

THE WORLD'S BEST
ELECTROLYTES & MINERALS,
INSTANTLY

We don't cut corners with cheap ingredients.
Your cells know the difference.

KETO ZERO SUGAR

VEGAN GLUTEN FREE

PALEO SOY FREE

NON GMO DAIRY FREE

PREMIUM SEA SALT

FULL MINERAL SPECTRUM

DELICIOUSLY SWEETENED

HOW TO USE

Add one Instant Hydration packet
to at least 16oz of water, mix well
and feel as good as it tastes.

MADE WITH THE
BEST SALTS ON EARTH.

Salt drives hydration. We use Earth's finest,
for those who demand more from water.

Instant Hydration Supports:

CELLULAR HEALTH

Every cell. Efficiently fueled.

ATHLETIC PERFORMANCE

Activate every muscle fiber.

EVERYDAY ENERGY

Powers cellular energy production.

RECHARGE

Supports optimized recovery.

FOCUS & CLARITY

Electrolytes power neurons.

Neurons power everything.

Hydration happens on a cellular level,
everything else is just drinking.

FRENCH SEA SALT | ZERO SUGAR

INSTANT[®]
HYDRATION

PREMIUM ELECTROLYTE DRINK MIX

Cellular Optimization

Muscle Function

Everyday Energy

500MG
SODIUM

470MG
POTASSIUM

100MG
MAGNESIUM



LEMON-LIME

NATURALLY FLAVORED WITH OTHER NATURAL FLAVORS

10 PACK

10 - 0.26oz (7.3g) STICK PACKS | NET WT. 2.57oz (73.0g)

Nutrition Facts

10 servings per container

Serving size 1 Stickpack (7.3g)

Amount Per Serving

Calories 10

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0mg 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 500mg 22%

Total Carbohydrate <1g 0%

Dietary Fiber 0g 0%

Sugars 0g

Protein 0g

Vitamin D 0mcg 0%

Calcium 170mg 15%

Iron 0mg 0%

Potassium 470mg 10%

Magnesium 100mg 25%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Instant Hydration Blend [Sea Salt, Magnesium Bisglycinate Chelate, Potassium Chloride, Calcium from mineralized algae, Sel Gris (French Grey Sea Salt)], Citric Acid, Natural Flavors, Malic Acid, Turmeric Extract (color), Organic Stevia Leaf Extract, Organic Monk Fruit Extract, Spirulina Extract (color).

DISTRIBUTED BY INSTANT HYDRATION INC.,
CARLSBAD, CA 92008 · (512) 814-6353 FINAL ASSEMBLY
IN THE USA WITH GLOBALLY SOURCED INGREDIENTS