

**ZERO SUGARS\*****LESS THAN 1% JUICE**

# NUTRITION FACTS

24 Servings per Container

**Serving Size:****1 Stick (7 g)**

Amount Per Serving

**CALORIES****5**

% Daily Value\*\*

Total Fat 0g **0%**Cholesterol 0mg **0%**Sodium 0mg **0%**Total Carbohydrate 1g **<1%**

Total Sugars 0g

Includes 0g Added Sugars **0%**Protein 0g **0%**

Vitamin C 90mg 100% • Niacin (Vitamin B3) 16mg 100%

Vitamin B6 1.7mg 100% • Vitamin B12 2.4mcg 100%

Not a significant source of saturated fat, trans fat, dietary fiber, vitamin D, calcium, iron and potassium.

\*\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** L-Carnitine L-Tartrate, Taurine, Citric Acid, Malic Acid, Natural Flavors, Concord Grape Juice Powder (Concord Grape Juice Concentrate, Rice Maltodextrin), Gum Acacia, Tartaric Acid, Caffeine, Silicon Dioxide, Sucralose, Alpha-Glycerol Phosphoryl Choline, Calcium Silicate, Ascorbic Acid, Acesulfame Potassium, Coffee (*Coffea arabica*) Fruit Extract, Fruit and Vegetable Juice Powder (for color), Niacinamide, *Astragalus membranaceus* Root Extract, *Panax notoginseng* Root Extracts, Pyridoxal-5-Phosphate, Methylcobalamin.

**MANUFACTURED FOR GHOST LLC**

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**GHOST® ENERGY****AMOUNT PER STICK**

Carnipure® L-Carnitine L-Tartrate 1000 mg

Taurine 1000 mg

Natural Caffeine (from Coffee (*Coffea* spp.) Bean) 200 mg

Alpha-GPC (Alpha-Glycerol Phosphoryl Choline 50%) 150 mg

NeuroFactor™ Coffee (*Coffea arabica*) Fruit extract 100 mgAstraGin® (10:1 *Astragalus membranaceus* and 50:1 *Panax notoginseng*) Root extracts 25 mg
**V VEGAN FRIENDLY**
**GF GLUTEN FREE**
**SF SOY FREE**
**NS ZERO SUGARS\***


MANUFACTURED IN THE U.S.A.  
IN A GMP COMPLIANT FACILITY  
CONTAINS INGREDIENTS OF  
INTERNATIONAL AND DOMESTIC ORIGIN



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**\*GHOST® ENERGY IS LOW IN CALORIES**