

GNC
TOTAL LEAN®

CODE 496979

AZG-4238

CONTAINS: Milk, Soybeans, Tree Nuts (Almond) and Peanuts. Manufactured in a plant that processes milk, soy, wheat, tree nut, peanut, egg and fish.

Distributed by:
GNC Holdings, LLC
Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient.

Store at 55° F-75° F. Protect from heat, light and moisture.

For More Information:

1-888-462-2548

GNC.com



GLUTEN
FREE

Layered LEAN BAR

Hunger-Satisfying, High-Protein Snack Bar

CALORIES
190

PROTEIN
16G

GLUTEN
FREE

See nutrition information for saturated fat content



COCONUT CARAMEL
Natural Flavors

Nutrition Facts

Serving Size **One Bar (44g)**

Amount per serving

Calories 190

% Daily Values*

Total Fat 10g 13%

Saturated Fat 7g 35%

Trans Fat 0g

Polysaturated Fat 1g

Monounsaturated Fat 2g

Cholesterol 20mg 7%

Sodium 230mg 10%

Total Carbohydrate 4g 5%

Dietary Fiber 1g 4%

Total Sugars 5g

Includes 4g Added Sugars 8%

Protein 16g 32%

Vitamin D 0mcg 0%

Calcium 50mg 4%

Iron 1mg 6%

Potassium 100mg 2%

*The % Daily Value (DV) tells you how much a nutrient

in a serving of food contributes to a daily diet. 2,000

calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Soy Protein Isolate, Whey

Protein Concentrate, Palm Oil, Palm Kernel Oil,

Vegetable Glycerin, Sugar, Bovine Collagen

Hydrolysate, Maltitol, Sorbitol, Whey Protein

Isolate, Corn Syrup, Cocoa (Processed with

Alkali), Water, Natural Flavors and Less than

2%: Acetylated Monoglycerides, Almond, Baking

Soda, Beta Carotene (Color), Maltodextrin,

Mono & Diglycerides, Paprika (Color), Peanut,

Potassium Sorbate (Preservative), Propylene

Glycol Mono Esters, Salt, Silicon Dioxide,

Sodium Caseinate, Soy Lecithin, Soybean Oil,

Sucralose, Sunflower Lecithin, Sunflower Oil,

Tocopherols (Preservative), Tricalcium

Phosphate, Vitamin A Palmitate, Whey.

