

SUPPLEMENT FACTS
Serving Size: 14.9g (Approx. 1 scoop)
Servings Per Container: 30

	Amount Per Serving	%DV
Calories*	10	
Total Carbohydrate	0 g	0%*
Total Sugars	0 g	**
Includes 0g Added Sugars		0%*
Vitamin B6 (as Pyridoxine HCL)	0.64 mg	38%
Sodium (as Sodium Citrate, Sodium Chloride) ^a	220 mg	10%
Potassium (as Potassium Chloride) ^a	170 mg	4%
L-Leucine	3500 mg	**
L-Glutamine	2500 mg	**
L-Isoleucine	1750 mg	**
L-Valine	1750 mg	**

* Percent Daily Values (%DV) based on a 2,000 calorie diet.
** Daily Value (DV) not established. ^a Electrolytes

Other Ingredients: Citric Acid, Malic Acid, Natural & Artificial Flavors, Sucralose, Polydextrose, Acesulfame Potassium, FD&C Yellow #5, FD&C Blue #1.

Recommended Use: As a dietary supplement, mix 1 serving in 10-14 fl. oz. of water (adjust for taste preference) and shake well. On training days, consume 1 serving during exercise and 1 serving after exercise. On non-training days, consume 2 servings throughout the day. For best results, use 2 servings per day.

*Calories calculated by Atwater method (i.e. 4 calories for carbohydrates, 4 calories for protein, 9 calories for fat.) in accordance with Federal food labeling regulations. Use of an alternatively acceptable method, as provided in the regulations for determining calorie content, may provide different results. For more information about calculating calories under Federal food regulations, visit <https://officialxtend.com/xtend-faq>.

[†]Based on IRI Total U.S. Multi-Outlet Data for cumulative USD retail sales, measured in RSP, from 2016 - present.
[‡]if used as directed.

Distributed By: Nutrabolt®, Austin, TX 78746
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Made in the U.S.A. using strategically sourced domestic and foreign ingredients and components.

Warning: This product is only intended for healthy adults, 18 years of age or older. Do not use if pregnant or nursing. Consult with a licensed, qualified, healthcare professional before taking this or any dietary supplement product, especially if you are taking medication or have a medical condition. Discontinue 2 weeks prior to surgery. Use only as directed. Do not use if safety seal is broken or missing. Store in a cool, dry place. **KEEP OUT OF REACH OF CHILDREN.**
[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



THE OFFICIAL RECOVERY BRAND OF CHAMPIONS.†

Faster recovery is the key to better results. For over 10 years, XTEND® has been making the best recovery products in the world. Powered by 7 grams of branched-chain amino acids (BCAAs), which have been clinically shown to support muscle recovery and growth, XTEND® ORIGINAL also contains hydrating electrolytes and additional performance ingredients to help you refuel, repair, and recover.† Try all the sugar-free, mouthwatering flavors of XTEND® to support your fitness goals.†

WHEN TO TAKE XTEND® FOR BEST RESULTS:



Combine with any XTEND® branded product every day, even on rest days, to help maximize your recovery.†

AMERICA'S #1 BCAA BRAND‡

XTEND



THE ORIGINAL
7g BCAA

MUSCLE RECOVERY[†] +
ELECTROLYTES



Rainbow Berry
NATURALLY & ARTIFICIALLY FLAVORED
flavor

30 SERVINGS
DIETARY SUPPLEMENT • NET WT 447g (16 oz)

ZERO SUGAR



[†]Per Serving

