

THE PROS BEHIND PERFORMANCE
SINCE 1988 • TRUST • QUALITY • TESTED FOR SPORT

PRO QUALITY

Every serving of BULK 1340 delivers nutrient-dense calories packed with high-quality protein, carbohydrates, and creatine monohydrate in a delicious, muscle and strength-building formula. Our formula undergoes rigorous third-party testing for protein content (Informed Protein Certified) and absence of banned substances (Informed Choice Certified).

PRO RESULTS

BULK 1340 is a complete gainer, designed to increase gains in muscle size, recovery, energy, and strength with essential amino acids, branched-chain amino acids, vitamins, minerals, protein, and creatine.

^ When used in conjunction with an exercise program.

COMPLETE GAINER

1340
CALORIES FROM:
✓ 50g Protein
✓ 276g Carbs
✓ 5g Fat

ENHANCED RECOVERY*

9 ESSENTIAL AMINOS*
INCLUDING 11g BCAAS, PLUS:
✓ 25 Vitamins & Minerals
✓ 3g Creatine Monohydrate

BEST-IN-CLASS
Formulated for Flavor,
Efficacy & Versatility

SHAKE BLEND
ENJOY 6 SCOOPS after weight training, cardio, or game time.
ENJOY 3 SCOOPS twice on non-training days to increase calorie-intake and fuel muscles.

For More Pro Tips, Visit GNC.com/ProPerformance

FULLY TRANSPARENT DOSING. NO ADDED COLORS.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.
For More Information: 1-877-462-4700, GNC.com

Informed Choice products are subject to a rigorous Anti-Doping program that includes protocols for testing & monitoring for over 285 compounds.

CODE 414889
DIRECTIONS: As a dietary supplement, mix six scoops with 24 fl. oz. of cold water or your favorite beverage. Get ready to Perform like a Pro.

Supplement Facts
Serving Size About Six Scoops (361 g)
Servings Per Container 9
Amount Per Serving % Daily Value
Calories 1340
Total Fat 5 g 6%
Saturated Fat 2.5 g 13%†
Cholesterol 105 mg 35%†
Total Carbohydrate 276 g 100%†
Dietary Fiber 1 g 4%†
Total Sugars 16 g *
Includes 14 g Added Sugars 28%†
Protein 50 g 100%†
Vitamin A (as Retinyl Acetate) 280 mcg 31%
Vitamin C (as Ascorbic Acid) 45 mg 50%
Vitamin D (as Cholecalciferol) 5 mcg (200 IU) 25%
Vitamin E (as d-alpha Tocopheryl Acetate) 10 mg 67%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate) 1 mg 83%
Riboflavin (Vitamin B-2) 1 mg 77%
Niacin (as Niacinamide) 18 mg 113%
Vitamin B-6 (as Pyridoxine HCl) 1 mg 59%
Folate 120 mcg DFE (70 mcg Folic Acid) 30%
Vitamin B-12 (as Cyanocobalamin) 2 mcg 83%
Biotin 15 mcg 50%
Pantothenic Acid (as Calcium d-Pantothenate) 3 mg 60%
Calcium 260 mg 20%
Iron (as Ferrous Fumarate) 13 mg 72%
Phosphorus 180 mg 14%
Iodine (as Potassium Iodide) 285 mcg 190%
Magnesium (as Magnesium Oxide) 245 mg 58%
Zinc (as Zinc Citrate) 10 mg 91%
Selenium (as L-Selenomethionine) 40 mcg 73%
Copper (as Copper Oxide) 1 mg 111%
Manganese (as Manganese Sulfate) 2 mg 87%
Chromium (as Chromium Nicotinate Glycinate) 35 mcg 100%
Molybdenum (as Molybdenum Glycinate) 20 mcg 44%
Sodium 590 mg 26%
Potassium 290 mg 6%
L-Leucine (from Whey Protein Concentrate, Milk Protein Isolate, Whey Protein Isolate, L-Leucine) 6 g *
Creatine Monohydrate 3 g *
† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

OTHER INGREDIENTS: Maltodextrin, Whey Protein Concentrate, Milk Protein Isolate, Whey Protein Isolate, Chocolate Cookie Pieces (Rice Flour, Sugar, Tapioca Starch, Palm Oil, Cocoa Processed with Alkali, Corn Starch, Salt, Natural Flavor, Sodium Bicarbonate), Cane Sugar, Cocoa Powder, Natural Flavors, Salt, Sucralose, Sunflower Lecithin, Gum Blend (Guar Gum, Gum Acacia, Xanthan Gum).
CONTAINS: Milk.
Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA
WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov
Consult your physician prior to using this product if you are pregnant, nursing, taking medication, under 18 years of age, or have a medical condition. Discontinue use two weeks prior to surgery.
NOTICE: Significant product settling may occur. Product is sold by weight, not volume.
No Artificial Colors, No Artificial Flavors, Gluten Free.
*Naturally occurring amino acids

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

