

© 2024 VITECH LLC. All rights reserved. GHOST LEGEND® is a service of GHOST LEGEND® with 8-10oz of water or beverage. If you are pregnant and more sensitive to stimulants, should start with 1/2 serving (1/2 scoop) to assess your personal tolerance. Contains 100% natural flavors.

GHOST LEGEND® WAS CONCEIVED IN PORTLAND, OREGON. IT IS ALL ABOUT THE LEGEND.



THE GHOST LEGEND® IS A SERVICE OF GHOST LEGEND® WITH 8-10 OZ OF WATER OR BEVERAGE. IF YOU ARE PREGNANT AND MORE SENSITIVE TO STIMULANTS, SHOULD START WITH 1/2 SERVING (1/2 SCOOP) TO ASSESS YOUR PERSONAL TOLERANCE. CONTAINS 100% NATURAL FLAVORS.

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THIS PRODUCT IS NOT INTENDED TO BE USED AS A MEANS OF ENHANCING PERFORMANCE. IT IS NOT A SUBSTITUTE FOR A HEALTHY DIET AND EXERCISE.

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JOIN THE GHOST LEGEND® COMMUNITY
 @GHOSTLEGEND
 #GHOSTLEGEND
 WWW.GHOSTLEGEND.COM



OUR SCIENCE ALWAYS ON TOP
 THE MOST EFFECTIVE PRE-WORKOUT SUPPLEMENT
 AND BEST TASTING FOR YOUR SWEET SPOT.

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BE SEEN®

30 | LEGEND®

SERVINGS | PRE-WORKOUT
 DIETARY SUPPLEMENT | NET WT. 23.3oz (660g)

GHOST

SONIC

CHERRY LIMEADE
 NATURALLY AND ARTIFICIALLY FLAVORED

SUPPLEMENT FACTS

| Serving Size: 1 Scoop (22g) | |
|-----------------------------------|-------|
| Amount Per Serving | |
| Total Caffeine | 100mg |
| Total L-Theanine | 100mg |
| Total Beta-Alanine | 100mg |
| Total Creatine | 100mg |
| Total Citrus Bioflavonoids | 100mg |
| Total Vitamin B6 | 100mg |
| Total Vitamin B12 | 100mg |
| Total Vitamin C | 100mg |
| Total Zinc | 100mg |
| Total Magnesium | 100mg |
| Total Potassium | 100mg |
| Total Sodium | 100mg |
| Total Calcium | 100mg |
| Total Iron | 100mg |
| Total Copper | 100mg |
| Total Manganese | 100mg |
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| Total Vanadium | 100mg |
| Total Boron | 100mg |
| Total Silicon | 10 |