

NATURALLY & ARTIFICIALLY FLAVORED

PINK LEMONADE

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C4 ULTIMATE SHRED

#1 GLOBAL PRE-WORKOUT BRAND^Δ
NEW 5TH GENERATION

SUGGESTED USE

Take one serving (approx. 1 scoop) of C4 Ultimate® Shred with 12 fl. oz. of water and consume 20-30 minutes before training. ^ΔStudies have shown benefits of CarnoSyn® Beta-Alanine to be correlated with cumulative use. Some individuals may experience a harmless tingling sensation, which is attributable to Beta-Alanine.

WARNING

THIS PRODUCT IS ONLY INTENDED FOR HEALTHY ADULTS, 18 YEARS OF AGE OR OLDER. Do not use if pregnant or nursing. Do not take this product before first consulting a licensed, qualified, health care professional if you are taking any other dietary supplement, prescription drug, or over-the-counter medication; or if you suspect you have or have been treated for, diagnosed with, or have a family history of any medical condition. This product contains caffeine and should not be used by individuals wishing to eliminate caffeine from their diet or in combination with caffeine or stimulants from other sources. Discontinue use 2 weeks prior to surgery. Immediately discontinue use and contact a medical doctor if you experience any adverse reaction to this product. Do not use if the safety seal is broken or missing. Store in a cool, dry place. KEEP OUT OF REACH OF CHILDREN.

C4
ULTIMATE SHRED

C4 ULTIMATE® SHRED POWERS YOUR MOST STRENUOUS MOMENTS OF PHYSICAL PERFORMANCE & SUPPORTS FAT-BURNING.*

300mg CAFFEINE

3.2g CARNOSYN® BETA-ALANINE

200mg PEPTIPUMP®

250mg MITO BURN®

100mg OLIGONOL®

40mg CALORIBURN®

20mg CAYENNE EXTRACT

CELLUCOR

SUPPLEMENT FACTS

Serving Size: 20.3g (Approx. 1 level scoop)
Servings Per Container: 20

	Amount Per Serving	% DV
Calories	10	
Total Carbohydrate	1g	<1%**
Total Sugars	0g	
Includes 0g Added Sugars		0%**
Vitamin B6 (as Pyridoxal-5-Phosphate)	3.4mg	200%
Folate (as 6S-5-Methyltetrahydrofolate calcium salt)	100mcg DFE	25%
Vitamin B12 (as Methylcobalamin)	6mcg	250%
Calcium	80mg	6%
Phosphorus (as Dipotassium Phosphate)	75mg	6%
Magnesium (as Magnesium Citrate)	20mg	5%
Chloride (from Sea Salt)	340mg	15%
Sodium (from Sea Salt)	225mg	10%
Potassium (as Dipotassium Phosphate)	190mg	4%
Endurance & Performance Complex	10.65g	†
CarnoSyn® Beta-Alanine	3.2g	
Velox® Patented Performance Blend		
L-Citrulline	3g	
L-Arginine	3g	
BetaPower® Betaine Anhydrous	1.25g	
PeptiPump® Bioactive Lentil Peptides	200mg	
Ultimate Energy, Focus & Stimulant Matrix	1.366g	†
L-Tyrosine	1g	
Caffeine Anhydrous	300mg	
Dynamine™ (as Methylxanthine)	50mg	
TeaCrine® (as Theacrine)	10mg	
Toothed Oldman's (Huperzia serrata) aerial parts extract (std. 1% Huperzine A)	5mg	
Rauwolfia vomitoria root bark extract	1mg	
Enhanced Fat Burning Matrix	410g	†
MitoBurn® Beta-Aminoisobutyric Acid (BAIBA)	250mg	
Oligonol® Lychee fruit extract and Green Tea leaf extract	100mg	
CaloriBurn® Grains of Paradise (Altramomum melegueta) seed extract	40mg	
Cayenne (Capsicum annuum) fruit extract (std. 5% Capsaicinoids)	20mg	

**Percent Daily Values (DV) based on a 2,000-calorie diet.
†Daily Value not established.

CONTAINS: TREE NUTS (LYCHEE NUT)

Other Ingredients: Citric Acid, Natural & Artificial Flavors, Malic Acid, Calcium Silicate, Silicon Dioxide, Acesulfame Potassium, Sucralose, Vegetable Juice Powder (color), Beta-Carotene (color).



Minimum fill line after seating. This product is sold by weight, not volume. The density of the powder varies, and significant settling of powder may occur during shipping and handling. This product contains the servings indicated when measured by weight.



Δ Based on cumulative global sales of C4® branded pre-workout products

Made in the U.S.A. using strategically sourced foreign and domestic ingredients and components.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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TRI-STIM EXPERIENCE



FAT BURNING BOOST*



INCREASED METABOLISM*



AI-POWERED PEPTIDES



ENHANCED FOCUS*



SCAN TO LEARN MORE ABOUT THE C4® EXPERIENCE AND TRADEMARK/PATENT INFORMATION.

PRE-WORKOUT

20 SERVINGS

DIETARY SUPPLEMENT / NET WT 406g (14.3oz)

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