



DR. JIM STOPPANI
Owner - JYM Supplement Science



**SCAN FOR
WORKOUTS**



MY PROMISE

I've taken the decades I've spent in school, the lab, the gym, and the kitchen and distilled them into the very product you hold in your hands. I formulated every JYM Supplement Science product to include the same ingredients in the exact amount I use to reap maximum performance and physique benefits.*

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

WARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.



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Made in the USA with domestic and international ingredients

Some settling may occur.



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CRE300UN 26128 030926 V1.3

CREATINE + NITRATE



CREATINE+

5g[†]
CREATINE

500mg[†]
NITRATE

†AMOUNT PER SERVING

60 SERVINGS

DIETARY SUPPLEMENT

NET WEIGHT: 12.5 OZ (0.78 LBS) (354g)

Supplement Facts

Serving Size: 1 Scoop (5.9g)
Servings Per Container: About 60

Amount Per Serving	% Daily Value	
Creatine (from Creatine Monohydrate 5g 4g, from Creatine Nitrate (as NO3-T®) 1.515g (67% Creatine))		†
Nitrate (from Creatine Nitrate (as NO3-T®))	500mg	†
† Daily Value not established		

OTHER INGREDIENTS: None

DISTRIBUTED BY:
PHD Fitness, 31238 Via Colinas, Suite A-3
Westlake Village, CA 91362 USA 1-888-557-7774

SUGGESTED USE: As a dietary supplement, mix one (1) scoop of CREATINE+ in 16-24 oz of water, juice or your beverage of choice once per day. For better results, take with food or a supplement containing calories and/or BCAAs like Pro JYM, Pre JYM or Post JYM.*

WARNINGS: Do not use if pregnant, nursing, or under the age of 18. Use only as directed. Consult your physician before using this or any other dietary supplement, especially if you have any known or suspected medical conditions and/or if you are taking any prescription or OTC medication. Do not use with PDE5 inhibitors, nitrates, or other blood pressure lowering medications and/or supplements. Do not exceed the recommended daily servings. Discontinue two weeks prior to surgery.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place. Do not purchase if the seal is missing or broken.