GHOST LEGEND® WAS CONCEIVED TO POWER LEGENDARY IN ALL OF ITS FORMS.*

WARNING: THIS PRODUCT IS NOT INTENDED FOR USE BY ANYONE UNDER 18 YEARS OF AGE OR ELDERLY. DO NOT EXCEED RECOMMENDED DAILY SERVING. DO NOT USE IF YOU ARE PREGNANT OR NURSING. CONSULT A PHYSICIAN BEFORE USE IF YOU HAVE A MEDICAL CONDITION OR TAKE PRESCRIPTION MEDICATIONS. DISCONTINUE USE IF ADVERSE REACTION OCCURS. KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING. CONTENTS MAY SETTLE DURING SHIPPING. SHAKE WELL BEFORE USING.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

OUR SCOOP'S ALWAYS ON TOP
The patented GHOST® Scoop Cap ensures you never go digging for your scoop again.

MANUFACTURED IN THE U.S.A. WITH DOMESTIC AND IMPORTED INGREDIENTS

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GHOST

30 SERVINGS

LEGEND®

PRE-WORKOUT

DIETARY SUPPLEMENT | NET WT. 23.3oz (660g)

NATURALLY AND ARTIFICIALLY FLAVORED

SUPPLEMENT FACTS

	Amount Per Serving	%DV
Calories	10	
Total Carbohydrate	2 g	<1%†
Total Sugars	0 g	
Includes 0g Added Sugars	0%	0%†
Vitamin D3 (as Ascend® Vitamin D3)	125 mcg	1,000%
Choline (as Choline Bitartrate)	100 mg	2%

GHOST LEGEND®

Energy Blend	290 mg
Beta-Alanine	250 mg
Energy Amplifier	240 mg
Caffeine	160 mg‡

GHOST® SMART ENERGY

Dihydromyricetin (DHM) (Ampelopsis grossedentata)	200 mg
Taurine	1,000 mg
Methylliberine (Dynamine Fuel®) (Coffea canephora)	100 mg
Rhodiola Extract (Rhodiola rosea) (Root)	200 mg
Eleuthero (Eleutherococcus senticosus) (Root)	150 mg
Ashwagandha Extract (Withania somnifera) (Root)	150 mg
Panax Ginseng (Panax ginseng) (Root)	150 mg
Bacopa Extract (Bacopa monnieri) (Leaf)	150 mg
Alpha-GPC (L-Alpha Glycerylphosphorylcholine)	50 mg

* Daily Value (DV) not established.
† Percent Daily Values are based on a 2,000 calorie diet.

VEGAN FRIENDLY · GLUTEN FREE · SOY FREE · SUGAR FREE