

YOUR COMPETITION'S WORST NIGHTMARE

CAFFEINE METER

LOW MED HIGH
300 mg CAFFEINE

PERFORM
L-Citrulline & Beta-Alanine have been shown to help improve blood flow and athletic performance.*

REPLENISH
Himalayan Rock Salt helps to improve muscular performance by replenishing lost electrolytes.*

ENERGIZE
3-Sources of Caffeine may help support sustained energy. Research has shown that Alpha GPC helps improve mental focus.*

PROSUPPS

MR HYDE NIGHTMARE

Suggested Use: Mix 1 scoop of Mr. HYDE® Nightmare with 6-8 oz of water. Consume 15-30 minutes prior to training or competition. Assess tolerance by taking ½ scoop the first time. Do not consume within 4 hours of bedtime. Do not take any other products that contain caffeine or stimulants while taking Mr. HYDE® Nightmare.

** Get ready for a tinglet! Beta-Alanine has been shown to boost exercise endurance*, and it may cause some tingling - it'll fade in a few minutes. Time to get to work!

Supplement Facts

Serving Size: 1 Scoop (13.56 g)
Servings Per Container: 30

	Amount Per Serving	%DV
Sodium (from Himalayan Rock Salt)	80 mg	3%
Vaso-Endure Matrix[†]	9,200 mg	
L-Citrulline	6,000 mg	*
Beta-Alanine	3,200 mg	*
Mental Resilience Intensifier[†]	450 mg	
Acetyl L-Carnitine HCl	250 mg	*
Alpha-GPC (Alpha-Glycerol Phosphoryl Choline)	100 mg	*
L-Theanine	100 mg	*
3-FEINE Stim Matrix[†]	300 mg	
Natural Caffeine (from Camellia sinensis Extract)	125 mg	*
Caffeine Anhydrous	100 mg	*
Natural Caffeine (from Coffea arabica Extract)	75 mg	*
Electrolyte & Replenishment Matrix[†]	250 mg	
Himalayan Rock Salt (Providing Electrolytes, Trace Minerals & Elements)	250 mg	*

*Daily Value not established.

WARNING: This product is intended for healthy adults, 18 years of age or older. Consult a physician prior to using this, or any other dietary supplement. Do not take this product if you are pregnant or nursing, if you have or suspect you may have a medical condition, or if you are taking any prescription or over-the-counter medications. Do not exceed recommended serving. Exceeding recommended serving may cause adverse health effects. This product contains 300 mg of caffeine, the equivalent of approximately 3 cups of coffee and may not be suitable for individuals who are sensitive to the effects of caffeine. Too much caffeine may cause nervousness, irritability, sleeplessness, and occasional rapid heartbeat. Immediately discontinue use and consult a qualified medical professional if you experience any adverse effects. KEEP OUT OF REACH OF CHILDREN.

WARNING FOR CALIFORNIA RESIDENTS: Consuming this product can expose you to lead which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to: www.P63Warnings.ca.gov

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INTENSE ENERGY
PRE-WORKOUT[†]

BLOOD BERRY
Natural Flavors

DIETARY SUPPLEMENT
Net Wt 14.35 oz (406.8 g)

⚡ ENERGY[†]

👁️ FOCUS[†]

💧 ELECTROLYTES[†]

✔️ BANNED
SUBSTANCE
TESTED

30 SERVINGS

Other Ingredients: Malic Acid, Citric Acid, Silicon Dioxide, Calcium Silicate, Natural & Artificial Flavors, Sucralose, Beet Root Powder (for color), Sodium Chloride.

MANUFACTURED FOR & DISTRIBUTED BY: PROSUPPS USA, LLC.
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Store in a cool, dry place. Content sold by weight not volume, some settling may occur. Protect from heat, light and moisture.

Manufactured in a facility that also processes ingredients containing milk, eggs, fish, shellfish, tree nuts, peanut, wheat, sesame, and soy.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



PRODUCT NAME: MR HYDE NIGHTMARE		FLAVOR: BLOOD BERRY		COUNTRY: USA
LOT NUMBER & VERSION: L81634-03		FILE NAME: L81634-03-mr-hyde-nightmare-30srv-US-blood-berry.ai		
INTERNAL PROOF: Proof #04	PD BRIEF VERSION: V7.0	ARTIST: Max Millan		DATE: 1/23/2025