

PRO PERFORMANCE® RESULTS

Numbers matter when you want to increase mass and muscle. This scientifically formulated gainer contains 1,340 nutrient-dense calories and 50 grams of high-quality protein to help you increase size and overall body strength. ^{^*} Bulk 1340 also provides 10 grams of glutamine, an important amino acid for maintaining positive immune response and muscle function to support your wellness goals. ^{^*}

Branched Chain Amino Acids may help reduce muscle protein breakdown. This formula includes 11 grams of BCAA for muscle recovery and growth, and creatine to help your muscles produce energy for exercise. ^{^*}

PRO PERFORMANCE® QUALITY

Bulk 1340 is banned substance tested. It tastes great and mixes easily with a simple shake or blend. Fast-absorbing to conveniently support maximum wellness. ^{^*}

[^]When used in conjunction with an exercise program.

WAYS TO ENJOY YOUR BULK 1340

1

Combine with cold water, milk or your favorite beverage in a shaker cup



2

Make a delicious smoothie, adding fruits, juices, peanut butter or yogurt





[^]Product was tested for over 285 banned substances on the 2024 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307.

CODE 414778
 DIRECTIONS: As a dietary supplement, mix six scoops (360 g) with 24 fl. oz. of cold water or milk. Consume 1-2 servings per day.
 FZG

Supplement Facts		Amount Per Serving	
6 Scoops (360 g) in 2% Milk		9 Scoops (360 g) in Water	
% Daily Value		% Daily Value	
Calories	1710	1340	49%
Total Fat	18 g	3.5 g	7%
Saturated Fat	11 g	2 g	4%
Cholesterol	125 mg	65 mg	13%
Total Carbohydrate	312 g	277 g	101%
Dietary Fiber	2 g	2 g	7%
Total Sugars	46 g	11 g	23%
Protein	74 g	50 g	100%
Vitamin A	1708 mcg RAE	1500 mcg RAE	167%
Vitamin C	60 mg	60 mg	67%
Vitamin D	13.9 mcg	5 mcg	25%
Vitamin E	20.1 mg	20.1 mg	134%
Thiamin	5.1 mg	4.8 mg	400%
Riboflavin	5.3 mg	4 mg	308%
Niacin	50.6 mg	50 mg	313%
Vitamin B-6	5.3 mg	5 mg	294%
Folate	725 mcg DFE	667 mcg DFE	167%
Vitamin B-12	13.5 mcg	10 mcg	417%
Biotin	300 mcg	300 mcg	1000%
Pantothenic Acid	27.5 mg	25 mg	500%
Calcium	1605 mg	730 mg	56%
Iron	9 mg	9 mg	50%
Phosphorus	1360 mg	690 mg	55%
Iodine	150 mcg	150 mcg	100%
Magnesium	300 mg	220 mg	52%
Zinc	18.5 mg	15 mg	136%
Selenium	88 mcg	70 mcg	127%
Copper	1.5 mg	1.5 mg	167%
Manganese	2.6 mg	2.5 mg	109%
Chromium	200 mcg	200 mcg	571%
Molybdenum	75 mcg	75 mcg	167%
Sodium	650 mg	330 mg	14%
Potassium	2240 mg	1210 mg	26%
Anabolic Amino Maximizer	36 g	24 g	67%
Glutamine & Glutamic Acid (as Whey Protein Concentrate, Calcium Caseinate, Cocoa, Whey Protein Isolate, Milk Protein Isolate, Egg Albumen)	15 g	10 g	67%
Leucine (as Whey Protein Concentrate, Calcium Caseinate, Cocoa, Whey Protein Isolate, Milk Protein Isolate, Egg Albumen)	8.5 g	6 g	76%
Isolucine (as Whey Protein Concentrate, Calcium Caseinate, Cocoa, Whey Protein Isolate, Milk Protein Isolate, Egg Albumen)	4 g	2.5 g	63%
Valine (as Whey Protein Concentrate, Calcium Caseinate, Cocoa, Whey Protein Isolate, Milk Protein Isolate, Egg Albumen)	4 g	2.5 g	63%
Tyrosine (as Whey Protein Concentrate, Calcium Caseinate, Cocoa, Whey Protein Isolate, L-Tyrosine, Egg Albumen)	3 g	2 g	67%
Arginine (as Whey Protein Concentrate, Calcium Caseinate, Cocoa, Whey Protein Isolate, Egg Albumen)	1.5 g	1 g	67%
Energyizing ATP Complex	1,615 g	1,505 g	93%
Creatine Monohydrate	1 g	1 g	100%
Choline (as Choline Bitartrate)	360 mg	250 mg	69%
Inositol	250 mg	250 mg	100%
PABA (as Para-Aminobenzoic Acid)	5 mg	5 mg	100%

OTHER INGREDIENTS: Maltodextrin, Protein Blend (Whey Protein Concentrate, Calcium Caseinate, Whey Protein Isolate, Milk Protein Isolate, Egg Albumen), Cocoa (Processed with Alkali), Natural and Artificial Flavors, Vitamin and Mineral Blend (Calcium Phosphate, Potassium Phosphate, Magnesium Aspartate, Ascorbic Acid, Nicotinamide, d-alpha Tocopheryl Acetate, Biotin, Zinc Citrate, d-Calcium Pantothenate, Natural beta-Carotene, L-Selenomethionine, Ferrous Fumarate, Chromium Amino Acid Chelate, Manganese Sulfate, Thiamin Mononitrate, Pyridoxine HCl, Folic Acid, Molybdenum Amino Acid Chelate, Riboflavin, Potassium Iodide, Cholecalciferol, Copper Oxide, Cyanocobalamin), Guar Gum, Magnesium Bisglycinate Chelate, Sucralose, Acesulfame Potassium.

CONTAINS: Egg, Milk and Soybeans.

Manufactured on equipment that processes products containing soybeans (lecithin), milk, peanut flavor, wheat, shellfish, tree nuts, fish oil and eggs.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient.

WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, under 18 years of age or have a medical condition. Discontinue use two weeks prior to surgery. Niacin may cause a temporary flushing reaction. Inform your physician of this product's biotin content before any lab test.

NOTICE: Significant product settling may occur.

Gluten Free.

[^] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

