



PROVEN PROTEIN

2 full scoops of WheyBolic® Alpha deliver a clinically proven protein module shown to accelerate muscle growth, boost endurance, and increase strength.**

BOOST TESTOSTERONE

Healthy testosterone levels are crucial to building and maintaining muscle. Increase free and total testosterone with Tesnor®, a clinically backed botanical blend.*

ENHANCE RECOVERY

Improve the recovery of muscle strength after workouts with clinically studied PeptiStrong® bioactive peptides.**

REINFORCE JOINTS

Fortify joint health for heavy lifting with collagen peptides.*

NEW

DUAL-
PEPTIDE
COMPLEX

MORE
PROTEIN

GNC
AMP

CLINICALLY PROVEN PROTEIN

WHEYBOLIC®
ALPHA 50G WHEY PROTEIN
+400MG Tesnor®

4-IN-1 MUSCLE GROWTH & RECOVERY PROTEIN***

- + Proven Protein + Testosterone Booster for Strength & Size**
- + Dual-Peptide Complex for Recovery & Joints*

25G
PROTEIN

26 SERVINGS
Per 1 Scoop

50G
PROTEIN

13 SERVINGS
Per 2 Scoops

DIETARY SUPPLEMENT

NET WT. 33 OZ. (2.1 LB.) 934.7 G



COOKIES & CREAM

NATURAL & ARTIFICIAL FLAVORS

CODE 450075

DIRECTIONS: As a dietary supplement, consume 2 scoops in 8 fl. oz. of cold water or your favorite beverage. WheyBolic® Alpha can be consumed first thing in the morning, pre-workout, and/or post-workout.

Supplement Facts

Serving Size About One Scoop (35.9 g) About Two Scoops (71.9 g)
Servings Per Container 26 13

Amount Per Serving	% Daily Value	% Daily Value
Calories	130	250
Total Fat	1 g 1%†	1.5 g 2%†
Saturated Fat	0.5 g 3%†	1 g 5%†
Cholesterol	20 mg 7%	40 mg 13%
Total Carbohydrate	3 g 1%†	5 g 2%†
Dietary Fiber	0 g 0%†	<1 g 3%†
Total Sugars	1 g *	2 g *
Protein	25 g 40%†	50 g 80%†
Calcium	100 mg 8%	200 mg 15%
Sodium	140 mg 6%	280 mg 12%
Potassium	180 mg 4%	360 mg 8%

L-Leucine	3.1 g *	6.2 g *
(from Whey Protein Isolate, Whey Protein Concentrate, L-Leucine)		
Collagen Peptides (from Bovine)	2.5 g *	5 g *
Fava Bean (<i>Vicia faba</i>)	1.2 g *	2.4 g *
Protein Hydrolysate Peptide Complex (as PeptiStrong®)		
Tesnor® Proprietary Blend	200 mg *	400 mg *
Pomegranate (<i>Punica granatum</i>) Fruit Peel Extract		
Theobroma cacao Bean Extract		

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Whey Protein Isolate, Whey Protein Concentrate, Cookie Crumbs (Milk Protein Isolate, Chicory Root Fiber, Palm Oil, Alkalized Cocoa Powder, Ground Flaxseed, Sunflower Lecithin, Natural Flavors), Natural & Artificial Flavors, Sucralose, Cocoa Powder (Processed with Alkali), Xanthan Gum, Cellulose Gum, Guar Gum, Sunflower Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate, Mono- & Diglycerides, Tocopherols, Tricalcium Phosphate), Salt, Sunflower Lecithin, Silicon Dioxide.

CONTAINS: Milk.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

PERFORMANCE YOU CAN
TRUST. THIRD-PARTY
TESTED & CERTIFIED.*



GNC is committed to regularly testing GNC AMP WheyBolic® Alpha for banned substances in sport.



Informed Protein certification is a mark of assurance for athletes, dietitians, and coaches that the amount of protein on our labels is accurate.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Product is sold by weight, not volume. Significant product settling may occur.

KEEP OUT OF REACH
OF CHILDREN.

Store in a cool, dry place.

For More Information:
1-877-462-4700
GNC.com



⚠ WARNING: Reproductive Harm - www.P65Warnings.ca.gov
Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.
No Artificial Colors, Gluten Free, No Soy.



* Informed Choice products are subject to a rigorous Anti-Doping program that includes protocols for testing & monitoring for over 285 compounds.

** In multiple randomized clinical trials, participants taking GNC's leucine-rich protein blend over 8 weeks with a progressive resistance training program had significant increases in muscle strength, endurance, and performance compared to placebo.

^ When used in conjunction with an exercise program.

* These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

PeptiStrong® is a registered trademark of Nuritas Ltd.
Tesor® is a trademark of Saanroo.