

NATURALLY & ARTIFICIALLY FLAVORED



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CELLUCOR®

CREATINE

COR-PERFORMANCE®

SUGGESTED USE

USE ONLY AS DIRECTED. Take one serving (approx. 1 scoop) of COR-Performance® Creatine with 6 fl. oz. of water or other beverage of choice before, during, or after training. On non-training days, take one serving (approx. 1 scoop) in the morning. **LOADING PHASE:** If you are not currently consuming a creatine product, for best results, begin by consuming one serving (approx. 1 scoop), four times per day for the first 5-7 days.

WARNING

THIS PRODUCT IS ONLY INTENDED TO BE CONSUMED BY HEALTHY ADULTS, 18 YEARS OF AGE OR OLDER. Do not consume if pregnant or nursing. Do not use this product if you have any serious medical condition. Before using this product, consult with a licensed, qualified, health care professional, including but not limited to, if you suspect you have or have been treated for, diagnosed with, or have a family history of any medical condition, or if you have been using any prescription or over-the-counter medication. Immediately discontinue use and contact a medical doctor if you experience an adverse reaction to this product. Discontinue use 2 weeks prior to surgery. Do not use if the safety seal is broken or missing. Store in a cool, dry place. **KEEP OUT OF REACH OF CHILDREN.**

Minimum fill line after settling. The product is sold by weight, not volume. For best results, please use the recommended serving size. Powder may occur during shipping and handling. This product contains the servings indicated when measured by weight.

FILL LINE

189557



Made in the U.S.A. using strategically sourced foreign and domestic ingredients and components.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

INCREASES STRENGTH*[^]

- + LEAN MUSCLE MASS*[^]
- + STRENGTH*[^]
- + PERFORMANCE*



MUSCULAR ENDURANCE**



EXCELLENT MIXABILITY



RECOVERY**



MICRONIZED CREATINE



GREEN APPLE
NATURALLY & ARTIFICIALLY FLAVORED



50 SERVINGS

DIETARY SUPPLEMENT | NET WT 316g (11.1oz)

SUPPLEMENT FACTS

Serving Size: 6.3g (Approx. 1 level scoop)
Servings Per Container: 50

	Amount Per Serving	% DV
Sodium	70mg	3%
Creatine Monohydrate	5g	†

†Daily Value (DV) not established.

Other Ingredients: Malic Acid, Citric Acid, Natural & Artificial Flavors, Salt, Sucralose, Acesulfame Potassium, FD&C Yellow #5, FD&C Blue #1.

[^] in combination with resistance training.

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