

BURNS **3X** THE CALORIES<sup>†</sup>



# EFF'N CUT!

BIOACTIVE EFFERVESCENT  
BEAD TECHNOLOGY

Ignite Your Body's Metabolism for  
Powerful Calorie Cutting<sup>†</sup>

Extreme Energy & Intense Focus<sup>‡</sup>

**MANGO ICED TEA FIZZ**

Natural & Artificial Flavors

**20 - 0.19 OZ. (6 G) SACHETS**

**NET WT. 3.88 OZ. (110 G)**

**DIETARY SUPPLEMENT**

RIP IT



POUR IT



ENJOY  
THE EFF'N™  
RIDE

**DIRECTIONS:** Take 1 serving (1 sachet) daily in the fasted state. Pour the beadlets into 8 oz. of water, stir gently and wait until they dissolve completely before re-applying your cap or lid. Do not exceed 1 serving (1 sachet) in a 24-hour period. Maintain an adequate state of hydration during use. Read the entire label before use and follow directions provided.

## Supplement Facts

Serving Size: 1 Sachet (6 g)  
Servings Per Carton: 20

Amount Per Serving	% Daily Value
Calories	5
Total Carbohydrate	2 g 1%*
Chromium (as chromium picolinate)	200 mcg 571%
Sodium	250 mg 11%
TheoLim® (lime peel extract [as Citrus aurantifolia] and cocoa seed extract [as Theobroma cacao])	450 mg †
N-acetyl-L-tyrosine	250 mg †
Caffeine (as caffeine anhydrous)	200 mg †
Chromax® chromium picolinate	1.6 mg †

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

**Other Ingredients:** Isomalt, Citric Acid, Sodium Bicarbonate, Malic Acid, Natural and Artificial Flavors, L-Leucine, Sucralose, Polyethylene Glycol, Silicon Dioxide, Rebaudioside D (from Stevia Leaf Extract). **Processed in a facility that processes crustacean shellfish, fish, soy and milk ingredients.**

Distributed by Iovate Health Sciences U.S.A. Inc.  
1100 North Market Street, 4th Floor, Wilmington,  
DE 19890. Made in China from domestic and  
international ingredients. © 2025. For lot no.  
and expiry date: see carton.

## WELCOME TO THE EFF'N™ FUTURE

Quick-dissolve FZZR™ technology delivers fast results when you need them most. For ultimate on-the-go versatility with unique effervescent flavors, FZZR™ fuels your drive to do more, be more, and crush every goal.

<sup>1</sup> In a clinical study, test subjects who consumed one dose of a key ingredient in EFF'N™ CUT! burned 3.2x the calories after 180 minutes, compared to when using a placebo (0.26 kcal/min vs. 0.08 kcal/min). In a separate study, test subjects who consumed the same ingredient at weeks 0, 8 and 16 burned 15x (0.18 kcal/min vs. 0.012 kcal/min), 11x (0.16 kcal/min vs. 0.015 kcal/min) and 7x (0.22 kcal/min vs. 0.03 kcal/min) the calories after 180 minutes compared to when using a placebo.\*

<sup>2</sup> EFF'N™ CUT! contains caffeine anhydrous to enhance alertness, helping you feel energized and improve focus. In short-term studies, research shows that caffeine can help temporarily promote increased energy expenditure (calorie burning).\*

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

**WARNING:** For adult use only. Do not use if pregnant or nursing. Consult a medical doctor if you have a medical condition or before starting any diet or exercise program. One serving of this product contains up to as much caffeine as 2 cups of coffee. Caffeine-sensitive individuals may experience symptoms including but not limited to restlessness, nervousness, tremors, anxiety, increased heart rate and/or blood pressure or difficulty sleeping. Do not combine with other sources of caffeine. **KEEP OUT OF REACH OF CHILDREN.**

Do not use if packaging has been tampered with. Store in a cool, dry place (60°F to 80°F). Contains bioengineered food ingredients.

**THEOLIM™** TheoLim® is a registered trademark of Laila Nutraceuticals - Apex CPG LLC. US Patent #11,801,277.

**Chromax™** Chromax® is a registered trademark of Nutrition21.

**FZZR™** FZZR is a registered trademark of TSI Group Co., Ltd.

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Batch # & Exp Date  
25x7mm