

PLUS
BIGGER PUMPS
IMPROVED ENDURANCE
GREATER PERFORMANCE
MORE REPS
UNREAL RESULTS*



MY GUARANTEE

I've taken the decades I've spent in school, the lab, the gym, and the kitchen and distilled them into the very product you hold in your hands. I formulated every JYM Supplement Science product to include the same ingredients at the exact amount I use to reap maximum performance and physique benefits.*

Jim Stoppani, PhD
 Owner - JYM Supplement Science

For questions regarding JYM products go to: @JimStoppani or @JimStoppaniPhD or JYMSupplementScience.com

PRE JYM PLUS
PRE-WORKOUT

ALL-IN-ONE TOTAL PERFORMANCE FORMULA*

FRUIT PUNCH BLAST

NATURAL & ARTIFICIAL FLAVOR

30
SERVINGS

DIETARY SUPPLEMENT

NET WT: 31.7 OZ (1.98 LBS) (900g)



6g†
BCAAs

6g†
CITRULLINE MALATE

5g†
CREATINE MONOHYDRATE

3.2g†
BETA-ALANINE

600mg†
NITRATE

†PER SERVING

Supplement Facts

Serving Size: 1 Scoop (30g)
 Servings Per Container: About 30

Amount Per Serving	% Daily Value
Calories	70
Total Carbohydrate	1g <1%**
Citrulline Malate	6g †
L-Leucine	3g †
L-Isoleucine	1.5g †
L-Valine	1.5g †
Creatine Monohydrate	5g †
Beta Alanine	3.2g †
Betaine (from Betaine Anhydrous, Betaine Nitrate (as NO3-T®))	3g †
L-Tyrosine	1.5g †
Taurine	1g †
Nitrate (From Betaine Nitrate (as NO3-T®))	600mg †
Caffeine Anhydrous	300mg †
Alpha-Glycerol Phosphoryl Choline	150mg †
Black Pepper (<i>Piper nigrum</i>)	5mg †
Fruit Extract (as BioPerine®)	
Huperzine A	100mcg †

**Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established.

OTHER INGREDIENTS: Natural Flavors, Sucralose, Acesulfame Potassium, Silicon Dioxide, Vegetable Juice Powder (Color).

DISTRIBUTED BY:
 PHD Fitness LLC, 31238 Via Colinas, A-3
 Westlake Village, CA 91362 USA 1-888-557-7774
 Made in the USA with domestic and international ingredients.

DIRECTIONS: As a dietary supplement, mix 1 scoop of Pre JYM+ in 16-24 oz. of water and drink 30-45 minutes before workouts. Initially use ½ scoop or less to assess tolerance. Once tolerance is assessed, take no more than 1 serving. To avoid sleeplessness, do not consume within 6 hours of bedtime.

WARNINGS: DO NOT USE IF YOU ARE UNDER THE AGE OF 18, PREGNANT OR NURSING, HAVE ANY KNOWN OR SUSPECTED MEDICAL CONDITIONS, ARE TAKING PRESCRIPTION OR OVER THE COUNTER MEDICATIONS, OR ARE SENSITIVE TO CAFFEINE. Consult with a qualified healthcare professional before using this or any other dietary supplement. Contains 300mg of caffeine per serving, the equivalent to approximately 3 cups of coffee. DO NOT USE WITH ANY OTHER CAFFEINATED PRODUCT. Too much caffeine may cause nervousness, irritability, sleeplessness and/or rapid heartbeat. Immediately discontinue use and consult your doctor if any adverse reactions occur. Discontinue two weeks prior to surgery.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

Do not purchase if the seal is missing or broken.

WARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

BioPerine® is a patented ingredient and registered trademark of ThermoLife Corporation. Patent numbers: 5,836,596, 5,744,161, 5,972,382, 6,054,595.
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PREP30FP 25978 102824 V1.1