

# Complete Synbiotic

**4-in-1 Digestive Support Powder\***

Prebiotics + Probiotics + Postbiotics + Glutamine

Unflavored



**Fuel a Healthy Microbiome\***



**Physician Endorsed Probiotics**



**DIETARY SUPPLEMENT**  
**NET WT. 6.35 OZ. (180 G)**

**30 PACKETS - 30 SERVINGS**

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



**Supplement Facts**  
Serving Size One Packet (6 g)  
Servings Per Container 30

Amount Per Serving	% Daily Value
10	
Total Carbohydrate	1%†
4 g	
Dietary Fiber	3 g 11%
<b>Prebiotic Blend</b>	<b>3 g</b>
Inulin (from Chicory ( <i>Cichorium intybus</i> ) Root Extract)	1 g
Fructooligosaccharides (FOS) (from Chicory ( <i>Cichorium intybus</i> ) Root Extract)	1 g
Partially Hydrolyzed Guar Gum (as Sunfiber®)	1 g
<b>LAB4 Probiotics</b>	<b>107.7 mg (25 Billion CFUs)</b>
<i>Lactobacillus acidophilus</i> (CUL 60)	
<i>Lactobacillus acidophilus</i> (CUL 21)	
<i>Bifidobacterium animalis subsp. lactis</i> (CUL 34)	
<i>Bifidobacterium bifidum</i> (CUL 20)	
<b>Postbiotic Blend</b>	<b>100 mg</b>
Heat-Killed <i>Lactobacilli</i>	50 mg
<i>(Acidophilus, plantarum, rhamnosus)</i>	
<b>Lactic Acid Bacteria Superblend</b>	<b>50 mg</b>

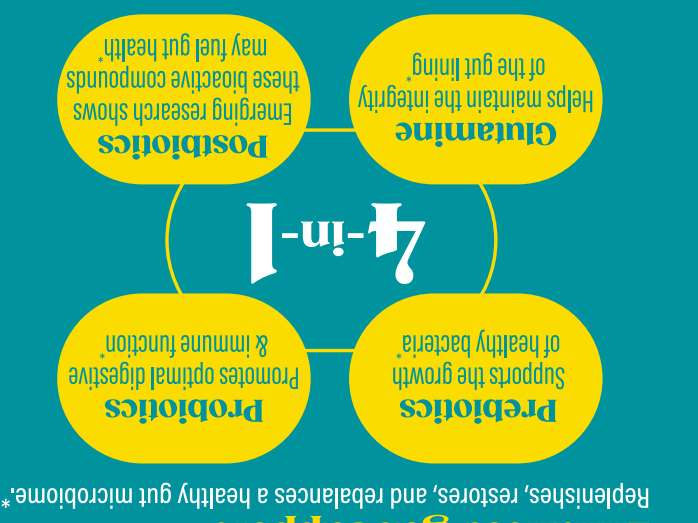
\* Daily Value not established.  
† Percent Daily Values are based on a 2,000 calorie diet.

**OTHER INGREDIENTS:** Maltodextrin.  
Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA.  
Made in the UK.  
**WARNING:** Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery.  
**KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.**  
For More Information: 1-888-462-2548, GNC.com  
**No Artificial Colors, Gluten Free, No Soy, No Lactose, Vegetarian.**  
Sunfiber® is a registered trademark of Taiyo International, Inc.  
Use of Sunfiber® is protected by U.S. Trademark Registration No. 2,930,937.  
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Lot No. / Best By:

Gluten Free  
Soy Free  
Lactose Free  
No Artificial Colors  
Vegetarian

**Good gut Guarantee**  
Tested to ensure the cultures in each dose are live and active when used by the expiration date - without the need for refrigeration.



**Following Our Gut Since 1935**  
In 1935, GNC's founder started selling probiotic-rich yogurt, recognizing the importance of gut health. Today, we carry forward this legacy with GNC Gut Health, featuring clinically studied, gut-nourishing ingredients to support your overall wellness.\*