GNC

WOMEN's

VITAPAK® PROGRAM

Multivitamin Support*

Joint Support*

Cardiovascular Health*

Menopause Support*

Bone Health*

Women's Multivitamin

- Supplement for daily vitamin and mineral needs*

Fish Oil

- Supports cardiovascular, brain, skin, eye & joint health with omega-3s*

Coenzyme Q-10 (CoQ-10)

- Supports heart health, especially for those on statins*
- A key antioxidant for cellular energy support*

Menopause Support Blend

- With soy isoflavones, Rexflavone® and vitamin D to support healthy hormones*

Bone Health Blend

- Contains calcium for building strong bones*
- With added vitamin D-3 to enhance calcium absorption*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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WOMEN's

VITAPAK® PROGRAM

CURATED WELLNESS FOR WOMEN 50+*

- Multivitamin Support*
- Joint Support*
- Cardiovascular Health*
- Menopause Support*
- Bone Health*

50+

DIETARY SUPPLEMENT
30-DAY SUPPLY/30 PACKS
EACH PACK CONTAINS: 3 TABLETS AND 2 SOFTGELS

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CODE 493949 AAG

DIRECTIONS: As a dietary supplement, take the contents of one pack daily with food.

EACH PACK CONTAINS:

Fish Oil

Supplement Facts

Serving Size One Softgel Capsule

Amount Per Serving		% Daily Value
Calories	10	
Total Fat	1 g	1%†
Total EPA + DHA	500 mg	*
EPA (Eicosapentaenoic Acid)	367 mg	*
DHA (Docosahexaenoic Acid)	133 mg	*

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

OTHER INGREDIENTS: Fish Oil, Gelatin, Glycerin, Stearic Acid, Sodium Alginate, Ethyl Cellulose, Medium Chain Triglycerides, Oleic Acid, Mixed Tocopherols.

CoQ-10

Supplement Facts

Serving Size One Softgel Capsule

Amount Per Serving		% Daily Value
Coenzyme Q-10 (CoQ-10)	100 mg	*

* Daily Value not established.

OTHER INGREDIENTS: Sunflower Oil, Gelatin, Glycerin, Sunflower Lecithin, Sodium Copper Chlorophyllin (Color), Titanium Dioxide (Mineral Whitener).

Menopause Support Blend*

Supplement Facts

Serving Size One Tablet

Amount Per Serving		% Daily Value
Vitamin D-3 (as Cholecalciferol)	3 mcg (120 IU)	15%
Japanese Sophora Fruit Extract (*Styphnolobium japonicum*)(Rexflavone®)	200 mg	*
Soybean Extract (30% Soy Isoflavones = 30 mg)	100 mg	*

* Daily Value not established.

OTHER INGREDIENTS: Milk Minerals, Microcrystalline Cellulose, Dextrin, Croscarmellose Sodium, Hydroxypropyl Methylcellulose, Magnesium Stearate, Mono- and Diglycerides, Safflower Seed Extract (*Carthamus tinctorius*), Rosehip Fruit Extract (*Rosa canina*), Propylene Glycol, Citric Acid.

Bone Health Blend*

Supplement Facts

Serving Size One Tablet

Amount Per Serving		% Daily Value
Vitamin D-3 (as Cholecalciferol)	15 mcg (600 IU)	75%
Calcium (from Aquamin® F [*Lithothamnion* sp.] North Atlantic Seaweed)	210 mg	16%
Magnesium (from Aquamin® F [*Lithothamnion* sp.] North Atlantic Seaweed)	13 mg	3%

OTHER INGREDIENTS: Dextrin, Croscarmellose Sodium, Hydroxypropyl Methylcellulose, Magnesium Stearate, Titanium Dioxide (Mineral Whitener), Mono- and Diglycerides, Propylene Glycol, Citric Acid.

Women's Multivitamin

Supplement Facts

Serving Size One Tablet

Amount Per Serving		% Daily Value
Vitamin A (as Retinyl Acetate)	700 mcg RAE	78%
Vitamin C (as Calcium Ascorbate)	100 mg	111%
Vitamin D-3 (as Cholecalciferol)	10 mcg (400 IU)	50%
Vitamin E (as dl-alpha-Tocopherol Acetate)	11 mg	73%
Vitamin K (as Phytonadione)	70 mcg	58%
Thiamin (Vitamin B-1)(as Thiamine Mononitrate)	1.2 mg	100%
Riboflavin (Vitamin B-2)	1.4 mg	108%
Niacin (as Niacinamide)	15 mg	94%
Vitamin B-6 (as Pyridoxine Hydrochloride)	15 mg	88%
Folate	680 mcg DFE (Folic Acid 400 mcg)	170%
Vitamin B-12 (as Cyanocobalamin)	2.4 mcg	100%
Biotin	30 mcg	100%
Pantothenic Acid (as d-Calcium Pantothenate)	5 mg	100%
Iron (as Ferrous Fumarate)	8 mg	44%
Zinc (as Zinc Oxide)	8.5 mg	77%
Selenium (as Sodium Selenite)	55 mcg	100%
Copper (as Copper Sulfate)	0.8 mg	89%
Manganese (as Manganese Sulfate)	3 mg	130%
Chromium (as Lamin® Cr 2000 Chromium Chloride, *Saccharomyces cerevisiae*)	30 mcg	86%

OTHER INGREDIENTS: Microcrystalline Cellulose, Maltodextrin, Hydroxypropyl Methylcellulose, Croscarmellose Sodium, Magnesium Stearate, Titanium Dioxide (Mineral Whitener), Silicon Dioxide, Mono- and Diglycerides, Caramel (Color), Propylene Glycol, Citric Acid.

CONTAINS: Milk, Fish (Anchovy), Soybean.