



MY GUARANTEE

I've taken the decades I've spent in school, the lab, the gym, and the kitchen and distilled them into the very product you hold in your hands. I formulated every JYM Supplement Science product to include the same ingredients at the exact amount I use to reap maximum performance and physique benefits.*



Jim Stoppani, PhD
Owner - JYM Supplement Science

WARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

WARNING: NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING. Consult a physician or licensed qualified health care professional before using this product, including, but not limited to, if you have, or have a family history of, prostate cancer, prostate enlargement, heart disease, low "good" cholesterol (HDL), or if you are using any other dietary supplement, prescription drug, or over-the-counter drug. Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects. Possible side effects include acne, hair loss, hair growth on the face (in women), aggressiveness, irritability, and increased levels of estrogen. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience rapid heartbeat, dizziness, blurred vision, or other similar symptoms. Discontinue two weeks prior to surgery.

KEEP OUT OF REACH OF CHILDREN.



© 2024 JYM Supplement Science®
All rights reserved.



CAP240ALPX 25107 083024 V2.1



ALPHA

ADVANCED TESTOSTERONE OPTIMIZATION*

1.2g

ASHWAGANDHA
AMOUNT PER DAY

1.2g

FENUGREEK
AMOUNT PER DAY

500mg

SHILAJIT
AMOUNT PER DAY

SUPPORTS NATURAL
TESTOSTERONE PRODUCTION*

SUPPORTS PHYSICAL PERFORMANCE*

SUPPORTS HEALTHY MALE AGING
& HORMONE BALANCE*

240 CAPSULES | DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 60

	Per Serving (4 Capsules) Amount	% Daily Value	Per Day (8 Capsules) Amount	% Daily Value
Ashwagandha (<i>Withania somnifera</i>) Root Extract std. 1.5% Withanolides	600mg †		1200mg †	
Fenugreek (<i>Trigonella foenum-graecum</i>) Seed Extract std. 50% Saponins	600mg †		1200mg †	
Damiana (<i>Turera aphrodisiac</i>) Leaf Powder	500mg †		1000mg †	
Quercetin	250mg †		500mg †	
Diindolylmethane (DIM)	250mg †		500mg †	
Shilajit std. 20% Fulvic Acid	250mg †		500mg †	
Tongkat ali (<i>Eurycoma longifolia</i>) Root 20:1 Extract	100mg †		200mg †	
Dehydroepiandrosterone (DHEA)	25mg †		50mg †	
Boron (from Boron Citrate)	5mg †		10mg †	

† Daily Value not established

OTHER INGREDIENTS: Gelatin, Silicon Dioxide, Magnesium Stearate, Microcrystalline Cellulose.

DISTRIBUTED BY:

PHD Fitness, 31238 Via Colinas, Suite A-3,
Westlake Village, CA 91362 USA 1-888-557-7774

Made in the USA with domestic and international ingredients.

DIRECTIONS: Take one serving (4 capsules) with a meal twice a day. On non-training days take one serving in the morning and one serving at night. On training days, take one serving about an hour before workouts and take one serving in the morning or at night, depending on when you train.

Store in a cool dry place. Protect from heat, light, and moisture.

Do not purchase if the seal is missing or broken.

Produced in a facility that also processes SOY, FISH, SHELLFISH, MILK, PEANUTS, TREE NUTS, WHEAT, EGGS, and SESAME.