but not limited to) restlessness, nervousness, tremors, anxiety, increased heart rate and/or blood pressure or difficulty sleeping. Do not combine with other sources of caffeine or stimulants. **KEEP OUT OF REACH OF CHILDREN.**

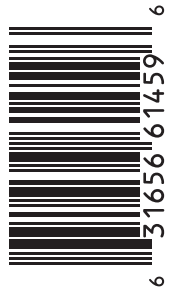
Do not use if packaging has been tampered with. Store in a cool, dry place (60°F to 80°F). Contains bioengineered food ingredients.

GeniusPure® is a registered trademark of NNB Nutrition.

FZZR is a registered trademark of TSI Group Co., Ltd.

EFFNsupps.com

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Batch # & Exp Date
25x7mm