

**DIRECTIONS:** Mix each scoop (serving) of GHOST® CLEAR WHEY with 16oz of water or beverage of choice. After mixing, wait 60 seconds for foam to settle before consuming. Vary amount of liquid to taste.

**GHOST® CLEAR WHEY WAS CONCEIVED TO FEED SAVAGERY AROUND THE CLOCK**



**LIGHT & REFRESHING**



**POST-WORKOUT GAINS**



**GREAT IN SMOOTHIES**

**FULL DISCLOSURE PROTEIN**      **Whey Protein Isolate 90%**  
 29.18g Delivering 25g Protein

NO AMINO SPIKING    SF SOY FREE    GF GLUTEN FREE    SUGAR FREE

**WARNING:** This product is only intended for healthy adults. Immediately discontinue use and consult a licensed, qualified healthcare professional if you experience any adverse reaction to this product.

CA PROP 65 WARNING: This product may expose you to chemicals including lead known to the State of California to cause cancer and birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov.

**OUR SCOOP'S ALWAYS ON TOP**  
 The patented GHOST® nested scoop ensures you never go digging for your scoop again.

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**STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING.**  
 CONTENTS SOLD BY WEIGHT NOT VOLUME. SOME SETTLING MAY OCCUR.



# GHOST



**WHEY CLEAR PROTEIN ISOLATE**  
 20 SERVINGS | NET WT. 1.41b (640g)

**100 | 25g**  
 CALORIES | PROTEIN

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.

**NUTRITION FACTS**

Approx. 20 Servings per Container  
**Serving Size: 1 Rounded Scoop (32 grams)**

Amount Per Serving	100	% Daily Value**
<b>CALORIES</b>	<b>100</b>	
Total Fat 0g		0%
Saturated Fat 0g		0%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 0mg		0%
Total Carbohydrate 1g		<1%
Dietary Fiber 0g		0%
Total Sugars 0g		
Includes 0g Added Sugars		0%
<b>Protein 25g</b>	<b>50%</b>	
Vitamin D 0mcg		0%
Calcium 10mg		0%
Iron 0mg		0%
Potassium 20mg		0%

\*\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.  
 Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

**Ingredients:** Whey Protein Isolate, Natural and Artificial Flavors, Malic Acid, Citric Acid, Tartaric Acid, Sucralose, Spirulina Powder (for color), Acesulfame Potassium, Antifoam (Silicone).  
**Contains:** Milk

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