

DIRECTIONS: Mix each scoop (serving) of GHOST® CLEAR WHEY with 16oz of water or beverage of choice. After mixing, wait 60 seconds for foam to settle before consuming. Vary amount of liquid to taste.

GHOST® CLEAR WHEY WAS CONCEIVED TO FEED SAVAGERY AROUND THE CLOCK



LIGHT & REFRESHING **POST-WORKOUT GAINS** **GREAT IN SMOOTHIES**

FULL DISCLOSURE PROTEIN **Whey Protein Isolate 90%**
29.18g Delivering 25g Protein

NO AMINO SPIKING SOY FREE GLUTEN FREE SUGAR FREE

WARNING: This product is only intended for healthy adults. Immediately discontinue use and consult a licensed, qualified healthcare professional if you experience any adverse reaction to this product.

CA PROP 65 WARNING: This product may expose you to chemicals including lead known to the State of California to cause cancer and birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov.

OUR SCOOP'S ALWAYS ON TOP
The patented GHOST® nested scoop ensures you never go digging for your scoop again.

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AT TIME OF FILL AFTER SETTLING

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING.

CONTENTS SOLD BY WEIGHT NOT VOLUME. SOME SETTLING MAY OCCUR.



GHOST



WHEY
CLEAR PROTEIN ISOLATE
20 SERVINGS | NET WT. 1.54lb (700g)

RAINBOW
NATURALLY AND ARTIFICIALLY FLAVORED
100 | 25g
CALORIES | PROTEIN

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.

NUTRITION FACTS	
Approx. 20 Servings per Container	
Serving Size: 1 Rounded Scoop (35 grams)	
Amount Per Serving	
CALORIES	100
	% Daily Value**
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 1g	<1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 25g	50%
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0mg	0%
Potassium 20mg	0%

** The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Whey Protein Isolate, Natural and Artificial Flavors, Citric Acid, Malic Acid, Tartaric Acid, Sucralose, Spirulina Extract (for color), Acesulfame Potassium, Antifoam (Silicone).
Contains: Milk

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