

Adult Usage: Take two (2) vegan capsules daily, with or without food.

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 30

Amount Per Serving		% DV
Vitamin B6 (as pyridoxine hydrochloride)	10 mg	588%
Vitamin B12 (as methylcobalamin)	250 mcg	10,417%
Alpha Lipoic Acid	600 mg	†
Benfotiamine (BenfoPure®)	100 mg	†
Vitamin K2 (as menaquinone-7 from chickpea fermentation) (MenaquinGold®)	200 mcg	†

†Daily Value (DV) not established.

Other Ingredients: Rice flour, hypromellose, silica, and magnesium stearate.

Distributed by Adaptive Health, Charlotte, NC 28202

PRECAUTIONS: For adult use only. Use only as directed. Take with food if you experience stomach upset. Consult your health care practitioner before use if you are pregnant or nursing, have or suspect a medical condition, or use any medications. Discontinue use two weeks prior to surgery or if any serious adverse reaction occurs. Do not use if safety seal is missing.

Keep out of reach of children. Keep product at room temperature and humidity [59–86°F (15–30°C), 40% RH].

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MenaquinGold® is a trademark of Synergia Life Sciences Pvt. Ltd., part of Novonesis Group.