

PEPTIDES FOR POWER & RECOVERY[▲]

Peptide 144 is composed of PeptiStrong™: a patent-protected bioactive peptide discovered utilizing artificial intelligence and validated through human clinical research. Each serving also contains myHMB®, a patented form of HMB.

¹In a 17-day study, test subjects taking PeptiStrong™ increased power output by 144% 72 hours post-exercise from baseline compared to the placebo group's decline (8.04 Nm/kg vs. -5.6 Nm/kg).[▲]

²In an 8-week study, subjects who consumed PeptiStrong™ with an exercise program experienced 100% more muscle endurance (4 reps vs. 2 reps) and 19% more strength compared to subjects using a placebo (32 lbs. vs. 27 lbs.) on leg extensions.[▲]

³In one 3-week study, young healthy men aged 19-29 who consumed 1.5 g of HMB per day in combination with 1.5 hours of weightlifting 3 days per week and a protein-rich diet (1.4 g/kg/d), significantly reduced exercise-induced rises in urinary 3-methylhistidine levels (a marker of muscle protein breakdown) during the first 2 weeks of the study compared to control.[▲]



[▲]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

2X

More Muscle Endurance^{▲,2}

19%

More Muscle Strength^{▲,2}

Improve Power Output^{▲,1}

Decreased Markers of Muscle Damage^{▲,3}



RECOVERY PEPTIDE [144]

IMPROVE POWER & FASTER RECOVERY[▲]

UNFLAVORED NATURAL FLAVORS**
DIETARY SUPPLEMENT

144%
INCREASE IN STRENGTH RECOVERY^{▲,1}

2,400 MG PeptiStrong^{®‡}
1,500 MG myHMB[‡]
‡Per Serving

30 SERVINGS

NET WT. 5.97 OZ. (169 G)

Supplement Facts

Serving Size: 1 Scoop (6 g)
Servings Per Container: Approx. 30

Amount Per Serving		% Daily Value
Calories	10	
Total Carbohydrate	2 g	1%*
Protein	1 g	1%*
Vitamin D (as cholecalciferol)	12.5 mcg	63%
Calcium	200 mg	15%
PeptiStrong™ hydrolyzed fava bean (<i>Vicia faba</i>) protein	2.4 g	†
myHMB® calcium beta-hydroxy-beta-methylbutyrate monohydrate	1.5 g	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Natural Flavor, Silicon Dioxide, Citric Acid, Rebaudioside A (from Stevia Leaf Extract).
Processed in a facility that processes milk, soy, eggs, peanuts, wheat, tree nuts, fish, crustacean shellfish and sesame ingredients.

**Natural flavors used to reduce bitterness and impart no characterizing flavor

myHMB is a registered trademark of TSI Group Co., Ltd. Pat. Nos. 8,815,280; 9,539,224 and 9,707,241

PeptiStrong is a registered trademark of Nuritas, Ltd.

DIRECTIONS: Mix 1 serving (1 scoop) with 6 oz. of water, juice or your favorite beverage and consume once daily. For added convenience, it can also be mixed into your protein shake. Read the entire label before use and follow directions provided.

WARNING: Not intended for use by persons under 18. Do not use if pregnant or nursing. Consult a medical doctor if you have a medical condition or before starting any diet or exercise program. **KEEP OUT OF REACH OF CHILDREN.**

Do not use if packaging has been tampered with. Store in a cool, dry place (60°F to 80°F). Contains bioengineered food ingredients.

Distributed by Iovate Health Sciences U.S.A. Inc. 1100 North Market Street, 4th Floor, Wilmington, DE 19890. Made in the U.S.A. from domestic and international ingredients. © 2025. For lot no. and expiry date: see bottle.



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